

Move United Cover page mandatory





Mass General Brigham

Spaulding Rehabilitation

Adaptive Sports Centers

Clinic to Community:

Building Adaptive Sports Pathways in Rehabilitation & Education

Kathleen Salas, PT, MHA
Jennifer Packard, MSOT

Move United April 2026



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Spaulding Adaptive Sports Centers

Who we are.



Kathleen Salas, PT, MHA

Boston Manager
Ski & Ride Club Coordinator
Liaison for Veteran Programs

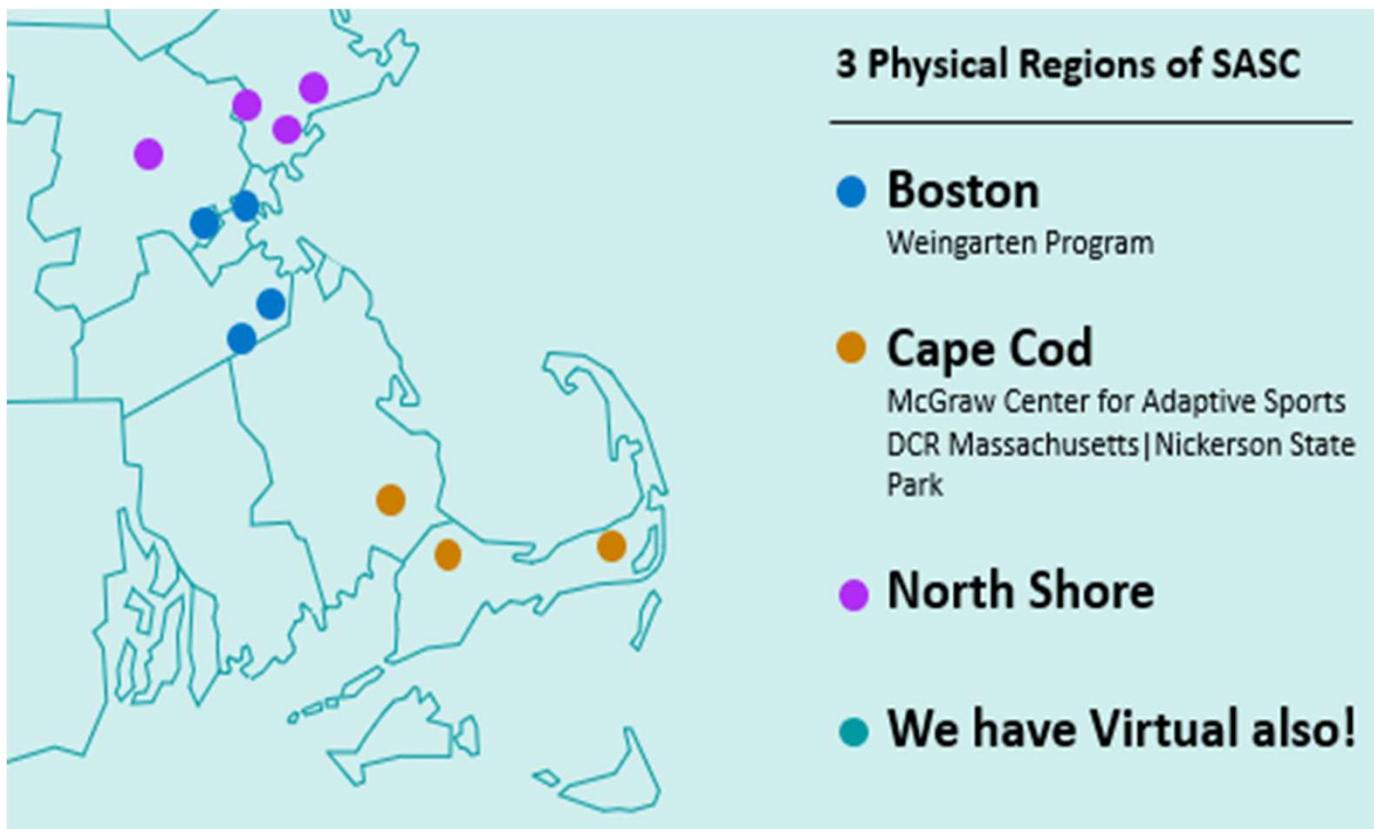


Jennifer Packard, MS OT

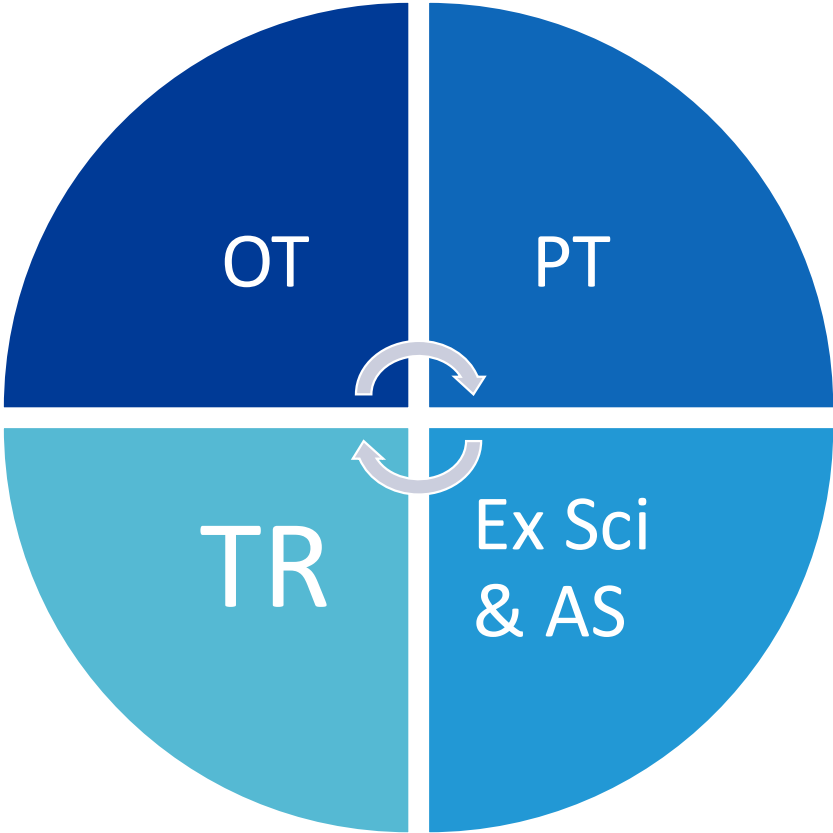
- North Shore Coordinator
- Clinical Occupational Therapist



Spaulding Rehabilitation Adaptive Sports Centers (SASC)



SASC Foundations



Adaptive Sports Centers

Nice to meet you!

