

2026 GUMBO Delta Sanctioned Meet

The 2026 GUMBO Delta Games include track & field competition for youth & adults, including veterans with physical, visual, hearing or intellectual impairments. This meet is sanctioned by Move United giving athletes a chance to qualify for Nationals in July (Michigan).



(Examples: amputee, cerebral palsy, stroke, traumatic brain injury, spina bifida, spinal cord injury, muscular dystrophy, arthrogryposis, dwarfism, blindness, visual, hearing, intellectual impairment, etc.)

**MOVE
UNITED**
SANCTIONED
COMPETITION

GUMBO Delta Sanctioned Meet Friday, March 20, 2026

**Bastrop High School
402 Highland Ave.
Bastrop, LA 71220**

**Registration Required by
March 6, 2026**



La. GUMBO Inc.

Racing Events: 20m, 60m, 60m weave, 100m, 200m, 400m, 800m, 1500m
Field Events: discus, shot put, javelin, club, long jump

For more information contact: Pam Carey 1-800-259-7200 or carey33452@aol.com

Athletes Register online at [2026 GUMBO DELTA](#)

Coaches, Officials & Volunteers register at [2026 GUMBO Delta Demographic & Waivers](#)

GUMBO Website: <https://sites.google.com/site/louisianagumboinc/gumboregistration>