

# move UNITED

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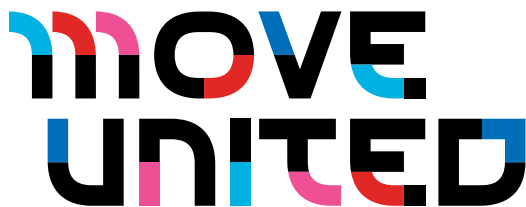
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*Cover photo of Josh Pauls*  
*Cover photo by Wheelchair Sports Federation*



As the year winds down and another begins, it's a good moment to reflect and celebrate what we've accomplished together and to look ahead at the possibilities still to come.

Since launching our individual membership program, more than 5,000 people have joined the Move United community. Athletes, medical providers, family members, coaches, teachers, researchers — anyone passionate about adaptive sports — can access exclusive benefits. The best part? Membership is free.

This year demonstrated the power of community in action:

We granted over \$2 million to local adaptive sports organizations within the Move United network, strengthening programs across the country.

Through Move United Sanctioned Competitions, 2,378 adaptive athletes competed in 37 multi-sport events held in 25 states. At The Hartford Nationals in Grand Rapids, Michigan, 423 athletes showcased their skills — and we're heading back there in 2026. With the 2028 Summer Paralympic Games approaching in LA, we expect these numbers to rise.

Our Move United Warfighters program provided 1,608 veterans and their family members with free access to adaptive sports and recreation, creating pathways to active lifestyles beyond service.

Six hundred and twenty-four athletes participated in USA Wheelchair Football League programs, building both skills and community on the field.

At the 2025 Move United Education Conference, 498 individuals from 42 states and 245 organizations gathered to share knowledge and strengthen our network. We're expecting over 500 attendees at the 2026 conference, April 20-23 in Cape Cod, Massachusetts.

And across 45 states, over 1,300 Gatorade Adapted High School Sport Guides were requested, impacting 22,000 students with disabilities.

Winter sports take center stage in these pages. Discover the speed and strategy of sled hockey on page 6, then dive into the thrilling world of para bobsled on page 12. Meet two remarkable athletes whose stories will inspire you to push your own boundaries, including Army Veteran Gene Calanoc (page 8) and Pearl Outlaw (page 14), who found freedom on the Nordic skiing slopes. Also check out the complete listing of Move United member organizations on page 18 and explore upcoming adaptive sports programs and events happening nationwide in the months ahead starting on page 22.

Join us. The movement is growing.

Glenn Merry  
Chief Executive Officer  
Move United

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Gabby Graves-Wake, Goalie

# Sled Hockey = Contact + Camaraderie

Sled hockey is an exhilarating sport — to watch as well as to play. For those athletes that do take up the sport, the idea of hopping on the ice, pushing a puck around awhile, and not having any other cares at that moment is a big draw. Gabby Graves-Wake, the goalie for the U.S. Women's National Sled Hockey Team, describes the sensation of being on the ice as flying. She also likes the fact that the sport allows legitimate physical contact. "Unlike other sports where hitting someone the wrong way results in a foul, sled hockey allows aggressive play," Graves-Wake said. 4X Paralympic Gold Medalist Josh Pauls agrees. "It's a combination of hockey, Nordic skiing and bumper cars," he said.

The sport has become popular, partially due to the reasons above, but also for a couple other reasons. First, it is being offered in more locations across the country. Approximately 50 Move United member organizations offer sled hockey as one of their adaptive sport activities, and other sled hockey programs also exist. The popularity of the sport at the Paralympic level is another reason it is growing among

individuals with physical disabilities. After all, Team USA has now won four straight gold medals for sled hockey during the Winter Games.

## Give It a Try

You don't have to be a fan of ice hockey or even be knowledgeable about the sport in order to give it a try. Sled hockey is definitely good for stress relief. And a lot of players are drawn into the sport due to the physical nature of it as well as the fast pace of the game. The sport involves physicality as well as strategy.

Another element most players enjoy about sled hockey is the team aspect. It is a tight-knit community and there is a lot of camaraderie.

## Equipment & Resources Needed

Your first time out on the ice, you will mainly just need to wear something you are comfortable sweating in. For newcomers, the barrier to entry is surprisingly low. "Teams typically have equipment for you to start out, to try,"



Pauls explains. “You’re not going to need to get your own equipment right away.” You will undergo a full fitting to get the right gear and equipment that works best for your body. Sleds, and the buckets you sit in, can be customized to the individual. “I want my equipment to be one with me,” Pauls said.

You will also be outfitted with a chest protector, elbow pads, hockey boots and/or shin guards if applicable, and a helmet with face protection. You will also receive two hockey sticks, each having a blade on one end (which is used to make contact with the puck) and spikes on the bottom that helps maneuver players around the ice. The good news is that all sled hockey programs typically provide the equipment required to participate in the sport.

## Fundamentals of the Game

The first thing you have to develop is your sled skills. You have to get familiar with the equipment and how to maneuver your sled on the ice. You will also most likely start out with wider blades to match your ability and comfort level. Wider blades, which go up to six inches, will help with balance and stability but limit speed and maneuverability. Getting to a blade that is 1.5 to 2 inches is preferable.

After mastering the sled, you can then concentrate on puck handling, including hand passing and shooting. Don’t get frustrated, although it is easy to do so. No one is amazing overnight. “Usually, I tell people that are starting out to be prepared to suck at it for a little bit, because everybody does,” Pauls said.

After that, you can focus on the actual game concepts and developing your hockey IQ by doing research and expanding your knowledge of the game. What sets sled hockey apart, according to Graves-Wake, is how it makes athletes forget they’re playing an adaptive sport. “When I play other sports, I remember that I’m playing an adaptive sport,” Graves-Wake admits. “But when I’m playing sled hockey, I don’t feel like that. I feel like I’m out there playing ice hockey at the highest level.”

The net size, rink dimensions, and gameplay remain identical to standard hockey. There are two basic things to know: games consist of three periods, each fifteen minutes long, and teams consist of a set of offensive players (forwards), defense, and goalies. Sled hockey follows standard ice hockey rules with a few key differences. “The game is five on five plus goalies,” Pauls explains.

Sled hockey is a sport that can accommodate a variety of disabilities. Players are often affected by amputations, paralysis, multiple sclerosis, spinal cord injuries, cerebral palsy, traumatic brain injuries or other lower extremity disabilities.

A number of adaptations are available for various impairments. Straps for legs or higher backs on the

sled for those with a spinal cord injury, for example, may be needed. Individuals with CP or TBI may not be able to use sticks. Push bars are available to assist a stand-up skater with movement.

Even though it is a contact sport, it is pretty safe. There is a lot of padding that helps to protect players.

## Got What It Takes?

Individuals can start playing sled hockey recreationally at first and then decide to compete at a higher level. “If you’re looking for something that’s intense, high speed, and makes you feel like you’re flying, try sled hockey,” Graves-Wake says.

At some point, you will also have to invest in your own equipment. It will also require a lot of work on and off the ice, including workouts, more time on the ice developing your skills, and working hard.

## Find a Program

Sled hockey is a sport where you are right in the action and right in the play, even more so than stand-up hockey as the ice and puck are only a foot or two away. It is also a sport for players of various backgrounds. If you are interested in the sport, give it a try for at least one or two years. “Hockey is for everyone, and you can play it however you want,” Pauls emphasizes. “If you want to be competitive, there’s competitive competition out there. And even if you’re at a recreational level, we can help you get better.”

To find a Move United member organization that offers sled hockey, visit [moveunitedsport.org/location](https://moveunitedsport.org/location) and search “sled hockey.” For other locations or resources, visit [usahockey.com/disabledhockey](https://usahockey.com/disabledhockey). ■



# From Philippines to Paralympic Dreams: One Veteran's Journey Through Adaptive Sports

Gene Calantoc's story begins with a simple truth: "I'm very, very competitive." This competitive spirit has carried him through a remarkable journey from a rural village in the Philippines to the battlefields of Afghanistan, and ultimately to the adaptive sports courts and fields where he now excels as a wounded warrior.

Born in the Philippines, Calantoc moved to the United States at age 12 when his parents brought the family to Hawaii in 1997. Early in life, basketball and pool (billiards) was Calantoc's primary sport. After moving to the U.S., his athletic horizons expanded dramatically, particularly when he discovered badminton in high school, where he earned Rookie of the Year honors.

## Military Service and Career

For Calantoc, his military aspirations were influenced by family. "My uncle was in the Navy. He retired after doing over 20 years," he explains. Before enlisting, Calantoc worked as a civilian at a Marine Corps Recruit Depot for seven years, where drill instructors constantly encouraged him to join the Marines. However, when his brother completed U.S. Army Basic Training, "he kind of pulled me in to join the Army. So I joined the Army back in 2011," Calantoc said.

Originally wanting to serve in the infantry, his brother suggested going a different route, so Calantoc became a combat engineer (12N - Heavy Equipment Operator) instead. His decade-long military career took him to multiple duty stations, including Fort Campbell, Kentucky, and he was deployed to Afghanistan in 2012-2013 for a nine-month tour doing route clearance missions.

His competitive nature shone through in military competitions. At Schofield Barracks in Hawaii, Calantoc participated in the Best Warrior Competition, advancing through multiple rounds.



For his final duty assignment, Calantoc would return to Fort Leonard Wood Missouri, where he did his basic training and advanced individual training to become an instructor to fellow combat engineers.



# MOVE UNITED WARFIGHTERS

## Discovery of Adaptive Sports

Calantoc's military career ended abruptly during what should have been a routine motorcycle ride with friends. He collided with a truck, leading Calantoc to receive a leg amputation. "Usually, I ride by myself," he said. "My brothers saved my life because they were there with me. If they weren't there, I wouldn't be here."

