

# 2026 GUMBO Delta Sanctioned Meet

The 2026 GUMBO Delta Games include track & field competition for youth & adults, including veterans with physical, visual, hearing or intellectual impairments. This meet is sanctioned by Move United giving athletes a chance to qualify for Nationals in July (Michigan).



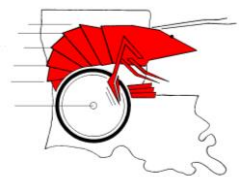
*(Examples: amputee, cerebral palsy, stroke, traumatic brain injury, spina bifida, spinal cord injury, muscular dystrophy, arthrogryposis, dwarfism, blindness, visual, hearing, intellectual impairment, etc.)*



## **GUMBO Delta Sanctioned Meet Friday, March 20, 2026**

**Bastrop High School  
402 Highland Ave.  
Bastrop, LA 71220**

**Registration Required by  
March 6, 2026**



**La. GUMBO Inc.**

Racing Events: 20m, 60m, 60m weave, 100m, 200m, 400m, 800m, 1500m  
Field Events: discus, shot put, javelin, club, long jump

For more information contact: Pam Carey 1-800-259-7200 or [carey33452@aol.com](mailto:carey33452@aol.com)

Athletes Register online at [2026 GUMBO DELTA](#)

Coaches, Officials & Volunteers register at [2026 GUMBO Delta Demographic & Waivers](#)

GUMBO Website: <https://sites.google.com/site/louisianagumboinc/gumboregistration>