



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular

December 8-11, 2025

Clinic Summary Notes

Clinic Title: Multi-discipline Adaptive Class Lessons for Fun and Function – Scott Giffin
scottgif1@gmail.com

1. Consider how to manage group to safely load, ride, and unload chairlifts. Who may require assistance and who can provide it.
2. Consider how to combine student-based goals to create lesson plans that address the needs of the group.
3. Focus on similarities of movement patterns between different equipment users and how highlighting these can provide all students with a higher understanding of the skills involved.
 - a. Alpine Fundamentals
 1. Control the relationship of the center of mass to the base of support to direct pressure along the length of the skis.
 2. Control pressure from ski to ski and direct pressure toward the outside ski.
 3. Control edge angles through a combination of inclination and angulation.
 4. Control the skis' rotation with leg rotation, separate from the upper body.
 5. Regulate the magnitude of pressure created through ski/snow interaction.





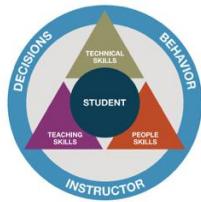
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b. The Learning Connection



4. See PSIA-AASI's *Adaptive Alpine Technical Manual* A free digital copy can be found at <https://thesnowpros.org/education/digital-manuals-for-every-discipline/>
5. For Adaptive Demonstration Equivalencies, see *Adaptive Alpine Standards Exam Supplement* at https://thesnowpros.org/wp-content/uploads/2025/01/PSIA-Adaptive-Alpine-Exam-Supplement-Final-6.4.14.pdf?rt=MXwxfGFkYXB0aXZlIGFscGluZSBzdGFuZGFyZHMgZXhhbSBzdXBwbGVtZW50fDE3NTc2OTkzNDk&rt_nonce=3b5a90d7ce