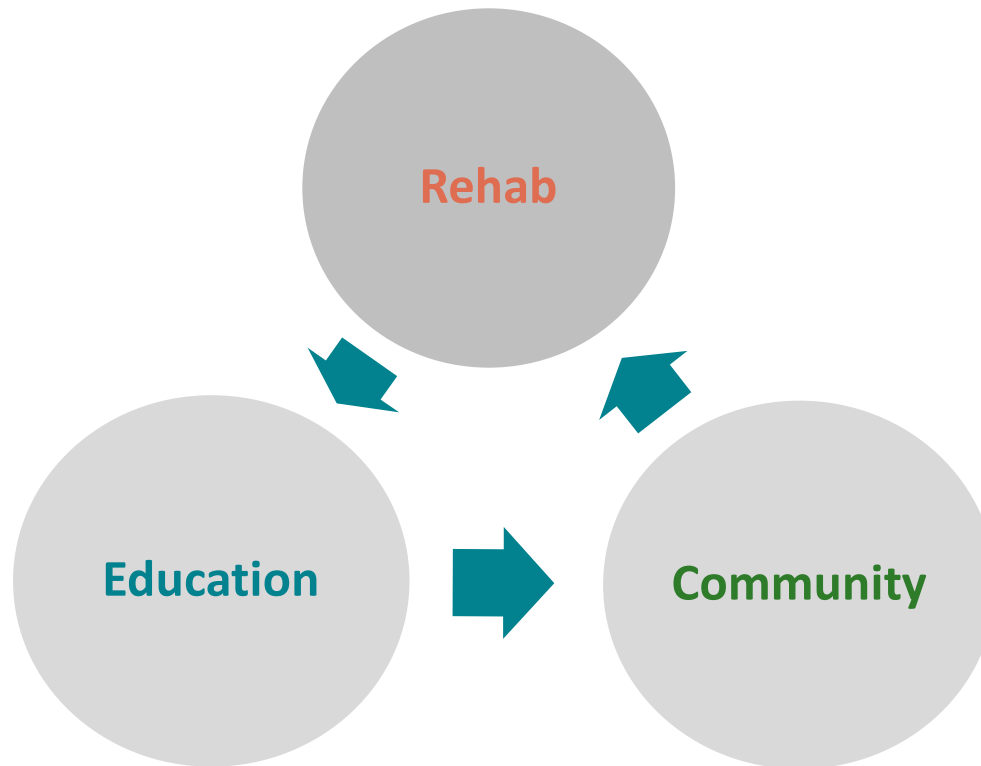
1. Where do you work- clinic/health/medical/rehab, academia/education and/or community?
1. What is your primary job role-therapist, educator, sport providers?
2. What adaptive/sports do you coach or play?