Initially a below-knee amputation, complications led to an above-knee amputation when infection set in. Calantoc was treated at Brooke Army Medical Center in San Antonio, Texas, where he was introduced to adaptive sports. "When I first lost my leg, I thought it was over until I got to San Antonio, Texas."



He was introduced to the Warrior Games and his competitive nature immediately kicked in. Calantoc made the team in 2021, but the games were canceled due to COVID-19. When he finally competed in his first Warrior Games in 2024, he medaled in six of the eight sports. "I signed up for like eight sports," including hand cycling, powerlifting, archery, wheelchair basketball, and wheelchair rugby, he said.

## Current Athletic Pursuits

Today, Calantoc is deeply involved in the San Antonio adaptive sports community, particularly through Morgan's Wonderland, a Move United member organization. He's part of the wheelchair basketball Spurs team and plays wheelchair softball, though he has a clear preference. "I'll say softball is my favorite, because I get to play. I'm always on the field. With basketball, I'm more on the sideline

because I'm classified as a 4.0 so I'm barely on the court. There are more experienced players on the team," he explains. His softball prowess was recognized this year when he earned Rookie of the Year honors.

The competitive seasons keep him busy year-round. "Softball takes place in the spring and summer. And when we finished our season in August, basketball started right away. So now I'm back to training practice every Monday or Wednesday. If I'm not doing that, I'm doing something on my own," he said.

## Balancing Prosthetics and Wheelchair Sports

As an above-knee amputee, Calantoc faces unique challenges in wheelchair sports. He tries to use his prosthetic daily, even having undergone osseointegration surgery. "They implanted abutment through my femur, and I connect my leg," he explained. However, he switches to his wheelchair for all adaptive sports.

Learning to maneuver a sports wheelchair did take some adjustment. But his athletic ambitions remain high. Calantoc has his sights set on representing the USA in the Invictus Games in 2027 in the United Kingdom. Beyond that, Paralympic dreams also beckon. "I want to hopefully be in the Paralympics someday," he said. "I don't know which sport yet." He did start training with USA Powerlifting, though he had to step back from that due to injuring his arm.

## Message to Fellow Veterans

Calantoc's philosophy on adaptive sports reflects his gratitude and desire to help others. "Having adaptive sports for us veterans, us athletes, it's a blessing," he said. "If we didn't have adaptive sports, I feel like we'd be in our little corner and just seeing darkness. For me, being active and having camaraderie helps me find peace."

For fellow veterans considering adaptive sports, his message is simple: "If my fellow veterans need some type of help, I'm here to help them. I learn from watching others and when I see other athletes, I want to be like them or better than them. So I hope some veterans and athletes see me moving and want to do the same."

Calantoc's journey from a competitive kid in the Philippines to an adaptive sports champion demonstrates the power of resilience and community. "God gave me another chance in life. I'm blessed to be part of the adaptive community sports," he reflects, embodying the warrior spirit that continues to drive him toward new challenges and victories.

As he looks toward the Invictus Games and potential Paralympic competition, Calantoc remains grounded in his role as mentor and ambassador, ready to help fellow veterans discover their own second chances through adaptive sports. ■

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# Para Bobsled: Getting Into Winter's Most Thrilling Sport



At 70 miles per hour, hurtling down an ice track with walls rising on either side, para bobsled offers one of winter sports' most intense experiences. But unlike many Paralympic disciplines that require years of training and expensive equipment, this adrenaline-fueled sport is surprisingly accessible to newcomers. Here's what you need to know about getting involved.

## Minimal Investment Required

One of para bobsled's biggest advantages is its low barrier to entry. "New athletes need just a motorcycle helmet and mouth guard," explains Kim Seevers, who founded the Lake Placid para bobsled program in 2015. The program typically provides helmets, bobsleds, and skeletons for participants. "You also may want to buy some padding."

Even elite competitors don't need to purchase their own equipment. World Cup athletes draw numbers through a lottery system to determine which sled they'll use, meaning personal ownership isn't necessary even at the highest levels of competition. This stands in stark contrast to many adaptive sports where specialized equipment can cost thousands of dollars.

## Physical Requirements

While the sport may seem like simply sitting in a seat and steering, the physical demands are real and often

underestimated. "A lot of athletes come to a camp and think they're just going to sit in the seat and don't need to be strong or have cardio," Seevers notes. "But riders pull up to two Gs on the walls," requiring both cardiovascular fitness and upper body strength.

For bobsled specifically, athletes need sufficient trunk strength to lean back during unexpected events, keeping their heads protected inside the sled's wings, then sit back up to grab the steering rings. Grip strength is essential for controlling the D-ring steering system. Athletes must also

weigh under 220 pounds — both to fit comfortably in the sled and to keep volunteers safe when moving equipment around the track.

Bob Balk, a 6X Paralympian (in both winter and summer sports) who discovered para bobsled during the COVID-19 pandemic, describes it differently than other sports in his extensive career. "There's not a lot of physicality to it," he explains. "There's a lot of concentration, and a lot of mental awareness and preparation, because you're the only one in the sled and it's a one-minute run."

## Classifications and Options

Para bobsled offers opportunities for athletes with different abilities through two main classifications. Seated pilots have spinal cord injuries or amputations that prevent them from pushing the sled. These athletes use computerized mechanical launchers that account for weight variables to produce fair start times. On the other hand, push athletes, typically below-knee amputees, do propel the sled before loading in and driving, similar to able-bodied bobsledders. Right now, both classifications provide for a single mono sled versus two or more athletes in one sled.

The Skeleton option provides an alternative for those seeking a different experience and resembles an actual sled. Athletes lie face-down, head-first on sleds with

their chins about six inches from the ice. Interestingly, Seevers has observed that athletes quickly develop strong preferences. “The minute they’re done, they say, ‘I’m a skeleton athlete. You’re never going to get me in a bobsled ever. Or I’m a bobsledder. I like having these walls around me. You couldn’t pay me to get on a skeleton,’” Seevers explained.

## The Learning Process

Para bobsled follows a progressive training approach similar to alpine skiing. Athletes don’t start at the top of the track on day one. Instead, they begin at lower sections through what’s called “ascending starts,” moving higher only when coaches determine they’re ready.

Before taking their first run, athletes participate in track walks, learning each curve’s entry, execution, and exit points. This mental preparation is crucial because once you’re in the sled, everything happens fast. As Balk explains, “you get pushed off the top, and it’s go time. It’s full speed.”

Athletes study videos between runs, memorize track notes, and rehearse mentally. The technical mastery required provides as much challenge as the physical aspect. “They’re all adrenaline junkies,” Seevers said. “They love the speed and the rush, but they also like to intellectualize the sport.”

## Innovation and Adaptation

One of para bobsled’s strengths is its commitment to creative problem-solving. When a veteran named David,

who had lost his arm above the elbow, wanted to try the sport, Seevers connected with Virginia Tech’s engineering program to develop a one-armed steering system. By April, David was making successful runs. “That’s the first one-armed steering system in the world,” Seevers says proudly.

This collaborative approach defines the program’s culture. “Every lesson, we go out focusing on how to make it work for various disabilities,” Seevers explains. The methodology combines able-bodied perspectives on the technical sport with adaptive expertise to make it safe and available to athletes with disabilities.

## Where to Start

Access to locations where you can participate in the sport is one of para bobsled’s biggest challenges. Only two tracks exist in the United States: Lake Placid in New York and Park City in Utah. The programs have conducted nearly 45 camps over ten years, growing primarily through word of mouth and social media.

When athletes post videos of their runs — captured by track safety cameras — the response is immediate. “There will be a dozen comments saying, hey, how do I do this?” Seevers reports. That organic growth has built a community of athletes who love both the physical thrill and the mental challenge.

For the internationally competitive, the World Cup circuit extends to venues like Whistler, Lillehammer, St. Moritz, and tracks in Austria, Germany, and France.

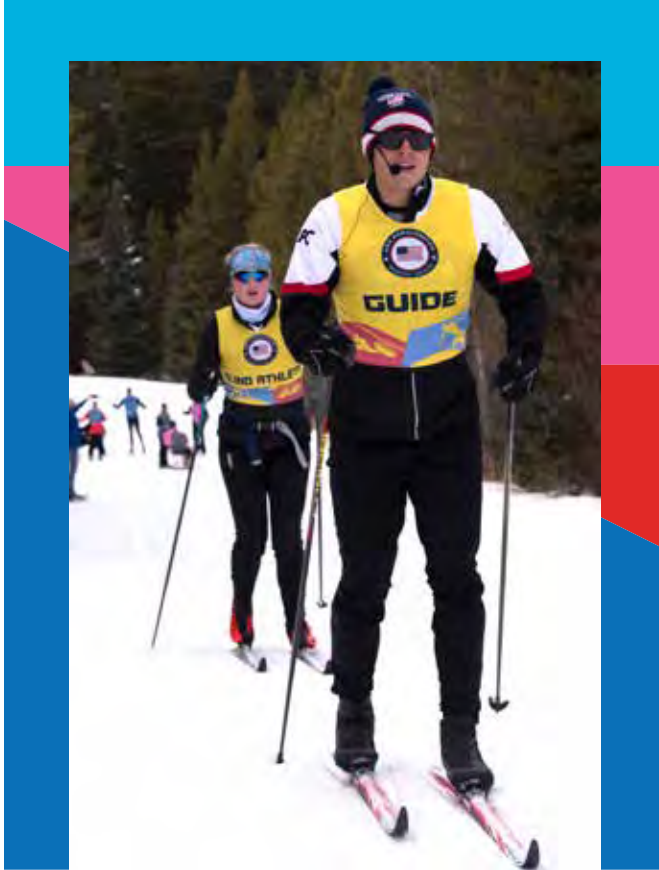
## Why Do It?

