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In 2026, Move United turns 70! That is a pretty big deal for a nonprofit and is definitely a big deal for us.

What essentially started as the National Wheelchair Athletic Association in 1956 became nearly 250 member organizations today. Our journey reflects the transformation of adaptive sports from medical rehabilitation to lifelong health, sports, and recreation. Throughout this year, we're honoring the history, celebrating the present, and building momentum toward the future. This anniversary belongs to ALL of us — every athlete, volunteer, coach, and administrator plays an important role in our 70-year legacy. You can learn more and take part at moveunitedsport.org/70-years.

Another thing we wanted to share is the results of our 2025-26 Member Organization Survey, which gives the most comprehensive look yet at adaptive sports across the country and what's possible when we come together with a shared mission. It highlights that 131,000+ participants with disabilities participated in the last year, including nearly 24,000 veterans served and 51,000+ youth. And it shows \$226 million is invested annually in adaptive sports programs. Check out the full report at moveunitedsport.org/2026-member-network-impact.

We also hope you will join us on April 28 for National Adaptive Sports Day. Honoring the legacy of disability rights champions such as Judy Heumann and Eli Wolff, this is an annual day of advocacy for disability inclusion in sports and recreation. April 28 marks the anniversary of the signing of Section 504 of the Rehabilitation Act of 1973 — landmark civil rights legislation that barred discrimination against people with disabilities in federally funded programs, including sports and recreation. Learn more at nationaladaptivesportsday.com.

And finally, let's also take a look at what's inside this issue. Discover the sports of amputee soccer and adaptive paddleboarding on pages 10, and 12, respectively. Also check out the stories of two para athletes, including Move United Warfighters Ambassador Amanda Warren on page 8 and emerging track and field athlete Dominic Norris on page 14. Also check out the complete listing of Move United member organizations on pages 16-19 and explore upcoming adaptive sports programs and events happening nationwide in the months ahead starting on page 20.

Enjoy, and here's to 70 more years of the adaptive sports movement!

Glenn Merry
Chief Executive Officer
Move United



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Amputee Soccer: A Worldly Game

Amputee soccer is one of the fastest-growing adaptive sports in the world, and for anyone who has ever loved the game — either as a player or as a fan — it offers something genuinely new: a version of soccer that is faster, higher-scoring, and as thrilling to watch than the standard eleven-a-side format.

How the Game Works

Amputee soccer is played seven versus seven on a field roughly half the size of a standard pitch — about 60 by 40 meters. Six field players on each team have lower limb differences and play on forearm crutches with one leg; the seventh player, the goalkeeper, has an upper limb difference and is confined to the goal area for the duration of the match.

Nico Calabria, who has captained the U.S. Men's National Team through four World Cup cycles and founded the New England Amputee Soccer Association, breaks it down plainly: "No prosthetics are allowed in the game — and that's basically how our classification works," he said. "If you're an above-the-knee amputee, below-the-knee amputee, or missing a toe, everyone plays on forearm crutches to level the playing field."

The crutches are tools of locomotion only. Players cannot touch the ball with them. They also cannot use their residual limb to touch the ball or the ground. For goalkeepers, any residual limb over six inches long is taped to the body to keep it out of play.

Beyond those parameters, the game is remarkably familiar. There are forwards, midfielders, and defenders. There are set pieces, passes, and shot attempts. The notable rule differences are the absence of offsides — which opens the field and accelerates the pace considerably — and kick-ins instead of throw-ins. "It's super fast paced, it's physical, it's full contact," Calabria says. "The pace is kind of between hockey and an 11-a-side soccer. So it's really exciting."

Mastering the Crutches

For anyone new to the sport, the learning curve is real — and it centers almost entirely on learning to move confidently on forearm crutches. Most players who come to their first clinic or practice have experience with a prosthetic leg, not crutches, so the adjustment requires time and repetition. "Learning how to be mobile on the field is going to get you into more plays, be closer to the ball, and be involved in the play — it just takes practice,"

Calabria says. He recommends that beginners start simply: grab a pair of forearm crutches, find a wall, and kick a soccer ball against it. “That’s as simple as that,” he says.

Kiersten McCartney, a Doctor of Physical Therapy and sports performance specialist for the American Amputee Soccer Association describes the technical challenge of maneuvering with crutches while simultaneously controlling a ball: “You just get better at moving with the crutches, shifting your body weight, understanding how you want to put pressure on the crutches from both upper extremities while you’re kicking the ball with your leg,” she said.

The physicality of high-level play shouldn’t be underestimated. Calabria acknowledges that the sport’s demands can be a barrier: “It’s not necessarily for the faint of heart — but played at the regional level in this country, it is accessible, and people can play, and we want more people to play,” he said. For those who build their crutch proficiency over time, the physical payoff is substantial. Crutch-based movement builds balance, upper body strength, and cardiovascular endurance simultaneously.

While crutch mobility gets a player onto the field, ball control is what makes them effective there. “You can be a really effective player in amputee soccer without elite mobility if you have good control of the soccer ball,” Calabria explains.

What It Means to Be a Goalkeeper

While field players adapt to life on crutches, goalkeepers face a different and equally unique challenge. Because they have upper limb differences and stand on two legs, the rules restrict them to the goal area to maintain balance on both sides of the game.

Mia Busk, a goalkeeper on the U.S. Women’s National Team who was born without her left arm, came to the position having never played in the goal before. She describes the experience with characteristic candor: “With one arm in general, I don’t like diving when it comes to the ground,” she said. “That’s definitely the scariest part. But it is a learning experience, and I love to accept a challenge.”

The mental dimension of goalkeeping runs deep. “It’s a lot of responsibility,” Busk says. “If someone makes a shot, you feel like it’s all on you — but you just have to accept those losses and continue on to stop the rest of the goals.” Her training regimen is minimal by design: a goalkeeper glove, two soccer balls, and a wall to practice reaction time against.

