

Sports Make Us More

Sports make us more — more determined, more powerful, more ourselves. And they show the world what we can do. Whether you're looking to play or compete, get involved.

Who We Are

Move United uses the power of sport to push what's possible for people with disabilities, confronting ignorance, fueling conversation, and inciting action that leads us to a world where everyone's included. Move United is the national leader in community adaptive sports, empowering 125,000 youth and adults with disabilities each year to live to their fullest potential. Move United's 245+ member organizations in 45 states are united by a single mission: ensuring everyone, regardless of ability, experiences the lifechanging power of sport and is fully included in their community.

On the Cover:

Carlo Ruggiero (left) and Javier Trujillo (right) ripping the trails on their adaptive mountain bikes with Nick (Carlos brother) riding in the back at Mammoth Mountain in Mammoth Lakes, CA. Photo by Charlotte Smith.





Get involved with a Move United member organization in your area.

Alabama

Lakeshore Foundation University of AL Adaptive Athletics US Wheelchair Rugby Assn.

Alaska

Challenge Alaska ORCA Program-Southeast Alaska Independent Living, Inc. **USA Powerlifting**

Arizona

Ability360 Sports & Fitness Center **Arizona Adaptive Watersports Arizona Disabled Sports** High Country Adaptive Sports Southern Arizona Adaptive Sports University of Arizona Adaptive Athletics

California

Ability First Sports Access Mammothg Achieve Tahoe **Angel City Sports** Bay Area Outreach & Recreation Program Casa Colina Hospital Central California Adaptive Sports Center DSUSA Los Angeles-The Unrecables DSUSA Orange County-The Achievers Easton Sports Development Foundation Orange County Makapo Aquatics Project San Diego State University Adapted

SoCal Adaptive Sports Stand Up and Play Foundation **Triumph Foundation** United States Driving for the Disabled **US Adaptive Recreation Center** Valley Childrens' Adaptive Sports

Colorado

Athletics

Adaptive Action Sports

Adaptive Adventures

Adaptive Recreation for Childhood Health Adaptive Recreation Opportunities

Adaptive Sports Assn.

Adaptive Sports Center of Crested Butte **Breckenridge Outdoor Education Center**

Challenge Aspen

Colorado Discover Ability

DuMvon Martial Arts

Foresight Ski Guides Inc.

Golf 4 The Disabled

Ignite Adaptive Sports

National Sports Center for the Disabled

Paradox Sports

Steamboat Adaptive Recreational Sports Telluride Adaptive Sports Program

Connecticut

Gavlord Sports Assn. Leaps of Faith Adaptive Skiers **Summit Adaptive Sports**

District of Columbia

Medstar NRH Adaptive Sports & Fitness Program

Florida

Central Florida Dreamplex, LLC Central Florida PVA COSTA Therapy Inc. Hillsborough County Adaptive Sports Shifting Gears United SportsAbility Alliance Wounded Warriors Abilities Ranch

Georgia

BlazeSports America Catalyst Sports

Hawaii

AccesSurf. Hawaii Inc.

Idaho

Adaptive Wilderness Sports Of McCall

Boise Adaptive Snowsport Education Higher Ground Sun Valley. Inc. Valley Adaptive Sports

Illinois

Dare2Tri Paratriathlon Club Great Lakes Adaptive Sports Assn. Lincolnway Special Recreation Assn. North Side Archery Club Shirley Ryan AbilityLab Western DuPage Special Recreation Assn.

Indiana

Rehabilitation Hospital of Indiana Sports Program Special Outdoor Leisure Opportunities Turnstone Center for Disabled Children and Adults. Inc.

lowa

Adaptive Sports IOWA

Kansas

Wichita Adaptive Sports Inc.

Kentucky

Para Sport of Southern Kentucky

Louisiana

Louisiana GUMBO Inc. S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization

Maine

Adaptive Outdoor Education Center Central Maine Adaptive Sports Maine Adaptive Sports & Recreation

Marvland

Bennett Institute Physically Challenged Sports of Kennedy Krieger Chesapeake Region Accessible Boating Junior Tennis Champions Center Maryland Therapeutic Riding, Inc. Promise Landing Farm Team River Runner, Inc.

USA Lacrosse

Massachusetts

AccesSportAmerica

Adaptive Sports New England

Community Rowing

South Coast Wheelchair Tennis Assn.

Spaulding Adaptive Sports Centers

US Volt Hockey Assn. Waypoint Adventures

Webster Waterski Collective

Michigan

Adaptive Ski Assn.

Kentwood Parks and Recreation

Michigan Adaptive Sports

Michigan Sports Unlimited

Michigan Victory Games

Mount Brighton Adaptive Sports Program

Moving Mountains Adaptive Program

Rehab Institute of Michigan

Therapeutic Riding Inc.