“One way or another, you’re going to be at the bottom a minute later,” Balk says of bobsled runs. “It’s better to be runners down at the bottom.” That philosophy captures both the sport’s appeal and its accessibility — it’s intense, technical, and thrilling, but also achievable for athletes willing to put in the mental and physical preparation.

For para athletes seeking that same combination of adrenaline and technical challenge, para bobsled offers an opportunity unlike anything else in winter sports. You can also find out about upcoming camps and opportunities to experience the sport firsthand by going to [usabs.com/para-bob-team](https://usabs.com/para-bob-team). ■



# Pearl Outlaw: Finding Freedom on Nordic Skis



Pearl Outlaw's journey with vision loss began at age nine with a diagnosis of retinitis pigmentosa. Now 27, she's experienced the full progression of RP — from night blindness in childhood, to using a cane in high school, to a rapid transition in 2018 that left her almost completely without vision within months.

"It was really more my parents that led me to find out," Outlaw recalls of her early diagnosis. "My mom and my teachers had noticed at school that I was doing well in class, but really struggling on standardized tests."

The middle school years proved particularly challenging. "I didn't want to be different. I didn't want to stand out," she says, describing awkward school dances where she'd be confined to a lit corner while her friends enjoyed the darkness. "The school's idea of inclusion was to have my little special corner with the lights in the cafeteria turned on, and they're like, 'There's your corner — enjoy the dance.'"

## An Unexpected Path to the Slopes

Outlaw wasn't always the adventurous athlete she is today. "I was not a sporty person early on. I didn't get into sports

until high school," she explains. "It's so funny to think back on — I'm much more adventurous now that I don't have eyesight, which seems kind of backwards."

Her introduction to Nordic skiing came almost by accident in early 2019 while attending the Carroll Center for the Blind in Boston. After taking a semester off college to learn how to navigate life without sight, someone mentioned New England Ski for Light. Her first day on skis was memorable for all the wrong reasons. "I showed up to the first day in a full snow suit, ready for sub zero arctic adventure," she said. "I laugh at myself now, because I probably looked real dorky."

But something clicked. As a former high school cross-country runner, Outlaw had missed the feeling of moving through wilderness. "When I tried Nordic skiing for the first time, it gave me that feeling back, because when you're with your ski guide, you're not tethered like you are in running. I really got a sense of freedom."

## Breaking Through to Competition

During the pandemic, Outlaw took a leap and emailed BethAnn Chamberlain, the US Para Nordic development coach. Unlike her experience with competitive rowing, where "people don't really give you the time of day unless you have certain stats," the Para Nordic community welcomed her warmly. "They do a really good job of bringing new people in and not focusing on track record," Outlaw said. "They are just excited to have more people in the sport."

## The Technical Challenge

Outlaw's first serious season taught her humility. "In my head, I was thinking one winter and I'm going to get so good at skiing, it's going to be easy as pie. No, it does not come easily," she laughs. "I was more like Bambi learning to walk."

The technical aspects of classic skiing, particularly the kick and glide, have proven elusive. She describes frustrating coaching sessions where too many corrections came at once: "Some people would be like, 'Okay, now you got to fix your knees. Now you got to fix your arms. Now your head's too low.' I'd get to the end of the lesson, and just be like, I don't even know what a ski is anymore."

But she thrives on constructive criticism. "I had a rowing coach that once said, 'the better you get, the harder I'm going to be on you.' So, every time I hear a critique, I'm like, okay, that means I'm getting better," Outlaw said.

*Continued on page 16 > >*





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## Beyond the Medal Stand

This season, Outlaw is taking a different approach. After dealing with World Rowing's decision to exclude blind athletes from open water coastal rowing — her summer sport — she's refocusing on the joy of skiing. "For this winter, it's really just about having fun with it and finding the love of the sport again," she says.

She's also embracing variety, planning to try alpine skiing, snowboarding, and possibly surfing with a blind surfer from Oregon. "I'm kind of all over the place, but I'm excited to be all over the place and just kind of see where the wind takes me," she said.

## Advice for Others

For visually impaired individuals hesitant to try outdoor sports, Outlaw's advice is practical: "Start small. Find organizations like Ski for Light that aren't just throwing you off the edge of a mountain. Start on a small hill, and then the next day, go to a little bit bigger."

But she's also learned to temper her perfectionist tendencies. "I have very high expectations of myself, and then I forget that it's also supposed to be a good time," she said. "Even if you want to someday go to the Paralympics or compete at an elite level, I think it's a hard road if you're not having fun doing what you're doing."

December 2025 will also mark her third time at The Hartford Ski Spectacular, an event in Breckenridge, Colorado that she loves for its low-pressure, celebratory atmosphere. Outlaw embodies her own philosophy: "Really hold on and just enjoy the journey. Life's a marathon, not a sprint." ■



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abilityfirstsports.org

**Access Mammoth**  
Mammoth Lakes, CA  
AccessMammoth.org

**Achieve Tahoe**  
Alpine Meadows, CA  
achievetahoe.org

**Angel City Sports**  
Los Angeles, CA  
angelcitysports.org

**Bay Area Outreach and Recreation Program**  
Berkeley, CA  
borp.org

**Casa Colina Hospital and Center for Healthcare**  
Pomona, CA  
Casacolina.org

**Central California Adaptive Sports Center**  
Shaver Lake, CA  
centralcaladaptive.org

**DSUSA Los Angeles – The Unrecables**  
Los Angeles, CA  
unrecables.com

**DSUSA Orange County – The Achievers**  
Irvine, CA  
theachievers.org

**Easton Sports Development Foundation**  
Van Nuys, CA  
Esdf.org

**Orange County Makapo Aquatics Project**  
Irvine, CA  
Makapo.org

**San Diego State University Adapted Athletics**  
San Diego, CA  
arc.sdsu.edu/adaptedathletics

**SoCal Adaptive Sports**  
Palm Springs, CA  
socaladaptivesports.org

**Stand Up and Play Foundation**  
Vista, CA  
Standupandplayfoundation.org

**Triumph Foundation**  
Valencia, CA  
triumph-foundation.org

**U.S. Driving for the Disabled**  
Arroyo Grande, CA  
usdfd.org

**U.S. Adaptive Recreation Center**  
Big Bear Lake, CA  
usarc.org

**Valley Childrens' Adaptive Sports**  
Madera, CA  
valleychildrens.org/adaptive-sports/adaptive-sports-home

**Colorado Adaptive Action Sports**  
Copper Mountain, CO  
adacs.org

**Adaptive Adventures**  
Westminster, CO  
adaptiveadventures.org

**Adaptive Recreation for Childhood Health**  
Aurora, CA  
childrenscolorado.org/doctors-and-departments/departments/pediatric-rehabilitation/adaptive-recreation-for-childhood-health/

**Adaptive Recreation Opportunities**  
Fort Collins, CO  
Fcgov.com/aro

**Adaptive Sports Association**  
Durango, CO  
asadurango.org

**Adaptive Sports Center of Crested Butte**  
Crested Butte, CO  
adaptivesports.org

**Breckenridge Outdoor Education Center (BOEC)**  
Breckenridge, CO  
boec.org

**Challenge Aspen**  
Snow Mass Village, CO  
challengeaspen.org

**Colorado Discover Ability**  
Grand Junction, CO  
cdagj.org

**DuMyon Martial Arts**  
Colorado Springs, CO  
dumyonmartialarts.org

**Foresight Ski Guides Inc.**  
Vail, CO  
foresightskiguides.org

**Golf 4 the Disabled**  
Greenwood Village, CO  
golf4thedisabled.org

**Ignite Adaptive Sports**  
Boulder, CO  
igniteadaptivesports.org

**National Sports Center for the Disabled**  
Denver, CO  
nscd.org

**Paradox Sports**  
Eldorado Springs, CO  
Paradoxsports.org

**Steamboat Adaptive Recreational Sports (STARS)**  
Steamboat Springs, CO  
steamboatstars.com

**Telluride Adaptive Sports Program**  
Telluride, CO  
tellurideadaptivesports.org

**Connecticut Gaylord Sports Association**  
Wallingford, CT  
gaylord.org/sports

**Leaps of Faith Adaptive Skiers**  
Newtown, CT  
lofadaptiveskiers.org

**Summit Adaptive Sports**  
New Hartford, CT  
summitadaptive.org

## Florida

**Central Florida Chapter of Paralyzed Veterans of America**  
Sanford, FL  
pvacf.org

**Central Florida Dreamplex**  
Clermont, FL  
cfdreamplex.com

**City of Largo**  
Largo, FL  
playlargo.com

**COSTA Therapy Inc.**  
Indian Harbour Beach, FL  
costasurf.org

**Hillsborough County Adaptive Sports**  
Tampa, FL  
Hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports

**Shifting Gears United**  
Tequesta FL  
shiftinggearsunited.org

**SportsAbility Alliance**  
Tallahassee, FL  
sportsability.org

**Wounded Warriors Abilities Ranch**  
Pinellas Park, FL  
Woundedwarriorsabilitiesranch.org

## Georgia

**Catalyst Sports**  
Atlanta, GA  
catalystsports.org

**BlazeSports America**  
Norcross, GA  
blazesports.org

**The Kyle Pease Foundation**  
Atlanta, GA  
kylepeasefoundation.org

## Hawaii

**AccesSurf Hawaii**  
Honolulu, HI  
accessurf.org

## Idaho

**Adaptive Wilderness Sports of McCall (AWeSOME!)**  
McCall, ID  
awesomemccall.org

**Boise Adaptive Snowsport Education (BASE)**  
Boise, ID  
baseidaho.org

**Higher Ground Sun Valley**  
Ketchum, ID  
highergroundusa.org

**Valley Adaptive Sports**  
Victor, ID  
valleyadaptivesports.org

## Illinois

**Chicago Park District-Special Recreation Department**  
Chicago, IL  
chicagoparkdistrict.com/special-recreation-programs