Getting Started: What You Actually Need

One of amputee soccer’s most compelling features is its



accessibility. Unlike many adaptive sports that require specialized equipment costing thousands of dollars, amputee soccer can be played with a pair of forearm crutches and a ball. Crutches can often be borrowed from a local program. Calabria notes that a basic pair costs under \$50, and regional programs have been outfitted with loaner equipment so that anyone can try the sports without an upfront investment.

For those who fall in love with the game and want to invest in their own equipment, you can purchase your own custom forearm crutches. A top-end model runs around \$700 and features ergonomic grips, shock absorption, and a handle designed to keep the wrist in a natural position during intense play.

McCartney emphasizes that the onboarding process at established programs is designed to reduce every possible barrier. “We have crutches, we have all the equipment, and so you don’t really need anything when you show up to practice,” she said.

For Busk, the sport’s impact is inseparable from its community. “Every amputee has a different story,” she says of her teammates. “Some people were born that way, some people had cancer, some people were in accidents. We got to know each other on a way deeper level.” To anyone with a limb difference who is curious about what the sport offers, her advice is simple: “Just try it out,” she said. “Give it a shot. You never know what comes out of it.”

Calabria puts it in the broadest possible terms: “This is the world’s game,” he said. “Soccer is extremely accessible — and amputee soccer is also one of the most accessible adaptive sports on planet Earth.”

With 16 regional programs now operating across the United States and more forming every year, there has never been a better moment to find out what amputee soccer can do for you. To find a program near you, visit usampsoccer.org.

Amanda Warren: From Military to Adaptive Sports Champion



Amanda Warren's journey to adaptive sports began where many military careers do — out of necessity. “To be really frank with you, it was the most economically thing to do for my family at the time,” she says of her decision to enlist. What started as a practical choice became 26 years of distinguished service spanning two branches and nine duty stations.

Warren began her military career in the Navy after four years of JROTC. “I always wanted to go to the Navy, even from high school,” she recalls. Her naval service took her from San Diego to Hawaii, where she served at Pearl Harbor’s intermediate maintenance facility. After eight years in the Navy, Warren made an unusual transition — transferring directly to the Army to pursue her commission.

As an Army logistics officer under Army Materiel Command, Warren operated at the strategic level. “Even as a young captain, I was still the senior log on the ground, and I only reported to the base commander,” she explains.

A Career-Altering Injury

Warren’s transition to adaptive sports came after a field exercise injury that would eventually end her military career. “At that time, I didn’t know I had broken my neck, but over time, the vertebrae started loosening up, and that’s when they got on the spinal cord. And I woke up one morning I didn’t have any feeling on the right hand side of my body.”

After retiring in 2016, Warren faced the reality of her injuries. She underwent a C6-7 fusion and a total left hip replacement, setting her on a path to recovery through adaptive sports.

Finding Her Way Back Through Sport

Warren’s introduction to adaptive sports came through the New Orleans VA’s recreational therapy program and an Adaptive Adventures cycling clinic. The experience

on a recumbent bike changed everything. “After the first session, I was hooked,” Warren said. “There was nothing you could tell me bad about a recumbent bike, and I’ve been on one ever since.”

But Warren didn’t stop at cycling. Drawing on her background as a high school track and field athlete who made it to state in discus, she began expanding her adaptive sports repertoire. She also was focused on being there for her kids when they were growing up.

Warren’s self-taught approach, informed by years of coaching her own children, has served her well. She has competed in javelin, shot put, discus, long jump, the 50-meter run, and cycling at events including the Texas Paraspport Games and The Hartford Nationals.



Pushing Beyond Comfort Zones

True to her nature as a competitor, Warren constantly seeks new challenges. This willingness to push herself has become a defining pattern. “Three times in a row makes a habit,” Warren said. “You have to do something different or add more to what you are doing. Let’s diversify a little bit.” Her current goal is simple: “Every year I try to add another event, a new event” she said.

A Mission to Serve

Warren’s service didn’t end with her military retirement. As a Move United Warfighter Ambassador, she wants to help other veterans and individuals with disabilities. Her message to other veterans with disabilities is direct and heartfelt: I need you to look out your window and see the sun is out. You need to come outside and play with us. I don’t know what you are good at, but we’re going to figure it out. Come on out.

For Warren, adaptive sports represent more than competition or rehabilitation — it’s about rediscovering what’s possible. “There was something that I didn’t think I was able to do,” she says of skiing. That mindset of challenging assumptions about her capabilities drives everything she does, from trying new sports to encouraging other veterans to take their first steps back into active living. ■

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Adaptive Paddleboarding: Opening Pathways to Independence on the Water



For people with disabilities seeking accessible water sports, paddleboarding offers a uniquely versatile entry point that combines independence, minimal equipment requirements, and the freedom to explore waterways. From calm lakes to ocean waves, adaptive paddleboarding programs across the country are demonstrating that with proper instruction and thoughtful modifications, athletes of all abilities can experience the therapeutic and recreational benefits of being on the water.

The Accessibility Advantage

Paddleboarding's greatest strength lies in its simplicity and adaptability. Unlike heavier watercraft, paddleboards offer distinct advantages for adaptive recreation that make the sport particularly accessible.

"Paddleboarding is a really, really accessible aspect of paddle sport programming," explains Crystal Skahan, Education and Training Director at Northeast Passage, a Move United member organization based at the

University of New Hampshire. "It offers another way to access the water, and for a lot of folks, it's the right modification that allows them the freedom to transfer with greater ease onto and off of a board."

The lightweight equipment makes independent transport more feasible, while the board's lower profile allows easier self-rescue and greater independence on the water. Participants can stand, sit, kneel, or lie down on the board, whatever approach best meets the needs of the individual's disability.

Joe Moore, founder of Adaptive Expeditions in Charleston, South Carolina, discovered paddleboarding's versatility after becoming an amputee in 2002. As a lower extremity amputee, he's found practical advantages unique to the sport. "The view is much higher. When I'm here in Charleston and it's low tide, I can actually see up and over the marsh grass and see much more than I can in a kayak," Moore notes.