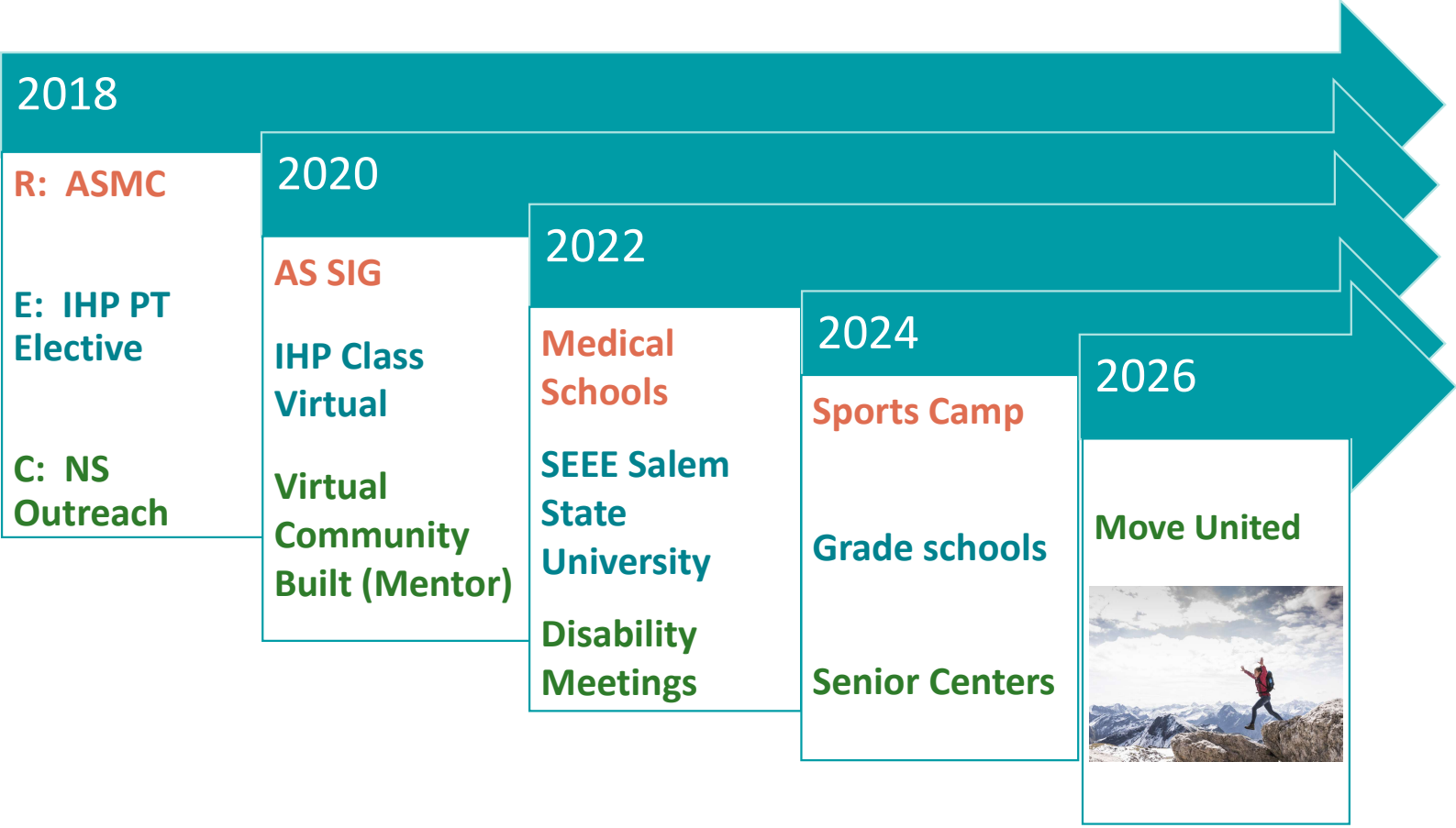
Objectives: Clinic-to-Community Model



Rehabilitation, Education, Community



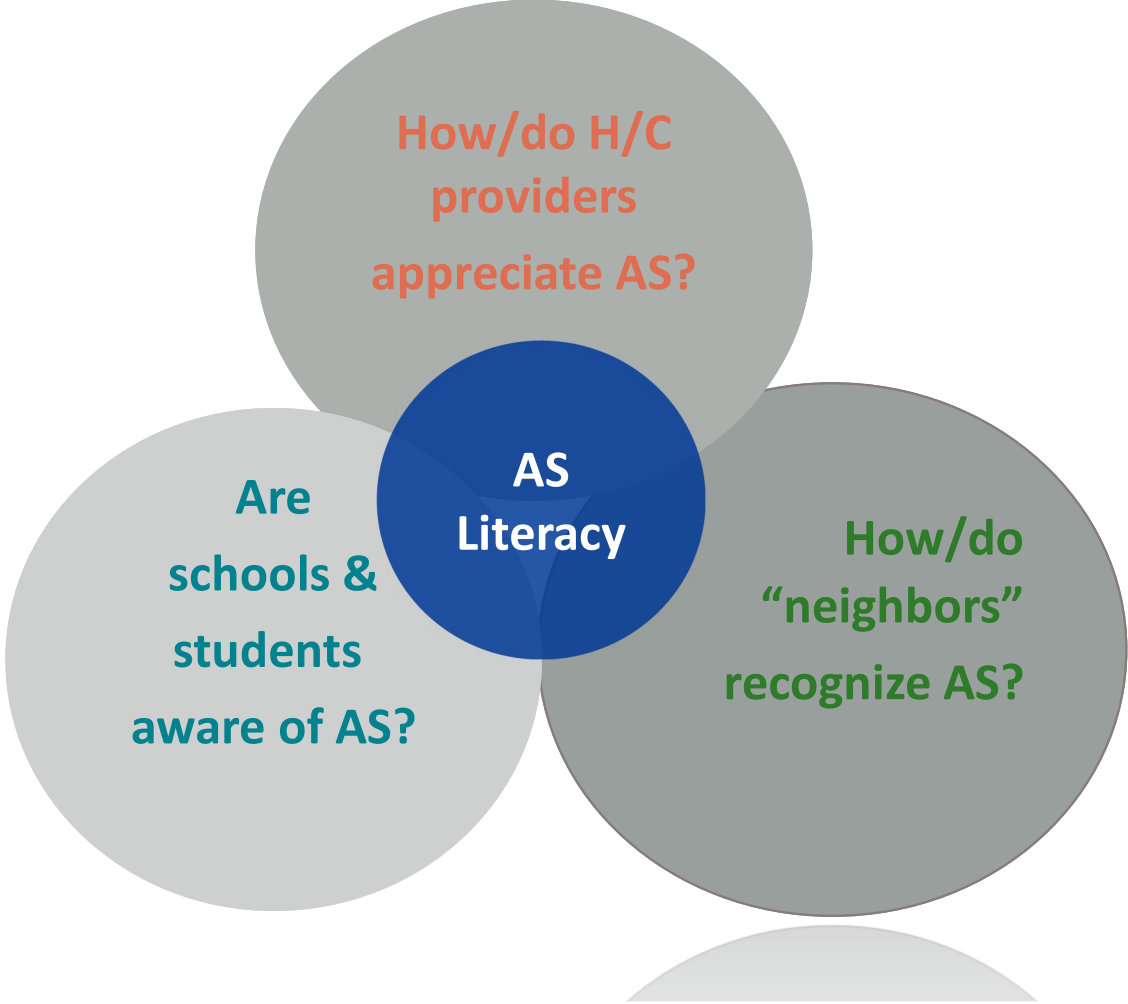
Progressive Model Development



Primary Access Points



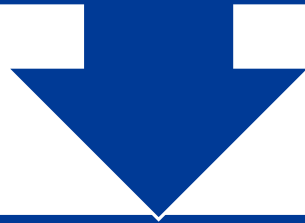
Building R-E-C Foundations





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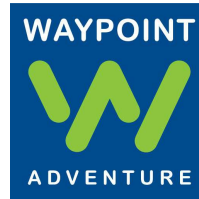
Learning Objective 1: WHO



Participants will define and describe the SASC clinic-to-community adaptive sports pathways linking Rehabilitation, Education and Community.



Rich Regional Assets



Rehabilitation

Interdisciplinary Teams

- TR, PT, OT, SLP
- Nurses
- Physicians

SRH, SHC Inpatients

Outpatients (30+ MGB centers)

Peer Mentor Program

Medical Clinics

O & P, W/C, A-Tech



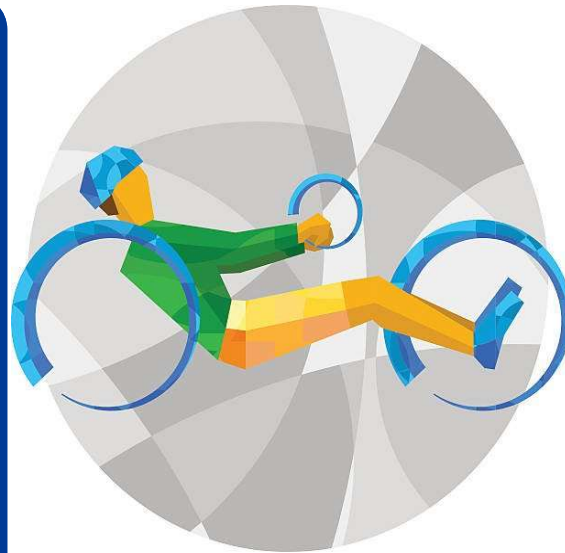
Research Model Systems

- SCI
- CVA/TBI
- Burn



Education

- Grade Schools to Grad Schools
- School Districts
- Educational Collaboratives
- Local Colleges & Universities:
NShore & Boston



- SPED & Athletic Directors
- Parent Advocacy Councils
- Student Volunteers
- Student Participants



Community

Recreation Programs

- Camps
- YMCAs, Gyms & Pools
- Park & Rec Centers
- Senior Centers

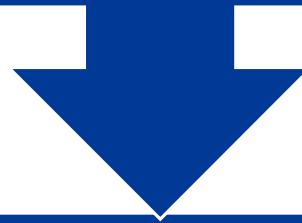
Sport & Health providers and clients

- Specialty sports (Rock Climbing, Dance)
- Fitness trainers
- Disability Support Groups
- Town & City Disability Commissions
- Advocacy Groups





Learning Objective 2: WHAT



Participants will be able to identify key SASC strategies and initiatives to integrate AS education into rehabilitation, academic and internship partnerships.