**Dare2Tri Paratriathlon Club**  
Chicago, IL  
dare2tri.org

**Great Lakes Adaptive Sports Association (GLASA)**  
Lake Forest, IL  
glasa.org

**Lincolnway Special Recreation Association**  
New Lenox, IL  
lwsra.org

**North Side Archery Club**  
Chicago, IL  
northsidearcheryclub.org

**Shirley Ryan Ability Lab**  
Chicago, IL  
sralab.org

**Western DuPage Special Recreation Association**  
Carol Stream, IL  
synergysaa.org

## Indiana

**Rehabilitation Hospital of Indiana Sports Program**  
Indianapolis, IN  
rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/clinics

**Special Outdoor Leisure Opportunities (SOLO)**  
South Bend, IN  
skisolomichiana.org

**Turnstone Center**  
Fort Wayne, IN  
turnstone.org

## Iowa

**Adaptive Sports IOWA**  
Ames, IO  
adaptivesportsiowa.org

## Kansas

**Wichita Adaptive Sports**  
Wichita, KS  
wichitaadaptivesports.org

## Kentucky

**Para Sport South Kentucky**  
Bowling Green, KY  
Bgky.org

## Louisiana

**Louisiana GUMBO**  
Pineville, LA  
sites.google.com/site/louisianagumboinc

**S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization**  
New Orleans, LA  
samaritanactsneworleans.org

## Maine

**Adaptive Outdoor Education Center**  
Carrabassett Valley, ME  
adaptiveoutdooreducationcenter.org

**Central Maine Adaptive Sports**  
Auburn, ME  
centralmaineadaptivesports.org

**Maine Adaptive Sports & Recreation**  
Newry, ME  
maineadaptive.org

## Maryland

**Bennett Institute Physically Challenged Sports of Kennedy Krieger**  
Baltimore, MD  
kennedykrieger.org

**Chesapeake Region Accessible Boating (CRAB)**  
Annapolis, MD  
crabsailing.org

**Junior Tennis Champions Center**  
College, Park, MD  
Jtcc.org

**Maryland Therapeutic Riding**  
Crownsville, MD  
HorsesThatHeal.org

**Promise Landing Farm**  
Upper Marlboro, MD  
Promiselandingfarm.org

**Team River Runner**  
Rockville, MD  
teamriverrunner.org

**USA Lacrosse**  
Sparks, MD  
UsaLacrosse.com

## Massachusetts

**AccesSportAmerica**  
Acton, MA  
accessportamerica.org

**Bionic Project**  
Cambridge, MA  
Bionic5K.com

**Boston Athletic Association**  
Boston, MA  
Baa.org

**Adaptive Sports New England**  
Austin, MA  
adaptivesportsne.org

## Community Rowing

Brighton, MA  
Communityrowing.org

## South Coast Wheelchair Tennis Foundation

Attleboro, MA  
southcoastwheelchairtennis.org

## Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network)

East Sandwich, MA  
sasc.spauldingrehab.org

## U.S. Volt Hockey Association

Franklin, MA  
VoltHockeyUsa.org

## Waypoint Adventure, Inc.

Lexington, MA  
waypointadventure.org

## Webster Waterski Collective

Webster, MA  
websterwaterski.org

## Michigan

**Adaptive Ski Association-West Michigan**  
Ada, MI  
skiccsa.org

## Kentwood Parks and Recreation

Kentwood, MI  
kentwood.us/city\_services/city\_departments/parks\_and\_recreation/index.php

## Mary Free Bed Wheelchair and Adaptive Sports

Grand Rapids, MI  
maryfreebed.com/rehabilitation/sports-rehabilitation/wheelchair-adaptive-sports/

## Michigan Adaptive Sports

West Bloomfield, MI  
Michiganadaptivesports.com

## Michigan Sports Unlimited

Essexville, MI  
misprtsunlimited.com/  
misprtsunlimited.com

## Michigan Victory Games

Grand Rapids, MI  
MichiganVictoryGames.org

## Mount Brighton Adaptive Sports Program

Brighton, MI  
mtbadaptivesports.org

## Moving Mountains Adaptive Program

Iron Mountain, MI  
movingmountainsap.org

## Rehabilitation Institute of Michigan Foundation

Detroit, MI  
Rimfoundation.org

## Therapeutic Riding Inc.

Ann Arbor, MI  
therapeuticridinginc.org

## University of Michigan Adaptive & Inclusive Sports Experience (UMAISE)

Ann Arbor, MI  
medicine.umich.edu/dept/pmr/patient-care/therapeutic-other-services/university-michigan-adaptive-inclusive-sports-experience-umaise

## University of Michigan Adaptive Sports & Fitness

Ann Arbor, MI  
ssd.umich.edu/adaptive-sports

## Wheels in Motion

Fenton, MI  
wheelsinmotion.org

## Minnesota

### Courage Kenny Rehabilitation Institute

Golden Valley, MN  
allinahealth.org/adaptivesports

### EA Therapeutic Health

Rochester, MN  
exercisabilities.org

### HOPE, Inc.

Moorhead, MN  
hopeinc.org

### Northland Adaptive Recreation

Duluth, MN  
mdfoundation.org

### PVA Minnesota Chapter

Minneapolis, MN  
mnpva.org

### U.S. Electric Wheelchair Hockey Association

New Hope, MN  
powerhockey.com

## Missouri

### Disabled Athlete Sports Association (DASA)

St. Peters, MO  
dasasports.org

### Gateway Disabled Ski Program

Eureka, MO  
Gdspstl.org

### Midwest Adaptive Sports

Dearborn, MO  
midwestadaptivesports.org

### Show Me Shooting Sports

Independence, MO  
facebook.com/people/  
Show-Me-Shooting-Sports/61560761046155/

## Montana

### Ability Montana

Helena, MT  
Abilitymt.org

### DREAM Adaptive Recreation

Whitefish, MT  
dreamadaptive.org

**Eagle Mount Billings**  
Billings, MT  
eaglemount.us

**Eagle Mount Bozeman**  
Bozeman, MT  
eaglemount.org

**Eagle Mount Great Falls**  
Great Falls, MT  
eaglemount.net

## Nebraska

**Nebraska Adaptive Sports**  
Omaha, NE  
nebraskaadaptivesports.org

## Nevada

**City of Las Vegas Adaptive Recreation**  
Las Vegas, NV  
lasvegasnevada.gov

## City of Reno

Reno, NV  
reno.gov/government/  
departments/parks-recreation-  
community-services/adaptive-  
recreation

**DRIVEN Neurorecovery Center**  
Las Vegas, NV  
drivenLV.org

## New Hampshire

**Adaptive Sports Partners**  
Franconia, NH  
adaptivesportspartners.org

**Granite State Adaptive**  
Mirror Lake, NH  
gsadaptive.org

**Lakes Region Disabled Sports at Gunstock**  
Gilford, NH  
lradaptive.org

**Mount Washington Valley Adaptive Sports**  
Bartlett, NH  
mwvas.org

**New England Disabled Sports**  
Lincoln, NH  
nedisabledpsports.org

**New England Healing Sports Association**  
Newbury, NH  
nehsa.org

**Northeast Passage**  
Durham, NH  
nepassage.org

**Seven Hills Foundation**  
Greenfield, NH  
sevenhills.org

**Waterville Valley Adaptive Sports**  
Waterville Valley, NH  
watervilleadaptive.com

## New Jersey

**Children's Lightning Wheels**  
Mountainside, NJ  
childrens-specialized.org/sports-  
connection

**Navigators Adaptive Sports Club**  
Bayonne, NJ  
navigatorsadaptivesports.com

**The Dented Puck Foundation**  
North Haledon, NJ  
TheDentedPuck.com

**Tri-State Wheelchair Athletic Association**  
Mountainside, NJ  
Tswaa.com

## New Mexico

**Adaptive Sports Program New Mexico**  
Santa Fe, NM  
adaptivesportsprogram.org

**All Season Adaptive Sports**  
Ruidoso, NM  
allseasonadaptivesports.com

**Center of Recreational Excellence (CORE)**  
Hobbs, NM  
Corehobbs.com

## New York

**Able Athletics**  
Scarsdale, NY  
ableathletics.org

**Adaptive Sports Foundation**  
Windham, NY  
adaptivesportsfoundation.org

**American Amputee Soccer Association**  
Stony Brook, NY  
Usampsoccer.org

**Burke Rehabilitation Hospital Adaptive Sports Program**  
White Plains, NY  
burke.org/community/  
adaptiveprograms

**Capital Region Nordic Alliance**  
Albany, NY  
capitalregionnordicalliance.org

**CNY Adaptive Sports**  
Oswego, NY  
cnyadaptivesports.org

**GallopNYC**  
Forest Hills, NY  
gallopnyc.org

**Greater Buffalo Adaptive Sports**  
Hamburg, NY  
sledhockeyfoundation.org

**Greek Peak Adaptive Snowsports**  
Endwell, NY  
gpadaptive.org

**Helen Hayes Hospital**  
West Haverstraw, NY  
helenhayeshospital.org/hospital-  
services/adapted-sports-  
recreation/

**Lounsbury Adaptive Ski Program**  
Ellicottville, NY  
lounsburyadaptive.org

**Para-Cliffhangers, Inc.**  
Brooklyn, NY  
Paraciffhangers.org

**Rochester Accessible Adventures**  
Rochester, NY  
rochesteraccessibleadventures.org

**STRIDE**  
West Sand Lake, NY  
stride.org

**USA Boccia**  
Bay Shore, NY  
Usaboccia.org

**Western NY Watersports**  
Grand Island, NY  
wnyadaptivewatersport.org

**North Carolina ACCESS of Wilmington**  
Wilmington, NC  
accessilm.org

**Bridge II Sports**  
Durham, NC  
bridge2sports.org

**ComMotion- Community In Motion**  
Raleigh, NC  
Commotionnnc.org

**Greensboro Parks & Recreation**  
Greensboro, NC  
greensboro-nc.gov/departments/  
parks-recreation/adaptive-  
inclusive-recreation