The physical benefits extend beyond the view. "It's a full

body workout. I can feel my core at the end of a day — my torso gets a real workout. All the little stabilizer muscles for balance that you don't really see in the human body are working constantly to keep you balanced on the board," Moore says.

Minimal Equipment, Maximum Access

One of paddleboarding's most appealing features is its streamlined equipment needs. The basic requirements are minimal: a board, a paddle, a leash, and a life jacket. This simplicity makes the sport financially accessible and reduces barriers to participation.

"With a board, a paddle, a leash and a life jacket, you can access a lot of the water in your area," Skahan says.

For adaptive programming, fishing paddleboards have proven particularly effective. "Most of our inventory is fishing paddle boards, and what we like about those is they have a flat deck," Skahan explains. The flat surface provides an ideal foundation for adding supports when needed, and the built-in attachment points allow for easy modification.

Customized Adaptations

The beauty of adaptive paddleboarding lies in creating individualized solutions that match each athlete's needs and goals. At Adaptive Expeditions, Moore starts every participant with an interview to understand their interests. "Do they want to fish? Do they want to surf? Do they want to tour?" he asks.

For individuals who use wheelchairs, programs create customized seating solutions using materials that balance support with safety. "We are creating some padding and securing some padding on the board so the athlete is protected," Skahan explains.

For participants with spinal cord injuries, Moore's team builds custom seating using closed cell foam mounted on coolers strapped to the board. "We make more or less a wheelchair seat that mimics what they need for terrestrial life and maybe a little more support, because you're going to be moving around a little more dynamically on the water," he says.

Through years of trial

and error, both programs have learned that minimalism works best. "The more you add to a paddle board to create support, the more it impacts the wind effects on the board," Skahan notes.

Safety as Foundation

Safety is paramount in any water sport. Both Northeast Passage and Adaptive Expeditions implement the American Canoe Association's essential eligibility criteria for all participants.

While participation doesn't require swimming ability — properly fitted life jackets provide flotation — Moore maintains essential safety thresholds. "We need to know you can seal your airway passages. We need to know that you don't need an external breathing apparatus to breathe. We need to know someone doesn't require head, neck or back bracing," he explains.

One key skill is the ability to roll from face down to face up in the water. "That's a stumbling block more often than not, but it's a skill we can teach," Moore says. "If someone isn't comfortable doing that yet, we take them into a swimming pool, and we can teach that skill."

The leash, often underestimated, is crucial safety equipment. "It doesn't take much wind to have your board blow away from you faster than you can swim," Skahan points out.

Measurable Progress and Healing

Moore charts significant developmental progress in his participants, particularly in balance and neurological recovery. "With participants who've had traumatic brain injuries, we commonly see a delay between when they know they need to move their body to stay balanced and





environments, to go somewhere beautiful,” he says. “Here it’s the cypress swamps, the salt marshes, the beaches, the lagoons behind the beaches. There is a spiritual healing component to just being out in nature.”

For Moore personally, paddle sports have restored access to the wilderness experiences that defined his pre-amputation life as a mountaineer. “I can get on a raft and do the entire T of the Yukon River,” he said. “I can get on a sea kayak and have a month-long expedition. I can

when they react,” he notes. “We see that really change.”

He describes participants who start with outriggers in pool sessions, unable to stay on the board even while kneeling. “Within three or four pool sessions, they’re out there. They’re ready to go with us on a tour, on a class, on whatever they need to do.”

Beyond physical benefits, Moore emphasizes the spiritual healing component of paddle sports. “We always try, once we leave the pool and controlled

recreate those wilderness experiences that were so meaningful and spiritual in my life through water sports.”

Getting Started

Paddleboarding offers a path to independence, recreation, and connection with the water that’s accessible to people with a wide range of abilities. With the right equipment, instruction, and safety practices, it opens up new possibilities for adaptive aquatic recreation.

Skahan advises starting in calm conditions. “Start on your flat water, those calm, protected waters near shore, where you can practice getting comfortable with the board,” she says. “We’re asking some of those more in depth questions: what is their comfort on the water? What are their goals? How can we best support them?”

Moore stresses the importance of proper instruction early on. “If you learn the right strokes and maneuvers and habits and develop that muscle memory right from the beginning, your progression is pretty endless,” he says.

For anyone interested in trying adaptive paddleboarding, connecting with experienced instructors is the best first step. The American Canoe Association’s instructor directory is one place where you can find certified instructors with adaptive paddling endorsements.

In addition to Adaptive Expeditions and Northeast Passage, nearly 40 other Move United member organizations offer adaptive paddleboarding. To find a program near you, visit moveunitedsport.org/locations and search “Paddleboarding.” ■





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From the Ice to the Field: Dominic Norris is Just Getting Started



For most of his life, Dominic Norris was defined by sport. In Thurmont, Maryland — not exactly a hotbed for hockey — he became the kid everyone knew as the hockey player. He started skating at age three, set Maryland records in high school, played college hockey in New Hampshire, and traveled to Europe to compete against professional teams. Sport was never just a hobby. It was his identity.

“Sports in my life was honestly top priority for me, other than family,” Norris says. “From the second that school let out, it was sports. I love sports. It was my whole life.”

Then, in the summer of 2024, everything changed in an instant.

A Life-Altering Moment

Norris was training hard, working toward his goal of playing professional hockey. One morning, after a lifting session, he did what he did every day — jumped into the deep end of his backyard pool for cardio. This time,

something went terribly wrong.

“Next thing you know, I can’t come back up to the top,” he recalls. “I started to drown.”

His younger sister, who happened to be home, pulled him from the water. Emergency responders stabilized his neck and he was life-flighted to Shock Trauma in Baltimore, where surgeons performed emergency surgery. The diagnosis: a blast fracture to his C7 vertebra.