University of Michigan Adaptive Sports University of Michigan Adaptive

& Inclusive Sports Experience Wheels in Motion

Minnesota

Courage Kenny Rehabilitation Institute

EA Therapeutic Health

Hope Inc.

Northland Adaptive Recreation

PVA Minnesota Chapter

US Electric Wheelchair Hockey Assn.

Missouri

Disabled Athlete Sports Assn. Gateway Disabled Ski Program

Midwest Adaptive Sports

Show Me Shooting Sports

Montana

Ability Montana

DREAM Adaptive Recreation

Eagle Mount Billings

Eagle Mount Bozeman

Eagle Mount Great Falls

Nebraska

Nebraska Adaptive Sports

Nevada

City of Las Vegas Adaptive Recreation City of Reno Driven NeuroRecovery Center Nevada PVA Chapter

New Hampshire

Adaptive Sports Partners of the North Country

Granite State Adaptive

Lakes Region Disabled Sports

at Gunstock, Inc.

Mount Washington Valley Adaptive Sports

New England Disabled Sports

New England Healing Sports Assn. Northeast Passage

Seven Hills Foundation

Waterville Valley Adaptive Sports

New Jersey

Children's Lightning Wheels Navigators Adaptive Sports Club The Dented Puck Foundation

New Mexico

Adaptive Sports Program New Mexico All Season Adaptive Sports Center of Recreational Excellence

New York

Able Athletics

Adaptive Sports Foundation
American Amputee Soccer Assn.

Burke Rehabilitation Hospital Adaptive Sports Program

Capital Region Nordic Alliance

CNY Adaptive Sports

GallopNYC-Giving Alternative Learners

UpLifting Opportunities, Inc.

Greater Buffalo Adaptive Sports

Greek Peak Adaptive Snowsports

Helen Hayes Adaptive Sports

Lounsbury Adaptive Ski Program

 $\hbox{Para-Cliffhangers, Inc.}$

Rochester Accessible Adventures

STRIDE Adaptive Sports

USA Boccia

Western New York Adaptive Water Sports

North Carolina

ACCESS of Wilmington

Bridge II Sports

ComMotion-Community in Motion Greensboro Parks & Recreation North Carolina Adaptive Sports Unbroken Spirit

North Dakota

Dreams In Motion, Inc.
Prairie Grit Adaptive Sports

Ohio

Adaptive Sports Connection Adaptive Sports Program of Ohiog Cincinnati Tennis Foundation

Rec2Connect

The Bridge Adaptive Sports & Rec.

Three Trackers of Ohio Youth Challenge

Oklahoma

Oklahoma Adaptive Sports Assn. Oklahoma City Parks and Recreation The Center for Individuals with

Physical Challenges

University of Central Oklahoma Center of Adaptive Sports

Oregon

Adaptive Sports Northwest Adventures Without Limits Bridge City Inclusive Sports Oregon Adaptive Sports

Pennsylvania

Blue Ridge Adaptive Snow Sports Envision Blind Sports IM ABLE Foundation Pennsylvania Center for Adapted Sports

Three Rivers Adaptive Sports
Two Top Mountain Adaptive Sports
Foundation Inc.

South Carolina

Adaptive Expeditions Clemson Adaptive Sports Roger C. Peace Rehabilitation Hospital

Tennessee

Sports, Arts & Recreation of Chattanooga

Texas

Ability Skateboarding & Action Sports Kinetic Kids. Inc.

Lone Star Paralysis Foundation Morgan's Wonderland Sports-STRAPS

One Chair At A Time

RISE Adventures, Inc. DBA RISE Adaptive Sports

Service Members Undertaking Disabled Sports

Southwest Wheelchair Athletic Assn.

Texas PVA

Texas Para Sport

Utah

Common Ground Outdoor Adventures National Abilities Center Ogden Valley Adaptive Sports Salt Lake County Wasatch Adaptive Sports

Vermont

Adaptive Sports at Mount Snow EDD Adaptive Sports Green Mountain Adaptive Sports Kelly Brush Foundation Northeast Disabled Athletic Assn. Vermont Adaptive Ski & Sports Assn.

Virgina

Warrior Soar

Adaptive Fitness Legion
Adventure Amputee Camp, Inc
American Canoe Assn.
Lake of the Woods Watersports
Patriots for Disabled Divers
Pursuit Adaptive Sports and Recreation
Sportable
Therapeutic Adventures, Inc.
Virginia Amateur Sports

Washington

Footloose Sailing Assn. Outdoors for All Foundation ParaSport Spokane Seattle Adaptive Sports

West Virgina

Challenged Athletes of West Virginia

Wisconsin

Dairyland Sports

Paralyzed Veterans of America-WI Chapter

Southeastern Wisconsin Adaptive

Ski Program STAR Center

Wauwatosa Curling Club

Wisconsin Adaptive Sports Assn.