**North Carolina Adapted Sports**  
Cary, NC  
ncadaptedsports.org

**Salvage Life**  
Jacksonville, NC  
Salvagelifevi.org

**Unbroken Spirit**  
Bryson City, NC  
Unbrokenspirit.org

**North Dakota Dreams in Motion**  
Mandan, ND  
facebook.com/dreamsinmotioninc

**Prairie Grit Adaptive Sports**  
Minot, ND  
prairiegritsports.com

**Ohio Adaptive Sports Connection**  
Powell, OH  
adaptivesportsconnection.org

**Adaptive Sports Program of Ohio**  
Wooster, OH  
adaptivesportssohio.org

**Cincinnati Tennis Foundation**  
Cincinnati, OH  
CincinnatiTennisFoundation.org

**Rec2Connect**  
Cleveland, OH  
rec2connect.org

**The Bridge Adaptive Sports & Recreation**  
Cincinnati, OH  
Thebridgeadaptive.org

**Three Trackers of Ohio**  
Middleburg Heights, OH  
3trackers.org

**Youth Challenge**  
Westlake, OH  
youthchallengesports.com

## Oklahoma

**Oklahoma Adaptive Sports Association**  
Oklahoma City, OK  
okasa.org

**Oklahoma City Parks & Recreation**  
Oklahoma City, OK  
okc.gov/departments/about-okc-  
parks

**The Center for Individuals with Physical Challenges**  
Tulsa, OK  
tulsacenter.org

**University of Central Oklahoma Center of Adaptive Sports**  
Edmond, OK  
uco.edu/wellness/sr/trainingsite/  
index.asp

## Oregon

**Adaptive Sports Northwest**  
Beaverton, OR  
adaptivesportsnw.org

**Adventures Without Limits**  
Forest Grove, OR  
awlouddoors.org

**Bridge City Inclusive Sports**  
Portland, OR  
BridgeCityInclusive.org

**Oregon Adaptive Sports**  
Bend, OR  
oregonadaptivesports.org

**Pennsylvania Blue Ridge Adaptive Snow Sports (BRASS)**  
Fairfield, PA  
brasski.org

**Envision Blind Sports**  
Mercer, PA  
envisionblindsports.org



**IM ABLE Foundation**  
Wyomissing, PA  
imablefoundation.org

**Pennsylvania Center for Adapted Sports**  
Philadelphia, PA  
centeronline.com

**Three Rivers Adaptive Sports**  
Pittsburgh, PA  
traspa.org

**Two Top Mountain Adaptive Sports Foundation**  
Mercersburg, PA  
twotopadaptive.org

**South Carolina Adaptive Expeditions**  
Charleston, SC  
AdaptiveExpeditions.org

**Clemson Adaptive Sports**  
Clemson, SC  
clemson.edu/cbshs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html

**Grand Strand Miracle Leagues**  
Myrtle Beach, SC  
GrandStrandMiracleLeague.com

**Roger C. Peace Rehabilitation Hospital**  
Greenville, SC  
facebook.com/events/roger-c-peace-rehab-center-greenville-memorial/roger-c-peace-adaptive-sports/763384843997012

**Tennessee Sports, Arts & Recreation of Chattanooga (SPARC)**  
Chattanooga, TN  
sparctn.org

**Texas Ability Skateboarding & Action Sport**  
San Antonio, TX  
AbilitySkateboarding.org

**Kinetic Kids**  
San Antonio, TX  
kinetickidstx.org

**Lone Star Paralysis Foundation**  
Austin, TX  
lonestarparalysis.org

**Morgan's Wonderland Sports**  
San Antonio, TX  
morganswonderlandsports.com/straps

**One Chair at a Time**  
Amarillo, TX  
onechairatotime.org

**RISE Adaptive Sports**  
Irving, TX  
riseadaptivesports.org

**Service Members Undertaking Disabled Sports (SUDS)**  
San Antonio, TX  
sudsusa.org

**Southwest Wheelchair Athletic Association**  
Fort Worth, TX  
Swaasports.org

**Texas Paralyzed Veterans of America**  
Crosby, TX  
texaspva.org

**Texas Parasport**  
Wimberley, TX  
texasparasport.org

**Utah Common Ground Outdoor Adventures**  
Logan, UT  
cgadventures.org

**National Ability Center**  
Park City, UT  
discovernac.org

**Ogden Valley Adaptive Sports**  
Huntsville, UT  
ogdenvalleyadaptivesports.org

**Salt Lake County**  
Midvale, UT  
slco.org/adaptive

**Wasatch Adaptive Sports**  
Snowbird, UT  
wasatchadaptivesports.org

**Vermont Adaptive Sports at Mount Snow**  
West Dover, VT  
adaptiveatsnow.org

**EDD Adaptive Sports**  
Williston, VT  
eddfund.org

**Green Mountain Adaptive Sports**  
Hyde Park, VT  
greenmntadaptive.org

**Kelly Brush Foundation**  
Burlington, VT  
Kbf.org

**Northeast Disabled Athletic Association**  
Burlington, VT  
disabledathletics.org

**Vermont Adaptive Ski & Sports Association**  
Killington, VT  
vermontadaptive.org  
**Warrior Soar**  
Shelburne, VT  
WarriorsSoar.org

**Virginia Adaptive Fitness Legion**  
Fairfax, VA  
AdaptiveFitnessLegion.org

**Adventure Amputee Camp**  
Falls Church, VA  
adventureamputeecamp.org

**American Canoe Association**  
Fredericksburg, VA  
Americancanoe.org

**Lake of the Woods Watersports**  
Locust Grove, VA  
adaptivewatersports.org

**Patriots For Disabled Divers**  
Occoquan, VA  
patriotsfordisableddivers.org

**Pursuit Adaptive Sports and Recreation**  
Alexandria, VA  
Pursuitadaptivesports.org

**Sportable**  
Richmond, VA  
sportable.org

**Therapeutic Adventures**  
Charlottesville, VA  
TAonline.org

**Virginia Amateur Sports**  
Roanoke, VA  
Commonwealthgames.org

**Wintergreen Adaptive Sports**  
Charlottesville, VA  
Wintergreenadaptivesports.org

**Washington Footloose Sailing Association**  
Mercer Island, WA  
footloosedisabledsailing.org

**Outdoors for All Foundation**  
Seattle, WA  
outdoorsforall.org

**ParaSport Spokane**  
Spokane, WA  
parasportspokane.org

**Seattle Adaptive Sports**  
Seattle, WA  
seattleadaptivesports.org

**Washington, D.C. Medstar NRH Adaptive Sports & Fitness Program**  
Washington, D.C.  
medstarnrh.org/sports

**West Virginia Challenged Athletes of West Virginia**  
Snowshoe, WV  
cawwinthevalley.org

**Wisconsin Adaptive Mobility Providers**  
Germantown, WI  
AdaptiveMobilityProviders.org

**Dairyland Sports**  
Madison, WI  
dairylandsports.org

**Paralyzed Veterans of America – WI Chapter**  
Milwaukee, WI  
wisconsinpva.org

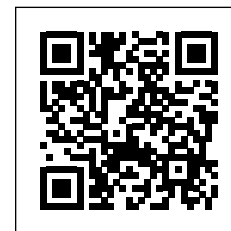
**Southeastern Wisconsin Adaptive Ski Program**  
Cedarburg, WI  
sewaspi.org

**Sports, Therapeutic and Adaptive Recreation (STAR) Association**  
La Crosse, WI  
couleeregionsledhockey.com

**Wauwatosa Curling Club**  
Wauwatosa, WI  
WauwatosaCurlingClub.com

**Wisconsin Adaptive Sports Association (WASA)**  
Brookfield, WI  
wasa.org

**Wyoming Teton Adaptive**  
Teton Village, WY  
tetonadaptive.org



Connect with a program near you.

## Get Outside, Get Active, Get Involved with AMP!

### Wilmont, Wisconsin

After a successful first season building on 25 years of Midwest adaptive sports founded by Adaptive Adventures, Adaptive Mobility Partners (AMP) gears up for a second year of programming.

This winter, we will offer Alpine Ski & Ride at Wilmot Mountain Resort in Wilmot, Wisconsin on Mondays and Wednesdays from December to February.

Check out our calendar for details at [adaptivemobilityproviders.org/calendar](https://adaptivemobilityproviders.org/calendar).

For more information, contact Julie Davis at [julie@AdaptiveMobilityProviders.org](mailto:julie@AdaptiveMobilityProviders.org) or call 847-828-9793.

## Take Part in 15th Annual Sleds Are Coming Event

### Lake Forest, Illinois

Join GLASA for the 15th Annual Sleds Are Coming event featuring our competitive sled hockey program and 2025 Adult Tier III National Champions for an exhibition sled hockey game at the Alumni Memorial Fieldhouse & Ice Rink at Lake Forest College in Lake Forest, Illinois. This event will take place on February 1, 2026, is open to the public, and admission is free.

Sleds Are Coming brings the community together to watch and cheer on this talented group of athletes. The GLASA Falcons are currently recruiting for their youth program and practice weekly during the fall and winter months. Contact Sr. Program Manager, Mac Stevenson at [MStevenson@GLASA.org](mailto:MStevenson@GLASA.org) for more information about the sled hockey program.

Mark your calendars for February 1 and join us to see these athletes in action! GLASA also has over 20 programs



running throughout the year and a calendar packed with sports and programs from the beginner level athlete to elite level athlete including para pickleball, archery, swim, track & field, boccia, and many more! Check out the GLASA calendar by visiting [GLASA.org/calendar](https://GLASA.org/calendar).

