



**Ski Spectacular Instructor Academy  
Hosted by The Hartford Ski Spectacular  
December 8-11, 2025  
Clinic Summary Notes**

**Clinic Title:** 2-Day Workshop - Monoski: Assess, Equipment, and Teach - Tara Gorman

1. Be sure to become familiar with the Adaptive Alpine Technical Manual and its PSIA-AASI Adaptive Instruction Supplement. Setting a baseline for new adaptive instructors and/or building on your existing knowledge in other snow sport disciplines to work with people with disabilities.
2. Explore the resources with in [TheSnowPros.org](http://TheSnowPros.org) (The Skills Matrix needs membership, but well worth the information)
3. Specifically, Adaptive Skiing: Introduction to Coaching Fundamentals which highlights the Skills Concept and beginning Monoskiing.
  - a. Fundamentals of Coaching
  - b. Adaptive Skiing: Coaching fundamentals for Mono Ski
4. Communication along with the ability to create a lesson plan that is specific to a guest's learning styles and cognition is what separates the great instructors apart.
5. Be sure to "understand the guests' goals and objectives to plan safe, fun activities that contribute to successful learning." PSIA-AASI Adaptive Alpine technical manual pg.19

**Resources**

PSIA-AASI, *Adaptive Alpine Technical Manual* 2017; (see chapter 8, Introduction to Sit Skiing pg. 127-159 and chapter 10 Teaching Progressions for Mono-Skiing pg. 183-207)

PSIA-AASI, *Adaptive Instruction Supplement: Diagnoses & Medication Classifications*

PSIA-AASI Matrix, Adaptive Skills Videos (requires membership)

Retrieved August 30, 2025, <https://thesnowpros.org>