When Norris woke up in the ICU, the reality was stark. He had no movement or sensation from the chest down, barely any in his right arm, and only slight movement in his left. He spent 11 days there before being transferred to MedStar for rehabilitation.

“The mental part of it all was the hardest part,” he says. “Because you’re looking down at your legs and everything else, you’re trying to move it the best you can. You’re trying to do everything, but trying, trying — it was so frustrating.”

Every morning brought the same assessment from his surgical team: Can you feel this? Can you squeeze this? Is this sharp or dull? And every morning the answers were the same. The darkness began to feel familiar.

“Every day it just seemed nearly impossible,” he said.

The Turning Point

What sustained Norris through those early weeks was family. His mother never left the hospital — not the ICU, not the rehab unit. Family members came every single day. Their message, delivered repeatedly in different ways, was simple: whatever happens, you keep going.

“I knew also I couldn’t change what happened,” Norris says. “So I knew it was whatever is now is — we got to get better every day. May that be trying to feed yourself again, trying to sit up, trying to do anything.”

July 5 became a date that matters. His first full day of therapy at MedStar. He met his therapists, underwent the ASIA exam to assess his spinal cord function, and made a decision about who he was going to be in this new chapter.

“July 5 was one of those things where I had my team

come in, and I worked as hard as I could. I knew I was going to go as humanly hard as possible. That's how I've been my whole life — it's either you're all in or you're not."

A New Game

His therapy team noticed something quickly: Norris needed sport. During his hospital stay, the Paris Olympics and Paralympics happened to be airing, and every time a staff member walked in, he was watching athletics. They started to get the message.

Through his connection with MedStar and Move United, Norris was introduced to adaptive sports. He tried wheelchair rugby and wheelchair basketball, though his surgical team pumped the brakes on full-contact sports at just three months post-injury. His impaired hand function from the C7 break made some options more challenging than others. So he started looking for the right fit.

That search led him to the Texas Parasport Games last year, where he competed for the first time and got classified. He signed up for the seated throwing events — javelin, shot put, and discus — partly by process of elimination.

"They said, 'A racing chair — we're not sure we have one you fit in. So we know you can throw,'" he said with a laugh.

Finding His Coach

At those first Texas games, Norris caught the eye of Darlene Hunter, who reached out to Paralympic thrower Johnny Williams. Williams traveled to watch Norris compete, and what happened next unfolded quickly and without ceremony.

"I get out of the chair, and I walk back to the tent," Norris said. "He's like, 'You're going to be a seated thrower from now on.' I said, 'Oh, okay.' He's like, 'Yeah. And by the way, I'm your coach from now on.'"

Williams, based in Oklahoma, has been coaching Norris remotely — FaceTime sessions, video exchanges, workout plans, and meal programs. Norris flew to Oklahoma for the UCO Endeavor Games, another Move United sanctioned competition, arriving a few days early to get reps in with his new coach. Williams has even loaned Norris his own throwing chair to use in competition and training.

The results have come fast. At The Hartford Nationals last year in Grand Rapids, Michigan — less than a year into his adaptive sports journey — Norris set the Move United national record in discus for his classification.

"He's very, very happy with what we've done so far, but nowhere near satisfied," Norris says of his coach. "Neither am I."

Eyes on 2028

Norris is only about two years out from his injury. He still attends hand therapy twice a week and physical therapy twice a week, and is relearning countless tasks most people never think about — carrying groceries, navigating stairs, stepping up a curb without looking down. He recently got back to driving.

But through all of it, one goal has crystallized clearly in his mind.

"LA 2028 Paralympics is top priority goal for me," Norris said. "I think about it really every day. It's the background of my phone. It's something that I am going to do whatever and everything I can to be there — and I want to win."

That drive to compete, to push, to be the best — it never went anywhere. It just found a new arena.

"One of the first things that I thought when I was injured was, 'What do I do now without sports?' It felt like you lose identity," he said. "I felt like I lost a lot of just life and a lot of purpose."

Adaptive sport gave that back. And now, Norris wants others to find what he found.

"I think more people need to be introduced to it," Norris said. "It doesn't have to be that you are competing. Just being involved. Because you go to these events, and it's so inspiring and humbling."

Dominic Norris has been defined by sport his whole life. That hasn't changed. Only the sport has. ■



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Uswra.org

Alaska

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ORCA Program – Southeast Alaska Independent Living Inc.
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sailinc.org/orcarecreation-services

USA Powerlifting
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Usapowerlifting.com

Arizona

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ability360sports.org

Arizona Adaptive Watersports
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azadaptivewatersports.org

Arizona Disabled Sports
Mesa, AZ
arizonadisabledsports.com

High Country Adaptive Sports
Flagstaff, AZ
highcountryadaptive.org

Southern Arizona Adaptive Sports
Tucson, AZ
soazadaptivesports.org

University of Arizona Adaptive Athletics
Tucson, AZ
adaptiveathletics.arizona.edu

California

Ability First Sports
Chico, CA
abilityfirstsports.org

Access Mammoth
Mammoth Lakes, CA
AccessMammoth.org

Achieve Tahoe
Alpine Meadows, CA
achievetahoe.org

Angel City Sports
Los Angeles, CA
angelcitysports.org

Bay Area Outreach and Recreation Program
Berkeley, CA
borp.org

Casa Colina Hospital and Center for Healthcare
Pomona, CA
Casacolina.org

Central California Adaptive Sports Center
Shaver Lake, CA
centralcaladaptive.org

DSUSA Orange County – The Achievers
Irvine, CA
theachievers.org

Easton Sports Development Foundation
Van Nuys, CA
Esdf.org

Orange County Makapo Aquatics Project
Irvine, CA
Makapo.org

Rim of the World Special Athletes Foundation
Lake Arrowhead, CA
Rimspecialathletes.org

San Diego State University Adapted Athletics
San Diego, CA
arc.sdsu.edu/adaptedathletics