For more information about GLASA programs and events, email [info@GLASA.org](mailto:info@GLASA.org).

## Mountain | Around the Country

## Sign Up for an Adaptive Ski Camp

### Alta, Wyoming

Valley Adaptive Sports and Grand Targhee Resort Mountain Sports School, in collaboration with Teton Adaptive, are hosting the 2026 Third Annual MLK Weekend Adaptive Ski Camp.

Whether you are new to skiing or an experienced skier looking to explore the mountain, this camp is for you. Grand Targhee Resort has some of the best terrain to progress your skiing skills. Steeps, bumps, trees, smooth beginner slopes, and that "Targhee vibe" make this resort a unique



opportunity to get out and ski with our staff and volunteers. This camp is for all abilities.

Visit [valleyadaptivesports.org](https://valleyadaptivesports.org) to sign up and find the details.



## Experience the Joy of Outdoor Adventure with ASA

### Durango, Colorado

At Adaptive Sports Association (ASA) in Durango, Colorado, we believe everyone deserves the chance to experience the joy of outdoor adventure. That's why we proudly offer year-round recreational opportunities designed for people with disabilities, regardless of financial limitations. Our programs foster learning, growth, and self-confidence while creating lasting memories in the outdoors.

Winter brings the thrill of downhill skiing, with individualized instruction, adaptive equipment, and lift tickets. For those looking for an immersive experience, our Learn to Ski Scholarship provides

four full days of one-on-one snow sport instruction, lift tickets, all necessary gear, five nights of lodging, meals, and transportation to, from, and around Durango.

When the snow melts, the adventure continues. Our Learn to Ride Scholarship gives participants the chance to gain skills and confidence on a mountain bike while enjoying the beauty of Durango. Applications for this scholarship open at the beginning of the year.

Be sure to sign up for our newsletter so you don't miss out! To learn more about ASA's programs or to get involved, call us at 970-259-0374 or email [program@asadurango.com](mailto:program@asadurango.com).

Adventure is waiting, come join us!



## Ski and Snowboard with Common Ground Outdoor Adventures

### Logan, Utah

Common Ground Outdoor Adventures (CGOA) in Logan, Utah looks forward to getting people outdoors and enjoying the snow this winter/spring! As we transition from our summer activities of cycling, canoeing, rafting, and camping, our participants are excited to hit the slopes of Beaver Mountain with our adaptive skiing and snowboarding lessons. For those a little less keen on the cold, we continue to provide snowshoeing, rock climbing, ice skating, archery, and crafts. CGOA has stayed true to our mission of giving individuals of all abilities the opportunity to participate in recreational activities. This winter we have three multiday trips planned — two for our veterans to go skiing and our most popular trip of the year, dogsledding in Jackson, WY. Contact the organization at (435) 713-0288, [info@cgradventures.org](mailto:info@cgradventures.org), or [cgradventures.org](http://cgradventures.org) for more information.



## Enjoy the Thrill and Freedom of Winter Sports Whitefish, Montana

Nestled in the mountains of northwest Montana, DREAM Adaptive Recreation empowers individuals with disabilities to experience the thrill and freedom of winter sports. Our adaptive alpine ski and snowboard program, based at Whitefish Mountain Resort, provides personalized lessons with trained instructors, specialized equipment, and a welcoming community that fosters independence and confidence on the slopes. From first turns to advanced terrain, participants of all ages and abilities are supported in reaching their goals.

DREAM also offers adaptive Nordic skiing at the Whitefish Lake Golf Course, where wide, groomed trails and expert guidance create an accessible environment for classic and skate skiing. Through inclusive instruction, participants discover the joy of gliding through snowy landscapes while building strength, balance, and resilience.

This winter, DREAM continues its mission of breaking down barriers and creating life-changing outdoor experiences. Whether carving down alpine trails or exploring serene Nordic tracks, our programs open the door for individuals with disabilities to connect with nature, build skills, and share in the camaraderie of winter recreation in northwest Montana. Learn more at [dreamadaptives.org](https://dreamadaptives.org).



## Join Ignite Adaptive's Winter Snow Sports Programs Nederland, Colorado

Ignite Adaptive Sports in Boulder County, Colorado, located at Eldora Mountain Resort, invites athletes to experience the thrill of adaptive snow sports from January 1, 2026, to March 29, 2026!



Our programs offer personalized lessons in skiing and snowboarding for all abilities, fostering independence and joy on the slopes. Whether you're a beginner or a seasoned athlete, our dedicated instructors and volunteers ensure a safe, inclusive environment at Eldora Mountain Resort. With tailored instruction and adaptive equipment, we empower every athlete to conquer the snow in their own way.

Join our vibrant community for a winter season of growth, connection, and exhilaration. Ready to glide into action? Contact [scheduler@igniteadaptivesports.org](mailto:scheduler@igniteadaptivesports.org) or visit [igniteadaptivesports.org](https://igniteadaptivesports.org) to register and explore our programs. Let's ignite your spirit.

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## National Sports Center for the Disabled (NSCD) Winter Adventures

### Empire, Colorado

The National Sports Center for the Disabled (NSCD) invites adults with disabilities to experience an unforgettable Colorado winter. Choose from an all-inclusive four-day ski retreat or design your own group adventure. All skill levels welcome! Equipment, lift tickets, instruction, lodging, meals, and transportation are available.

Custom group experiences take place all winter season for organizations or groups of five or more participants with disabilities. Single or multi-day options can include lodging, meals, plus winter activities selected by the group. Choices range from Alpine or Nordic skiing to fat-tire biking, snow tubing, or indoor rock climbing. Snowman building and snowball fights are complimentary! Lodging can include Snow Mountain Ranch or accessible cabins at Rocky Mountain Village in Empire, with multiple sizes and amenities to fit group needs.

SCI ski retreats take place February 17–20 and April 10–13 for adults 18+ with a spinal cord injury. These four-day



getaways feature 2½ days of skiing, evening activities, and lodging while participants build skills, independence, and sense of community amid the beauty of the Colorado Rockies.

Both offer Denver and Golden pick-up/drop-off. Caregivers may participate at a reduced rate. Learn more at [NSCD.org](https://www.nscd.org)!

## Enjoy Winter in the San Juan Mountains

### Telluride, Colorado



The Telluride Adaptive Sports Program (TASP) invites athletes of all abilities to enjoy winter in the San Juan Mountains. From December to early April, TASP offers daily adaptive ski and snowboard lessons, welcoming first-time participants and seasoned athletes alike. Our certified instructors and dedicated volunteers work one-on-one with

individuals to create safe, fun, and personalized experiences on the mountain.

In addition to daily lessons, TASP hosts multi-day winter camps and special group programs designed for schools, veteran organizations, and partner groups nationwide. Each camp and group visit is tailored to meet the specific goals, needs, and abilities of participants, ensuring every athlete has the opportunity to succeed.

With a wide range of customizable experiences, TASP also provides access to Nordic skiing, snowshoeing, and other winter adventures.

Now celebrating our 30th anniversary, TASP continues its mission of creating an environment where limits get left behind, confidence takes the lead, and winter is one big adventure.

This winter, come discover what's possible with TASP! To register for lessons, join a camp, or learn how to get involved, visit [tellurideadaptivesports.org](https://tellurideadaptivesports.org).



## Greek Peak Adaptive Snowsports Changing Lives on the Slopes!

Cortland, New York

Greek Peak Adaptive Snowsports (GPAS) is a fast-growing adaptive ski program based at Greek Peak Mountain Resort in Cortland, New York. At GPAS, we are dedicated to making winter sports accessible to individuals with physical and cognitive differences, from six years of age and up.

Founded in 1974, we are one of the longest running adaptive ski programs in the country. GPAS partners with volunteers, families, and Greek Peak staff to provide a safe, supportive, and fun environment for all. We tailor every lesson to the individuals' personal needs and abilities. Equipment such as sit-skis, sliders, outriggers, and other adaptive gear help ensure safety and success on the slopes.

This year, our program runs from Saturday, January 3 to Sunday, March 8. We also provide weekday lessons when needed. Our instructors receive extensive training in adaptive techniques, and we work closely with Greek Peak Ski Patrol to ensure that safety protocols are adhered to. GPAS fosters confidence, independence, and community and opens the door to adventure and encourages personal growth!

For more information, visit our website at [gpadaptive.org](http://gpadaptive.org), email us at [gpasconnect@gmail.com](mailto:gpasconnect@gmail.com), or call (607) 288-2176.



## The Vermont Sledcats are Eager for a New Season on Ice

Burlington, Vermont

The VT Sledcats — one of the nation's longest continuously running sled hockey programs — are eager to start their 2025-26 season of sled hockey.

Sledders with disabilities, volunteers, coaches, and friends are looking forward to a new season of sled hockey in the Green Mountain State. We are also really excited about welcoming inexperienced players to the greatest game on ice.

The Sledcats started in 2003 and have been playing sled hockey, leading clinics, and enjoying the game of hockey for over twenty years. Players with cerebral palsy, amputations, or spinal cord injuries have been able to participate in this great winter sport.

The Vermont Sledcats welcome everyone to participate in their sled hockey practices. Our sessions are designed to be inclusive, regardless of your skill level, age, interest, or physical ability. Whether you are a seasoned athlete, a newcomer to the sport, or simply curious about sled hockey, you are encouraged to join us.

Practices are held on Sunday afternoons from 3 - 4 p.m. at Cairns Arena in South Burlington, Vermont starting in December. For more information, visit [disabledathletics.org](http://disabledathletics.org).

## Winter Sports with STRIDE

Hancock, Massachusetts; Hillsdale, New York; and Malone, New York

STRIDE Adaptive Sports, recognized as one of the leading adaptive sports programs in the northeastern United States and dedicated to empowering individuals through life-changing sports and recreation initiatives, is proud to announce its winter sports schedule.