Wyoming

Teton Adaptive Sports



January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				New Years Day		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	Martin Luther King, Jr. Day					
25	26	27	28	29	30	31

About the Image: MacKinzie Dickman, a Competition Center athlete with the National Sports Center for the Disabled (NSCD), carves through the course during the 2025 Winter Park Open at Winter Park Resort, Colorado. Photo by Pete Larson.



DYK: You can become an individual member of Move United. The network offers exclusive benefits to athletes, medical providers, family members, coaches, teachers, researchers, & others passionate about fostering adaptive sports. Be part of the more than 5,000 individuals who have already joined.





February

Wed

Tue

4	0	2			•	-
1	2	3	4	5	6	7
8	9	10	11	12	13	14
J	3		••	16		
15	16	17	18	19	20	21
	Presidents' Day					
22	23	24	25	26	27	28

About the Image: The Mary Free Bed Rehabilitation Hospital Sled Wings hockey teammates Charlotte Lindsay, Hope Gonyon, Jaelyn Vantland, Jerrenia Kroll, and Morgan Ziemba, pose during the media day photo shoot at Griff's Icehouse in Grand Rapids, Michigan. *Photo by Anthony Norkus*.

Sun

Mon



FYI: The Move United network is comprised of over 245 member organizations in 45 states and the District of Columbia. Join the movement and get involved in a local program near you.

Thu



Sat

Fri



March

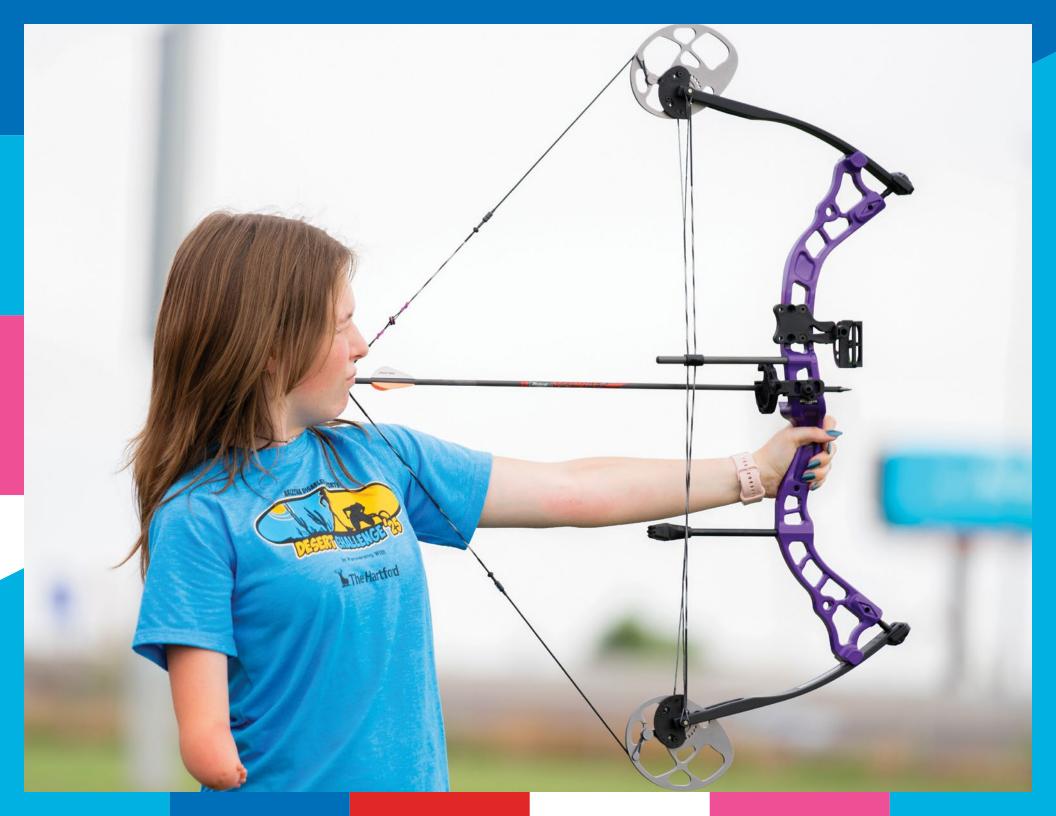
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	Spring Begins 27	28
29	30	31				

About the Image: Lakeshore Lakers athlete Ja'Karius Kemp takes a shot while being guarded by two opposing athletes during the 2025 Southeastern Junior Division Conference Championship wheelchair basketball tournament hosted by Lakeshore Foundation. *Photo by Lakeshore Foundation.*



125,000 athletes participate in adaptive sports annually through the Move United member network across the United States, through 70 different sports.