SoCal Adaptive Sports
Palm Springs, CA
socialadaptivesports.org

Stand Up and Play Foundation
Vista, CA
Standupandplayfoundation.org

The Unrecables
Los Angeles, CA
unrecables.com

Triumph Foundation
Valencia, CA
triumph-foundation.org

U.S. Driving for the Disabled
Arroyo Grande, CA
usdfd.org

U.S. Adaptive Recreation Center
Big Bear Lake, CA
usarc.org

Valley Childrens' Adaptive Sports
Madera, CA
valleychildrens.org/adaptive-sports/adaptive-sports-home

Colorado Adaptive Action Sports
Copper Mountain, CO
adacs.org

Adaptive Adventures
Westminster, CO
adaptiveadventures.org

Adaptive Recreation for Childhood Health
Aurora, CO
childrenscolorado.org/doctors-and-departments/departments/pediatric-rehabilitation/adaptive-recreation-for-childhood-health/

Adaptive Recreation Opportunities
Fort Collins, CO
Fcgov.com/aro

Adaptive Sports Association
Durango, CO
asadurango.org

Adaptive Sports Center of Crested Butte
Crested Butte, CO
adaptivesports.org

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Challenge Aspen
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cdagj.org

Denver Adaptive Divers
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Denveradaptivedivers.org

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Golf 4 the Disabled
Greenwood Village, CO
golf4thedisabled.org

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igniteadaptivesports.org

National Sports Center for the Disabled
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nscd.org

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Paradoxsports.org

Steamboat Adaptive Recreational Sports (STARS)
Steamboat Springs, CO
steamboatstars.com

Telluride Adaptive Sports Program
Telluride, CO
tellurideadaptivesports.org

USA Field Hockey
Colorado Springs, CO
Usafieldhockey.com

Connecticut

Gaylord Sports Association
Wallingford, CT
gaylord.org/sports

Leaps of Faith Adaptive Skiers
Newtown, CT
lofadaptiveskiers.org

Summit Adaptive Sports
New Hartford, CT
summitadaptive.org

Florida

Central Florida Chapter of Paralyzed Veterans of America
Sanford, FL
pvacf.org

Central Florida Dreamplex
Clermont, FL
cfdreamplex.com

COSTA Therapy Inc.
Indian Harbour Beach, FL
costasurf.org

Hillsborough County Adaptive Sports
Tampa, FL
Hillsboroughcounty.org/en/residents/recreation-and-culture/sports-and-athletics/hc-adaptive-sports

Shifting Gears United
Tequesta, FL
shiftinggearsunited.org

SportsAbility Alliance
Tallahassee, FL
sportsability.org

Wounded Warriors Abilities Ranch
Pinellas Park, FL
Woundedwarriorsabilitiesranch.org

Georgia

Catalyst Sports
Atlanta, GA
catalystsports.org

BlazeSports America
Norcross, GA
blazesports.org

The Kyle Pease Foundation
Atlanta, GA
kylepeasefoundation.org

Hawaii

AccessSurf Hawaii
Honolulu, HI
accesssurf.org

Idaho

Adaptive Wilderness Sports of McCall (AWeSOMe!)
McCall, ID
awesomemccall.org

Boise Adaptive Snowsport Education (BASE)
Boise, ID
baseidaho.org

Higher Ground Sun Valley
Ketchum, ID
highergroundusa.org

Valley Adaptive Sports
Victor, ID
valleyadaptivesports.org

Illinois

Chicago Park District-Special Recreation Department
Chicago, IL
chicagoparkdistrict.com/special-recreation-programs

Dare2Tri Paratriathlon Club
Chicago, IL
dare2tri.org

Great Lakes Adaptive Sports Association (GLASA)
Lake Forest, IL
glasa.org

Lincolnway Special Recreation Association
New Lenox, IL
lwsra.org

North Side Archery Club
Chicago, IL
northsidearcheryclub.org

Shirley Ryan Ability Lab
Chicago, IL
sralab.org

Indiana

Rehabilitation Hospital of Indiana Sports Program
Indianapolis, IN
rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/clinics

Special Outdoor Leisure Opportunities (SOLO)
South Bend, IN
skisolomichiana.org

Turnstone Center
Fort Wayne, IN
turnstone.org

Iowa

Adaptive Sports IOWA
Ames, IO
adaptivesportsiowa.org

Kansas

Wichita Adaptive Sports
Wichita, KS
wichitaadaptivesports.org

Kentucky

Para Sport South Kentucky
Bowling Green, KY
Bgky.org

Louisiana

Louisiana GUMBO
Pineville, LA
sites.google.com/site/louisianagumboinc

S.M.C.L. Foundation & Associates Inc. Adaptive & Disability Sports Organization
New Orleans, LA
samaritanactsneworleans.org

Maine

Adaptive Outdoor Education Center
Carrabassett Valley, ME
adaptiveoutdooreducationcenter.org

Central Maine Adaptive Sports
Auburn, ME
centralmaineadaptivesports.org

Maine Adaptive Sports & Recreation
Newry, ME
maineadaptive.org

Maryland

Bennett Institute Physically Challenged Sports of Kennedy Krieger
Baltimore, MD
kennedykrieger.org

Chesapeake Region Accessible Boating (CRAB)
Annapolis, MD
crabsailing.org

Junior Tennis Champions Center
College, Park, MD
Jtcc.org

Maryland Therapeutic Riding
Crownsville, MD
HorsesThatHeal.org

Promise Landing Farm
Upper Marlboro, MD
Promiselandingfarm.org

Team River Runner
Rockville, MD
teamriverrunner.org

USA Lacrosse
Sparks, MD
UsaLacrosse.com

Massachusetts

AccesSportAmerica
Acton, MA
accessportamerica.org

Adapt X
Lancaster, MA
adaptX.org

Bionic Project
Cambridge, MA
Bionic5K.com

Boston Athletic Association
Boston, MA
Baa.org

Adaptive Sports New England
Austin, MA
adaptivesportsne.org

Community Rowing
Brighton, MA
Communityrowing.org

South Coast Wheelchair Tennis Foundation
Attleboro, MA
southcoastwheelchairtennis.org