With programming for all ages, STRIDE offers adaptive lessons every weekend of the season and on weekdays by request at Jiminy Peak in Hancock, MA; Catamount in Hillsdale, NY; and Titus in Malone, NY.

Our volunteer coaches provide lessons to individuals with developmental, intellectual, and/or physical disabilities. Private adaptive lessons lasting 2.5 hours include specialized equipment and rentals. Lessons cover mono-ski, bi-ski, ski-bike, visual or hearing impairments, 2-track intellectual disabilities, 3-track, 4-track, and adaptive snowboarding.

Advanced reservations are required! All details can be found at [stride.org/ski-snowboard](http://stride.org/ski-snowboard).

## Take Part in All Starz Adaptive Field Hockey

### Bedford, New York



Able Athletics' All Starz Adaptive Field Hockey program will return this Winter, offering a six-week season of inclusive field hockey for athletes with physical and developmental disabilities. The program is built around

creating a structured and supportive environment where athletes of all abilities can explore the game, strengthen fundamental skills, and participate in team-based play. Adapted equipment, visual supports, and guidance from trained volunteers and therapists are available to support each athlete's individual needs.

The Winter 2026 season will take place on Sundays from January 4 to February 8, with sessions held from 10 – 10:45 a.m. at Rippowam Cisqua School in Bedford, NY. Athlete and volunteer registration is now open.

Looking ahead, Able Athletics will also take part in the National Indoor Tournament (NITs) following the season, in partnership with USA Field Hockey and the All Starz program. This national-level opportunity provides an inclusive competition experience in Manheim, PA, centered on community, connection, and adaptive play. The event will offer athletes a meaningful chance to engage with the sport beyond the local season. Learn more at [ableathletics.org](https://ableathletics.org).

## Join AOEC for a Wintry Maine Adventure

### Carrabassett Valley & Brunswick, Maine

Adaptive Outdoor Education Center (AOEC) offers a wide range of winter activities. Whether you are looking for a wintry Maine adventure, a new experience, or connection, we have something for everyone!

#### February 25-28: AOEC x Paralyzed Veterans of America 2026 Winter Clinic

We are excited for this new collaboration, offering adaptive Nordic and alpine skiing, yoga, guest speakers, and a stay at our beautiful lodge in Carrabassett Valley, ME.

#### Horizons Ski Program

At six mountains in Maine (Sugarloaf, Saddleback, Camden Snow Bowl, Black Mountain, New Hermon, and BigRock) — this program is tailored toward individuals with neurodivergence and varying developmental abilities.

#### Fully Accessible Lodging

Looking to host a retreat, clinic, or awesome vacation? Our AOEC Carrabassett Valley location offers fully accessible, low-cost lodging options just one mile from the Sugarloaf access road! We're always happy to help plan an unforgettable getaway in the Western mountains of Maine!



#### Adaptive Gear Library

Our Adaptive Gear Library features a catalogue of adaptive sports equipment and mobility aids available for rent, including adaptive ski equipment. Visit our website to browse our offerings!

To learn more about upcoming programs and to register, please visit [adaptiveoutdoorededucationcenter.org/calendar](https://adaptiveoutdoorededucationcenter.org/calendar) or email [infoAOEC@gmail.com](mailto:infoAOEC@gmail.com).

## Snowshoeing, Skiing, and Snowboarding at Mount Sunapee

Newbury, New Hampshire

New England Healing Sports Association (NEHSA) is gearing up for another fantastic season at Mount Sunapee in Newbury, New Hampshire. This winter, NEHSA will be offering adaptive ski, snowboard, and snowshoe lessons seven days a week starting December 27 and running through the last week of March (pending snow conditions). NEHSA provides a welcoming environment for individuals of all abilities with our trained instructors to help you have an enjoyable and safe day on the mountain. So whether you're a seasoned snow enthusiast or looking to try something new this winter, NEHSA's adaptive lessons offer an inclusive and fun way to embrace the snowy season. Lessons are by registration only, so secure your spot today!

As always, NEHSA is actively recruiting both on and off snow volunteers to help with all our winter programs. Volunteer schedules are extremely flexible!

For more information and to get involved, contact us at [info@nehsa.org](mailto:info@nehsa.org), call us at 603-763-9158, or visit our website at [nehsa.org](http://nehsa.org).



## Hit the Slopes with New England Disabled Sports This Winter

Lincoln, New Hampshire

New England Disabled Sports (NEDS) is offering adaptive skiing, snowboarding, Nordic skiing, and snowshoeing for athletes of all abilities in the 2025–2026 winter season. Programs are designed to provide a safe, fun, and inclusive environment, breaking down barriers to winter sports.

This season, NEDS is proud to support athletes with spinal cord injuries, spina bifida, multiple sclerosis, and veterans with disabilities access to all winter programs at no cost, thanks to generous community support. Expert instructors and adaptive equipment ensure every participant can enjoy the slopes, trails, and snow-covered landscapes, whether it's their first lesson or they're returning for more.

From carving down the mountain to exploring Nordic trails or snowshoeing through serene winter forests, NEDS makes winter adventure possible for everyone. Join us this season and experience the thrill of adaptive winter sports in a welcoming, boundary-free environment.

Learn more and register at [nedisabledsports.org](http://nedisabledsports.org).





## Carve Down the Mountain with PCAS

Tannersville, Pennsylvania



Get ready! Ski season is coming soon! Each weekend from January through mid-March, Pennsylvania Center

for Adapted Sports (PCAS) heads to Camelback Mountain Resort in Pennsylvania to offer weekend ski and snowboard lessons designed for people with disabilities. Whether it's your first time skiing or snowboarding, there's nothing like the feeling of carving down the hill under your power.

Participants are matched with instructors who specialize in adaptive techniques like mono-ski, bi-ski, 3-track, 4-track, and guided skiing for people with visual impairments. Every skier is fitted with the right equipment before their lesson begins.

This program is open to individuals aged six and up. Whether you're hitting the slopes for the first time or returning for another season, this is your chance to be part of something unforgettable. For more information, email [Ski@centeronline.com](mailto:Ski@centeronline.com).

## Vermont Adaptive Expands Statewide with Two New Locations

### Multiple Locations, Vermont

Vermont Adaptive Ski and Sports enters the 2025-2026 winter season with exciting news: we have two new program locations — Bromley Mountain and Stratton Mountain Resort — following the completed merger with Bart Adaptive Sports, uniting resources, volunteers, and adaptive equipment to strengthen statewide access to inclusive outdoor recreation.

Now operating at resorts from north to south across Vermont — Pico Mountain, Killington Resort, Sugarbush Resort, Bolton Valley Resort, Salskadena Six Ski Area, Bromley Mountain, and Stratton Mountain Resort — Vermont Adaptive offers one of the most comprehensive networks for adaptive skiing and snowboarding in the region. This expansion means more choices, shorter travel times for many, and new terrain to explore for athletes of all abilities. With fresh programming, new team members, and increased capacity, Vermont Adaptive continues to lead the way in inclusive sports and recreation.

Winter programs are offered daily throughout the state for people with physical, cognitive, developmental, and emotional/behavioral disabilities. A strong scholarship program is offered to break down financial barriers and allow for everyone to experience winter adventures. For more information and reservations, visit [vermontadaptive.org](https://vermontadaptive.org).



Photo by Eileen Sawyer

## Play in 10th Annual Big Peach Slam Jam Tournament

### Cartersville, Georgia



BlazeSports America is proud to present the extra special 10th Annual Big Peach Slam Jam, sanctioned by the National Wheelchair Basketball Association (NWBA) and sponsored by the Atlanta Hawks, happening January 2–4,

2026, at LakePoint Sports in Cartersville, GA. Recognized as one of the largest junior wheelchair basketball tournaments in the nation, Big Peach brings together nearly 500 athletes from across the country to compete in Varsity, JNIT, Prep, Prep NIT, and Women's divisions.

What began a decade ago has grown into a signature event that not only showcases elite athletic talent but also highlights inclusion, community, and the growth of adaptive sports, celebrating resilience, teamwork, and opportunity. Athletes, families, and fans alike come together for an unforgettable weekend filled with fast-paced competition and championship-level play.

Whether you want to help volunteer or watch some incredible wheelchair basketball athletes compete, this event is free for spectators! Save the date and join us January 2–4, 2026, in Cartersville, GA. To learn more, visit [blazesports.org/bigpeach](https://blazesports.org/bigpeach).

## Shifting Gears United Kicks Off Adaptive Snorkeling

### Tequesta, Florida

We are thrilled to announce the launch of our groundbreaking program, Waves of Freedom Snorkeling, tailored specifically for individuals with spinal cord injuries (SCI). This innovative initiative marks a first in our community, promoting inclusivity and exploration of the underwater world.

At Shifting Gears United (SGU), our certified trainers are dedicated to providing personalized, one-on-one support to ensure participants feel safe and comfortable in the water. Our program will feature monthly clinics at diverse locations, allowing participants to experience the stunning beauty of marine life while also engaging in efforts to clean up our waterways.

Waves of Freedom Snorkeling is designed to be accessible for individuals of all abilities, and we warmly encourage those with SCI to embrace this unique opportunity. Our next clinic date is scheduled for November 7, 2025.



For further details on registration, please contact Jacqui Kapinowski at [Jacqui@ShiftingGearsUnited.org](mailto:Jacqui@ShiftingGearsUnited.org) or call 561-831-8887. Join us in this exciting new adventure and discover the wonders of the ocean!

## Adaptive Sports and Limitless Opportunities at Sportable Richmond, Virginia

Sportable is proud to offer a wide range of adaptive sports opportunities that empower athletes of all abilities to push limits, build community, and discover what's possible.