AS Awareness: Rehabilitation Initiatives

Clinical Connections

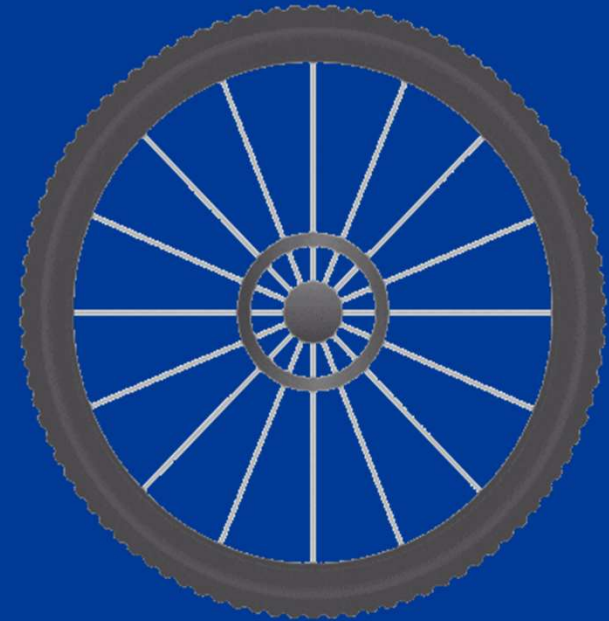
Interdisciplinary Special Interest Groups

AS Medicine Clinic

New 2025! Epic Referrals to AS

MGB Network communication

- SASC Flyers, Constant Contact
- Staff meetings, Inservices,
- Seasonal Open Houses, Tabling
- SRN Newsletters



AS Literacy amongst Physicians



AS Awareness: Educational Strategies

Academic On Campus Events

- Med. Student Experientials
- SEE Events
- Guest lectures
- Adjunct Professorships
- IHP PT Electives
- IHP SLP OT Aphasia Program
- Conference Lectures

Adaptive Sport
Insights & Best
Practices

Exercise & Sport for
Individuals Living
with SCI

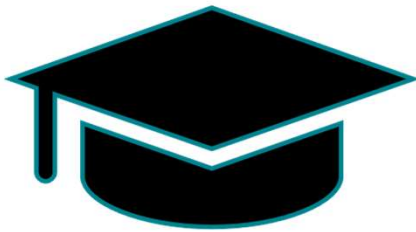
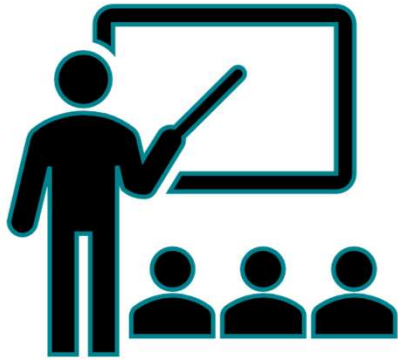
Assistive
Technology in
Occupational
Therapy

Power of Adaptive
Sports and
Recreation:
Barriers, Benefits &
Opportunities

Role of Adaptive
Sport & Recreation
in Rehabilitation



AS Awareness: Educational Strategies



Intern & Student Development

- High School Observers
- Student Volunteers

- Ex Sci Undergrad & Graduate Fellows
- CTRS'
- Pre-PT and Pre-OT
- Clinical student observation hours

