



Ski Spectacular Instructor Academy

Hosted by The Hartford Ski Spectacular
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Clinic Summary Notes

Clinic Topic: Stand-up Skier Tethering Basics - Trevor Hildebrand hildetf@gmail.com

1. Manage your tethers before you do anything else or they will get you into trouble.
2. Focus on the athlete experience.
3. Build skills and use tethers as a teaching tool.
4. Permanent use of tethers should be reserved for when the athlete doesn't possess a required skill that cannot be developed to independently navigate safely down the hill.
5. Use the terrain to your advantage and don't apply braking maneuvers to the bi-ski and student the whole time - let them ski!