Spaulding Adaptive Sports Centers (Spaulding Rehabilitation Network)
East Sandwich, MA
sasc.spauldingrehab.org

U.S. Volt Hockey Association
Franklin, MA
VoltHockeyUsa.org

Waypoint Adventure, Inc.
Lexington, MA
waypointadventure.org

Webster Waterski Collective
Webster, MA
websterwaterski.org

Michigan Adaptive Ski Association-West Michigan
Ada, MI
skiccsa.org

Kentwood Parks and Recreation
Kentwood, MI
kentwood.us/city_services/city_departments/parks_and_recreation/index.php

Mary Free Bed Wheelchair and Adaptive Sports
Grand Rapids, MI
maryfreebed.com/rehabilitation/sports-rehabilitation/wheelchair-adaptive-sports/

Michigan Sports Unlimited
Essexville, MI
mispertsunlimited.com/mispertsunlimited.com

Michigan Victory Games
Grand Rapids, MI
MichiganVictoryGames.org

Mount Brighton Adaptive Sports Program
Brighton, MI
mtbadaptivesports.org

Moving Mountains Adaptive Program
Iron Mountain, MI
movingmountainsap.org

Rehabilitation Institute of Michigan Foundation
Detroit, MI
Rimfoundation.org

Therapeutic Riding Inc.
Ann Arbor, MI
therapeuticridinginc.org

University of Michigan Adaptive & Inclusive Sports Experience (UMAISE)
Ann Arbor, MI
medicine.umich.edu/dept/pmr/patient-care/therapeutic-other-services/university-michigan-adaptive-inclusive-sports-experience-umaise

University of Michigan Adaptive Sports & Fitness
Ann Arbor, MI
ssd.umich.edu/adaptive-sports

Wheels in Motion
Fenton, MI
wheelsinmotion.org

Minnesota

Courage Kenny Rehabilitation Institute
Golden Valley, MN
allinahealth.org/adaptivesports

EA Therapeutic Health
Rochester, MN
exercisabilities.org

HOPE, Inc.
Moorhead, MN
hopeinc.org

Northland Adaptive Recreation
Duluth, MN
mdfoundation.org

PVA Minnesota Chapter
Minneapolis, MN
mnpva.org

U.S. Electric Wheelchair Hockey Association
New Hope, MN
powerhockey.com

Missouri

Disabled Athlete Sports Association (DASA)
St. Peters, MO
dasasports.org

Gateway Disabled Ski Program
Eureka, MO
Gdspstl.org

Midwest Adaptive Sports
Dearborn, MO
midwestadaptivesports.org

Show Me Shooting Sports
Independence, MO
facebook.com/people/Show-Me-Shooting-Sports/61560761046155/

Join the Movement

Montana

Ability Montana

Helena, MT
abilitymt.org

DREAM Adaptive Recreation

Whitefish, MT
dreamadaptive.org

Eagle Mount Billings

Billings, MT
eaglemount.us

Eagle Mount Bozeman

Bozeman, MT
eaglemount.org

Eagle Mount Great Falls

Great Falls, MT
eaglemount.net

Nebraska

Nebraska Adaptive Sports

Omaha, NE
nebraskaadaptivesports.org

Nevada

City of Las Vegas Adaptive Recreation

Las Vegas, NV
lasvegasnevada.gov

City of Reno

Reno, NV
reno.gov/government/
departments/parks-recreation-
community-services/adaptive-
recreation

DRIVEN Neurorecovery Center

Las Vegas, NV
drivenLV.org

New Hampshire

Adaptive Sports Partners

Franconia, NH
adaptivesportspartners.org

Granite State Adaptive

Mirror Lake, NH
gsadaptive.org

Lakes Region Disabled Sports at Gunstock

Gilford, NH
lradaptive.org

Mount Washington Valley Adaptive Sports

Bartlett, NH
mwvas.org

New England Disabled Sports

Lincoln, NH
nedisabledpsports.org

New England Healing Sports Association

Newbury, NH
nehsa.org

Northeast Passage

Durham, NH
nepassage.org

Seven Hills Foundation

Greenfield, NH
sevenhills.org

Waterville Valley Adaptive Sports

Waterville Valley, NH
watervilleadaptive.com

New Jersey

Children's Lightning Wheels

Mountainside, NJ
childrens-specialized.org/sports-
connection

Navigators Adaptive Sports Club

Bayonne, NJ
navigatorsadaptivesports.com

Push to Walk

Montvale, NJ
pushtowalknj.org

The Dented Puck Foundation

North Haledon, NJ
TheDentedPuck.com

Tri-State Wheelchair Athletic Association

Mountainside, NJ
Tswaa.com

New Mexico

Adaptive Sports Program

New Mexico
Santa Fe, NM
adaptivesportsprogram.org

All Season Adaptive Sports

Ruidoso, NM
allseasonadaptivesports.com

Center of Recreational Excellence (CORE)

Hobbs, NM
Corehobbs.com

New York

Able Athletics

Scarsdale, NY
ableathletics.org

Adaptive Sports Foundation

Windham, NY
adaptivesportsfoundation.org

American Amputee Soccer Association

Stony Brook, NY
Usampsoccer.org

Burke Rehabilitation Hospital Adaptive Sports Program

White Plains, NY
burke.org/community/
adaptiveprograms

Capital Region Nordic Alliance

Albany, NY
capitalregionnordicalliance.org

GallopNYC

Forest Hills, NY
gallopnyc.org

Greater Buffalo Adaptive Sports

Hamburg, NY
sledhockeyfoundation.org

Greek Peak Adaptive Snowsports

Endwell, NY
gpadaptive.org

Helen Hayes Hospital

West Haverstraw, NY
helenhayeshospital.org/hospital-
services/adapted-sports-
recreation/

Lounsbury Adaptive Ski Program

Ellicottville, NY
lounsburyadaptive.org

Move Along, Inc.