Athletes can take the court in youth and adult wheelchair basketball, test their agility and strategy in wheelchair tennis, or experience the speed and teamwork of wheelchair rugby. Those looking for adventure can reach new heights with rock climbing, while cyclists across the country can train and connect through our advanced cycling program, offered virtually.

The Sportable Virginia Adaptive Sports Festival returns January 31, 2026. This event is the East Coast's largest exposition of sports, recreational, and wellness opportunities for individuals with disabilities.

Taking place on four courts at the Henrico Sports & Events Center, the accessible and inclusive experience day will provide the opportunity to try sports equipment adapted for individuals of all ages with limited mobility, physical disabilities, and visual impairments.

Adaptive sports, including archery, boccia, cycling, goalball, wheelchair lacrosse, pickleball, racing, rowing,



wheelchair rugby, and tennis will be showcased through demonstrations, exhibitions, pickup games, and skills clinics. Simultaneously, the venue's adjacent four courts will feature the River City Classic Wheelchair Basketball Tournament. Over 20 wheelchair basketball teams will compete January 31 - February 1.

Learn more and get in the game at [Sportable.org](https://Sportable.org).

## USWRA Has Action-Packed Rugby Activity

Jacksonville Florida; Birmingham, Alabama; and Milwaukee, Wisconsin



The United States Wheelchair Rugby Association (USWRA) is gearing up for an action-packed 2026 postseason. The road to the National Championship begins with two thrilling Semifinals tournaments. The first will be hosted by the Brooks Bandits in Jacksonville, Florida, from February 27 through March 1. Just two weeks later, postseason excitement continues as WASA/CKRI Lightning welcomes teams to Milwaukee, Wisconsin for the second Semifinals tournament, taking place March 13-15.

The postseason culminates in the highly anticipated National Championships, set for April 9-12, 2026, at the renowned Lakeshore Foundation in Birmingham, Alabama. This world-class facility has a rich history of hosting elite adaptive sports competitions and will once again provide the perfect stage for wheelchair rugby's best.

Eighteen of the nation's top teams will battle for the coveted title, with three competitive divisions of six teams each striving for ultimate glory.

Fans can expect intense matchups, remarkable athleticism, and inspiring displays of teamwork and determination.

Whether you're a longtime supporter or new to the sport, the USWRA postseason offers a chance to witness wheelchair rugby at its highest level. Mark your calendars and join the excitement as the quest for the 2026 National Championship unfolds. Learn more at [uswra.org](https://uswra.org).



## Achieve Tahoe Now Offering Adaptive Snowsports at Four Tahoe Ski Areas!

### Tahoe, California

Achieve Tahoe provides a wide range of year-round adaptive sports programs designed to support individuals with disabilities. This winter, our snow sports program is now available at Palisades, Alpine, Northstar, and Mt. Rose. We offer adaptive ski and snowboard lessons for all skill levels and abilities, using specialized teaching techniques and adaptive equipment to accommodate just about anyone with any disability.

Our mission is to help each individual build independence through recreation by focusing on their abilities. Every session includes adaptive instruction, specialized equipment, and access to the ski area. Activities are

designed to be appropriately challenging while emphasizing fun and personal growth.

Achieve Tahoe is committed to making these programs accessible to all. By offering winter programming at four ski areas, we are truly creating a more inclusive ski culture in the Tahoe region. Discounts and fully funded lessons are available to those impacted by the rising costs of adaptive recreation.

Don't miss your chance to create lasting memories in the Sierras this season. For more details or to register, visit [achievetahoe.org](http://achievetahoe.org) or call (530) 581-4161.

## Exciting Winter Season Awaits You in the Pacific Northwest Oregon and Southwest Washington State

Adaptive Sports Northwest is gearing up for an exciting winter season of adaptive sports in Oregon and Southwest Washington. From December 2025 through April 2026, athletes can join weekly practices in wheelchair basketball, swimming, goalball, archery, and power soccer.

Wheelchair basketball will be in full swing, with youth and women's programs welcoming players of all levels. Our women's team will compete locally and regionally, capped by a trip to the 2026 NWBA Championship Series in March. In February, ASNW is proud to host the Goalball Cascade Classic, a signature tournament drawing athletes from across the country. Power soccer athletes will have opportunities to compete in a regional tournament and play

recreationally throughout the season. Meanwhile, our youth swimming team will be training toward spring competitions, and for multi-sport athletes, track & field and archery will launch with clinics to kick off the outdoor season.

We'll also offer several Try-It Days, inviting new participants to discover adaptive sports in a supportive, low-pressure environment. Beyond local and regional events, ASNW athletes will travel to national competitions in both wheelchair basketball and goalball, showcasing their skills on the big stage.

For the latest program details, visit [adaptivesportsnw.org](http://adaptivesportsnw.org).

## The Unrecables are Looking for Skiers and Snowboarders Mammoth Mountain, California



The Unrecables are a non-profit organization dedicated to helping adults with mental and physical disabilities enjoy skiing and snowboarding on the slopes of Mammoth Mountain in California. No prior skiing or snowboarding experience is necessary.

Our trips are scheduled once a month (on weekends – Sat/Sun) from January through June: January 24-25, February 21-22, March 21-22, April 18-19, May 16-17, and June 6-7. For our members (\$50/annual dues), there is no charge for adaptive ski equipment, ski or snowboard lessons, or lift tickets. We also welcome volunteers to help shadow our athletes on the mountain as well as volunteer ski and snowboard instructors.

For further information, go to the Trips section of our website at [unrecables.org](http://unrecables.org) or contact our membership director John Gray at [jcgraydpt@gmail.com](mailto:jcgraydpt@gmail.com).

## Have Fun at Angel City Sports Youth Weekend

### Los Angeles, California

Get ready for a weekend of fun, friendship, and new possibilities! Angel City Sports is thrilled to announce our annual 2026 Youth Weekend, a two-day celebration designed to introduce kids with physical disabilities or visual impairments to the world of adaptive sports. From trying out new activities to connecting with other families, it's all about discovering what's possible, on and off the court. Families and friends are encouraged to come out, cheer, and join in the fun!

Mark your calendars for March 21-22, 2026, spread the word, and join us for this unforgettable experience. And the best part? Youth Weekend is just one piece of what we do. Angel City Sports hosts monthly clinics for youth, adults, and veterans, creating year-round opportunities to play, grow, and belong.

We're also powered by an incredible volunteer community, so whether you love sports or just love supporting others, there's a place for you. Check out our full calendar and learn how to get involved at [angelcitysports.org/calendarofevents](https://angelcitysports.org/calendarofevents).

Come be part of the movement where sports are for everyBODY!



Photo by Timothy Kwon

## Arizona Disabled Sports Invites You to SkiAble

### Flagstaff, Arizona

In collaboration with High Country Sports and Breckenridge Outdoor Education, Arizona Disabled Sports invites you to Flagstaff, Arizona, for SkiAble, February 1-3, 2026! Join us for three days of adaptive snow sports in the beautiful mountains of Flagstaff! Our highly skilled instructors will bring all the adaptive equipment needed for a great lesson in adaptive skiing or snowboarding. Snowbowl even makes the snow if Mother Nature doesn't cooperate! You will get a chance to put your new skills to work and enjoy the slopes. Learn more and register at [arizonadisabledsports.com](https://arizonadisabledsports.com).



## Collegiate Wheelchair Basketball Championships Scheduled

### Tucson, Arizona

The University of Arizona Adaptive Athletics is a dynamic wheelchair and adaptive sports community. And for the first time ever, the collegiate wheelchair basketball championships will be hosted by the University of Arizona from March 30 to April 4, 2026.

Both men and women's team will be playing on the iconic McKale Center court. Seventeen teams will play 23 games to crown both a men's and women's champion. For additional details reach out to Peter Hughes at [Pthughes@arizona.edu](mailto:Pthughes@arizona.edu) or visit [adaptiveathletics.arizona.edu](https://adaptiveathletics.arizona.edu).

## QUATTRO Microprocessor Knee Heightens Cycling Fun

From City Streets to Mountain Peaks – QUATTRO Takes Cycling to the Next Level! Meet Jim, an avid cyclist who doesn't let anything slow him down—not even borders! With his QUATTRO Microprocessor Knee, Jim has conquered roads and trails across the globe, embracing adventure with every ride.

Have you activated Cycling Mode yet? With the latest 3.5.0 firmware update, QUATTRO delivers even smoother transitions, stability, and efficiency for every pedal stroke. If you haven't updated yet, reach out to your prosthetist!

For more information, visit [proteor.com](http://proteor.com).



## Dinger and Partial-Hand Prostheses

Naked Prosthetics engineers functional, high-quality finger and partial-hand prostheses that get end-users back to work and activities of daily living. We partner with Certified Prosthetists, therapy practitioners, physicians, and surgeons to facilitate our innovative devices — the PIPDriver, MCPDriver, ThumbDriver, and GripLock Finger. Established in 2010 and acquired by Össur in 2022, the company uses advanced technology and expert engineering to offer personalized solutions that help restore hand function. To learn more, visit [npdevices.com](http://npdevices.com).



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The ALPS® Reinforced Flex Sleeve (RFX®) delivers the durability and freedom of movement today's active users' demand. Its 30° pre-flexion profile promotes a more natural stride during high-energy activity, while the internal reinforcement layer strengthens the sleeve at the socket trim line for long-lasting wear. With OptiGel cushioning and advanced knitted fabric, the RFX® provides dependable suspension, comfort, and stability—ideal for users who go hard, every day.

For more information, visit [easyliner.com](http://easyliner.com).

## Fillauer's Black Iron Trainer Pivot

The TRS Black Iron Trainer is the world's most popular weight training prosthetic accessory. The Black Iron Trainer Pivot provides 32 degrees of friction adjustable freedom for added versatility, safety and control over barbells, dumbbells, and other weight training equipment.

For more information, visit [fillauer.com](http://fillauer.com).







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