- Student Athletes

AS Awareness: Community Outreach



Seasonal & Annual

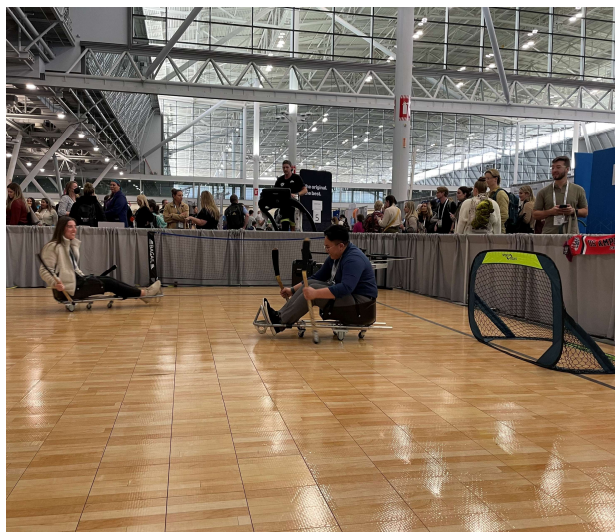
- Open Houses. Health Fairs
- Volunteer Fairs
- Park & Rec Conferences & Locations
- Accessibility Trainings & ADA Celebrations
- Disability Group Events
- Peer Mentor Inclusion



Experientials



PT Student Elective



2024 APTA Conference



SEEE

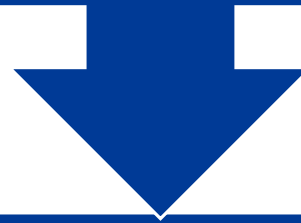


An aerial photograph showing a large concrete bridge crossing a wide river. To the left of the bridge, there are several large industrial buildings and storage tanks. To the right, there is a parking lot with a few vehicles. The river is surrounded by green trees and vegetation. The text 'Regional Brainstorming' is overlaid in blue on the right side of the image.

Regional Brainstorming

**THEY TELL YOU TO DRIVE TO THE
MIDDLE OF THE BRIDGE AND TURN RIGHT**

Learning Objective 3: HOW



Participants will be able to apply SASC principles and best practices to leverage partnerships (hospital, academic, and community) to design and strengthen comparable programs in their regions.





When yes is a...
Not yet.

R E C





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Adaptive Sports Centers

Apply & Design

1. Who & where: partners and paths to connect with your R?
2. What activities with Academic partners for AS literacy can you create?
3. How do you connect with other community organizations?