April

Sun	Mon	Tue	Wed	Thu	FII	Sat
			1	2	3	4
			•	2	3	4
	_		_	_		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	Move	United Education Con	ference, Cape Cod, Ma	ssachusetts		
26	27	28	29	30		

About the Image: Rumi Walsh of Arizona Disabled Sports competes in Archery at the 2025 Desert Challenge Games in partnership with The Hartford at Lehi Park in Mesa, Arizona, on June 1, 2025. *Photo by Caree Benford.*



FYI: In 2025, 498 individuals representing 42 U.S. states and 245 different organizations attended the Move United Education Conference. Registration is now open for 2026.





May

Wed

Tue

Thu

Fri

Sat

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
Mother's Day						
17	18	19	20	21	22	23
24	25	26	27	28	29	30/31 sun
	Memorial Day					

About the Image: Justin Walker playing Wheelchair Softball for the Wheelchair Diamondbacks. *Photo by Dana Reed.*



Mon

Sun

FYI: Through Move United Sanctioned Competitions, 2,378 adaptive athletes competed in 37 multi-sport competitions held in 25 states in 2025.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	-	_		-		
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Flag Day						
21	22	23	24	25	26	27
Father's Day Summer Begins						
28	29	30				

About the Image: GLASA Athlete Max Allabaugh is seen soaring over the high jump pole at the 2025 GLASA Great Lakes Games In Partnership With The Hartford. Photo by Scott Paulus.



Follow Move united on social media:

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TikTok: @move_united_sport YouTube: @MoveUnited





July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
_		_			40	Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	The Hartford Nationals	conducted by Move Ur	nited, Grand Rapids, Mic	chigan 23	■ 24	25
26	27	28	29	30	31	
ADA 36th Anniversary						

About the Image: Kenbe Rogers, from DASA, competes in long jump at the 2025 The Hartford Nationals in Grand Rapids, Michigan. Photo by Reed Hoffmann.



DYK: 423 athletes competed at the 2025 The Hartford Nationals in Grand Rapids, Michigan, in seven different sports.





August

Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4	5	6	7	8
10	11	12	13	14	15
17	18	19	20	21	22
24	25	26	27	28	29/30/31 SUN MON
	3 10 17	3 4 10 11 17 18	3 4 5 10 11 12 17 18 19	3 4 5 6 10 11 12 13 17 18 19 20	3 4 5 6 7 10 11 12 13 14 17 18 19 20 21

About the Image: US Navy Veteran Dean Tisdale and Sparc Volunteer Cam Delligatti, share the fun of water skiing during the 2025 Sparc Adaptive Water Ski Day on Lake Chickamauga near Chattanooga, Tennessee. Photo by Matthew Stevens.



FYI: Over 1,300 Gatorade Adapted High School Sport Guides requested in 2025 across 45 states, impacting 22k students with disabilities.





September

Sun	IVION	iue	wea	ınu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	Labor Day	15	16	17	Patriot Day 18	19
20	21	22	23	24	25	26
27	28	Fall Begins 29	30			

About the Image: Gabriel Denbraber, from the Chicago Bears Wheelchair Football Team, is tackled by Jimmo Neal from the New England Patriots Wheelchair Football Team during a USA Wheelchair Football League tournament. *Photo by Timothy Brown.*



Since 2020, more than 1,000 veterans, athletes with disabilities, coaches and officials have participated in USA Wheelchair Football League programs, growing their skills and love for football.





October

Sun	Mon	iue	wea	Inu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

About The Image: Adaptive Abilities athletes representing the USA finish their routine strong at the 2025 International Cheerleading Union Championships in Orlando, FL. *Photo by Action Moments.*



Join the over 40,000 individuals who subscribe to Move United magazine, the nation's leading adaptive sports publication. Sign up for a free subscription!





November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	Veterans Day 18	19	20	21
22	23	24	25	26	27	28
29	30			Thanksgiving Day		

About the Image: 4x Paralympic Gold Medalist Josh Pauls handles the puck during a sled hockey game versus China. *Photo by Wheelchair Sports Federation.*



Since 2003, more than 21,556 of the most severely injured active duty military service members, veterans, and their families have been served by the Move United Warfighters program.





December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	Winter Begins 28	29	30	31	Christmas Day	
				New Year's Eve		

About the Image: Paralympic Snowboarder Michael Spivey shredding down the mountain at The Hartford Ski Spectacular in Breckenridge, Colorado. *Photo by Joe Kusumoto*.



DYK: Several hundred individuals make a trek to Breck (Breckenridge, CO) each year for the annual Ski Spectacular event, one of the largest winter adaptive sports festivals in the country.



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