Oswego, NY
movealonginc.org

Para-Cliffhangers, Inc.

Brooklyn, NY
Paracliffhangers.org

Rochester Accessible Adventures

Rochester, NY
rochesteraccessibleadventures.org

STRIDE

West Sand Lake, NY
stride.org

USA Boccia

Bay Shore, NY
Usaboccia.org

Western NY Watersports

Grand Island, NY
wnyadaptivewatersport.org

North Carolina

ACCESS of Wilmington

Wilmington, NC
accessilm.org

Bridge II Sports

Durham, NC
bridge2sports.org

ComMotion- Community

In Motion
Raleigh, NC
Commotionnc.org

Fitness Warehouse

Elizabeth City, NC
facebook.com/
ECFITNESSWAREHOUSE

Greensboro Parks & Recreation

Greensboro, NC
greensboro-nc.gov/departments/
parks-recreation/adaptive-
inclusive-recreation

North Carolina Adapted Sports

Cary, NC
ncadaptedsports.org

Salvage Life

Jacksonville, NC
Salvagelifevi.org

Unbroken Spirit

Bryson City, NC
Unbrokenspirit.org

North Dakota

Dreams in Motion

Mandan, ND
facebook.com/dreamsinmotioninc

Prairie Grit Adaptive Sports

Minot, ND
prairiegritsports.com

Ohio

Adaptive Sports Connection

Powell, OH
adaptivesportsconnection.org

Adaptive Sports Program of Ohio

Wooster, OH
adaptivesportsohio.org

Cincinnati Tennis Foundation

Cincinnati, OH
CincinnatiTennisFoundation.org

Rec2Connect

Cleveland, OH
rec2connect.org

The Bridge Adaptive Sports & Recreation

Cincinnati, OH
Thebridgeadaptive.org

Three Trackers of Ohio

Middleburg Heights, OH
3trackers.org

Youth Challenge

Westlake, OH
youthchallengesports.com

Oklahoma

Oklahoma Adaptive Sports Association

Oklahoma City, OK
okasa.org

Oklahoma Youth Parasports

Bethany, OK
bethanychildrens.org

The Center for Individuals with Physical Challenges

Tulsa, OK
tulsacenter.org

University of Central Oklahoma Center of Adaptive Sports

Edmond, OK
uco.edu/wellness/sr/trainingsite/
index.asp

Oregon

Adaptive Sports Northwest

Beaverton, OR
adaptivesportsnw.org

Adventures Without Limits

Forest Grove, OR
awlouddoors.org

Bridge City Inclusive Sports
Portland, OR
BridgeCityInclusive.org

Oregon Adaptive Sports
Bend, OR
oregonadaptivesports.org

Pennsylvania

Blue Ridge Adaptive Snow Sports (BRASS)
Fairfield, PA
brasski.org

Envision Blind Sports
Mercer, PA
envisionblindsports.org

IM ABLE Foundation
Wyomissing, PA
imablefoundation.org

Pennsylvania Center for Adapted Sports
Philadelphia, PA
centeronline.com

Three Rivers Adaptive Sports
Pittsburgh, PA
traspa.org

Two Top Mountain Adaptive Sports Foundation
Mercersburg, PA
twotopadaptive.org

South Carolina

Adaptive Expeditions
Charleston, SC
AdaptiveExpeditions.org

Clemson Adaptive Sports
Clemson, SC
clemson.edu/cbsbs/departments/prtm/programs/clemson-adaptive-sport-recreation/index.html

Grand Strand Miracle Leagues
Myrtle Beach, SC
GrandStrandMiracleLeague.com

Roger C. Peace Rehabilitation Hospital
Greenville, SC
facebook.com/events/roger-c-peace-rehab-center-greenville-memorial/roger-c-peace-adaptive-sports/763384843997012

Tennessee Sports, Arts & Recreation of Chattanooga (SPARC)
Chattanooga, TN
sparctn.org