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Share Your Thoughts



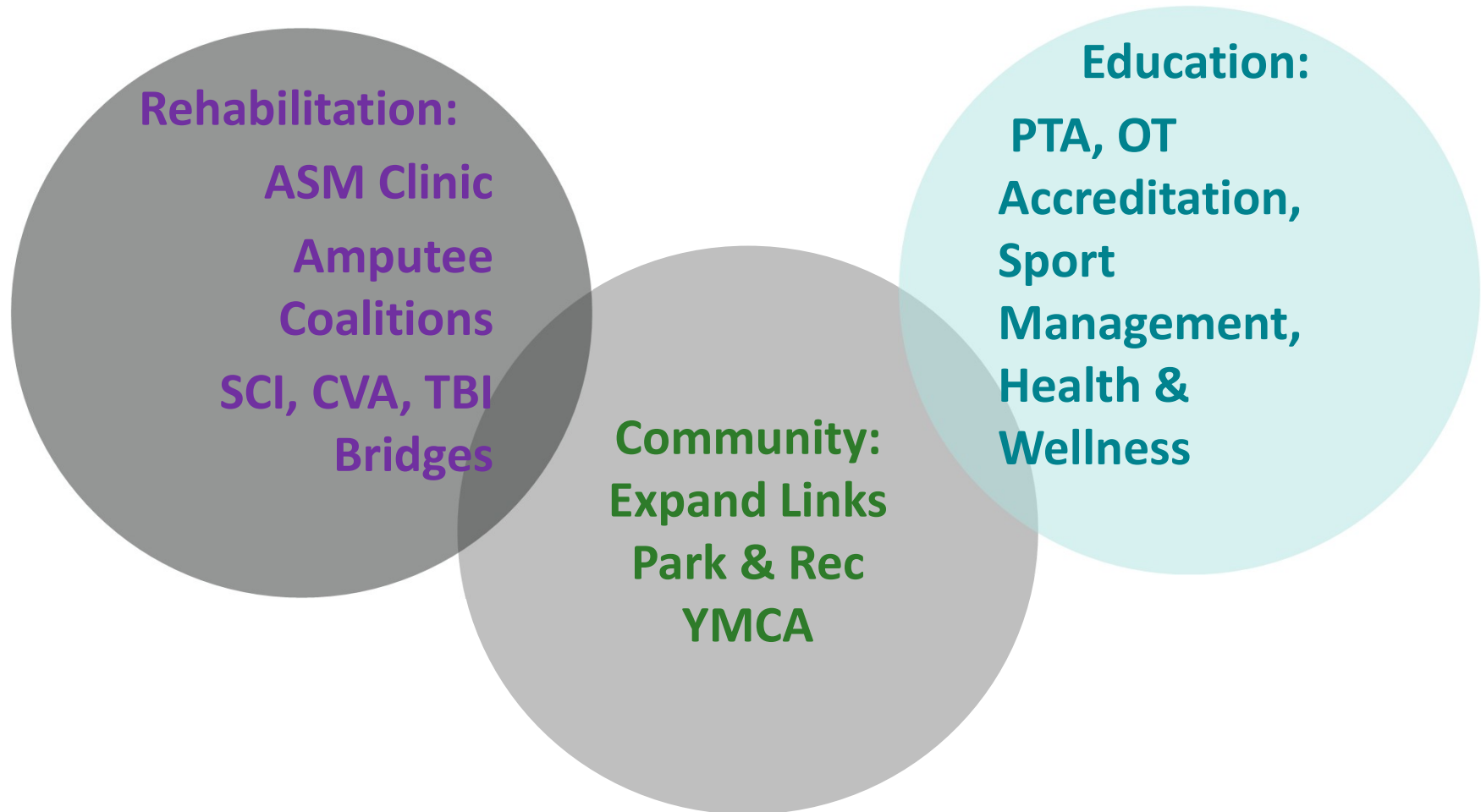
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Name your Barriers

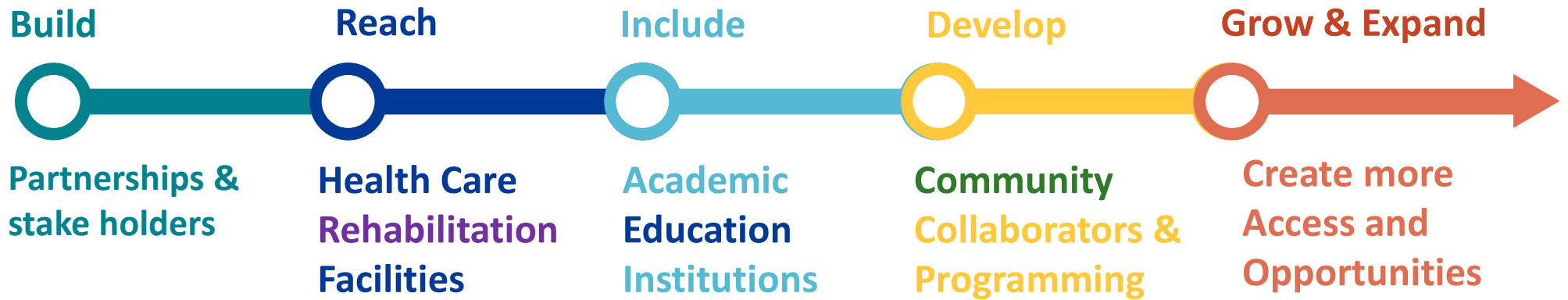
- Recruitment & referral sources =stakeholders
- Client awareness
- Stakeholder ableism
- Tangibles- human & financial resources
- Politics
- Costs



SASC Future Steps to expand AS Literacy



BRIDGE: Clinic-to-Community Model





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Got Questions?

Join us Thursday 11:25-12:25

Inside Hospital based Adaptive Sports Programs round table discussion

April 2026



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