Texas

Ability Skateboarding & Action Sport
San Antonio, TX
AbilitySkateboarding.org

Kinetic Kids
San Antonio, TX
kinetickidstx.org

Lone Star Paralysis Foundation
Austin, TX
lonestarparalysis.org

Morgan's Wonderland Sports
San Antonio, TX
morganswonderlandsports.com/straps

One Chair at a Time
Amarillo, TX
onechairatatime.org

RISE Adaptive Sports
Irving, TX
riseadaptivesports.org

Service Members Undertaking Disabled Sports (SUDS)
San Antonio, TX
sudsusa.org

Southwest Wheelchair Athletic Association
Fort Worth, TX
Swaasports.org

Texas Paralyzed Veterans of America
Crosby, TX
texaspva.org

Texas Parasport
Wimberley, TX
texasparasport.org

Utah

Common Ground Outdoor Adventures
Logan, UT
cgadventures.org

National Ability Center
Park City, UT
discovernac.org

Ogden Valley Adaptive Sports
Huntsville, UT
ogdenvalleyadaptivesports.org

Salt Lake County
Midvale, UT
slco.org/adaptive

Wasatch Adaptive Sports
Snowbird, UT
wasatchadaptivesports.org

Vermont

Adaptive Sports at Mount Snow
West Dover, VT
adaptiveatsnow.org

EDD Adaptive Sports
Williston, VT
eddfund.org

Green Mountain Adaptive Sports
Hyde Park, VT
greenmtnadaptive.org

Kelly Brush Foundation
Burlington, VT
Kbf.org

Northeast Disabled Athletic Association
Burlington, VT
disabledathletics.org

Vermont Adaptive Ski & Sports Association
Killington, VT
vermontadaptive.org

Warrior Soar
Shelburne, VT
WarriorsSoar.org

Virginia

Adaptive Fitness Legion
Fairfax, VA
AdaptiveFitnessLegion.org

Adventure Amputee Camp
Falls Church, VA
adventureamputeecamp.org

American Canoe Association
Fredericksburg, VA
Americancanoe.org

Lake of the Woods Watersports
Locust Grove, VA
adaptivewatersports.org

Patriots For Disabled Divers
Occoquan, VA
patriotsfordisableddivers.org

Pursuit Adaptive Sports and Recreation
Alexandria, VA
Pursuitadaptivesports.org

Sportable
Richmond, VA
sportable.org

Therapeutic Adventures
Charlottesville, VA
TAonline.org

Virginia Amateur Sports
Roanoke, VA
Commonwealthgames.org

Wintergreen Adaptive Sports
Charlottesville, VA
Wintergreenadaptivesports.org

Washington

Footloose Sailing Association
Mercer Island, WA
footloosedisabledsailing.org

Outdoors for All Foundation
Seattle, WA
outdoorsforall.org

ParaSport Spokane
Spokane, WA
parasportspokane.org

Seattle Adaptive Sports
Seattle, WA
seattleadaptivesports.org

Washington, D.C.

Medstar NRH Adaptive Sports & Fitness Program
Washington, D.C.
medstarnrh.org/sports

West Virginia

Challenged Athletes of West Virginia
Snowshoe, WV
cawwinthevalley.org

Wisconsin

Adaptive Mobility Providers
Germantown, WI
AdaptiveMobilityProviders.org

Dairyland Sports
Madison, WI
dairylandsports.org

Paralyzed Veterans of America – WI Chapter
Milwaukee, WI
wisconsinpva.org

Southeastern Wisconsin Adaptive Ski Program
Cedarburg, WI
sewasp.org

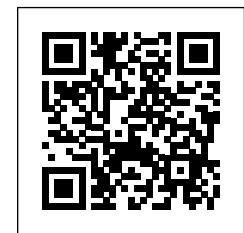
Sports, Therapeutic and Adaptive Recreation (STAR) Association
La Crosse, WI
starcenterlacrosse.org

Wauwatosa Curling Club
Wauwatosa, WI
WauwatosaCurlingClub.com

Wisconsin Adaptive Sports Association (WASA)
Brookfield, WI
wasa.org

Wyoming

Teton Adaptive
Teton Village, WY
tetonadaptive.org



Connect with a program near you.

AMP is Calling All Adaptive Athletes! Elkhorn & Madison, Wisconsin

Ready to experience the thrill of adaptive water sports? Join Adaptive Mobility Providers (AMP) for adaptive waterskiing, wakeboarding, kayaking, paddleboarding, and fishing –with exciting plans underway to expand into climbing, hiking, and camping trips as well!

Check out watersports at Lauderdale Lakes! Program details and ongoing schedule updates are available on our website as dates are confirmed.

We welcome athletes of all ages and abilities and are committed to removing barriers to access so everyone can experience the life-changing power of outdoor recreation.

Come play, explore, and thrive with AMP! For more information, email Info@AdaptiveMobilityProviders.org or call 847-828-9793.



Boundless Freedom Veterans Adventure Weekend 2026

Powell, Ohio

Adaptive Sports Connection will host the annual Boundless Freedom Veterans Adventure weekend on August 7, 8, and 9, 2026. Veterans from across the country will experience three-days of outdoor adventure designed exclusively for them. Our military service men and women will have the opportunity to take on new challenges while building genuine connections and community.

The weekend is free for veterans and their families, including accommodations and activities. Participants will also have the chance to compete for the Boundless Freedom Cup with teams assigned based on their branch of service. We're looking forward to another incredible event to honor those who have served.

The event will take place at the Adaptive Sports Connection Adventure and Wellness Lodge in Powell, Ohio. For more information, visit adaptivesportsconnection.org.

Recreational Opportunities Await You Ann Arbor, Michigan

UMAISE (University of Michigan Adaptive and Inclusive Sports Experience) is preparing for another busy summer! From June through August, UMAISE will once again offer adaptive recreation opportunities in Ann Arbor and our surrounding communities.

These programs include adaptive kayaking, handcycling, adaptive fishing, adaptive golf, adaptive hiking club, and adaptive yoga. Programs are free and open to individuals of all ages and abilities. Please email pmr-umaisetr@umich.edu or visit umaise.org for more information.





Adaptive Sports Ohio Dream Camp Offers a Chance to Play

Ashley, Ohio

Adaptive Sports Ohio will host its annual Dream Camp from Friday, July 24 through Sunday, July 26, 2026. The camp is a fully accessible camp empowering participants ages 7-18 to push boundaries, try new activities, and build confidence in a supportive, inclusive environment.

Dream Camp will take place at the scenic, wheelchair-accessible Recreation Unlimited in Ashley, Ohio. Camp

attendees can participate in wheelchair basketball, wheelchair softball, adaptive kayaking, adaptive track, a campfire, and more! All adaptive sports equipment will be provided, but campers are also welcome to bring their own.

Registration for Dream Camp 2026 is now open at adaptivesportsohio.org. Register today to take part in a weekend that truly breaks barriers and builds futures!

Turnstone Offers a Variety of Sports & Recreation Activities

Fort Wayne, Indiana

Turnstone offers a wide variety of competitive and recreational adaptive sports opportunities to individuals and families who are interested in adaptive sports. Some of these opportunities include the following:

Adaptive Bikes- Bike Assessments Request

- All Year - Bikes are available on a first-come basis while the fieldhouse is available.
- Call or ask the front receptionist about fieldhouse availability.
- Individuals need to be able to ride independently or with family/professional support.

Track & Field (All Divisions)

- Tuesdays & Thursdays
5:45–7 P.M. (Varies by Division)
Turnstone Indoor Track
Ages 10+ | All Mobility (individuals w/ disability)
- **Group App:** SportsYou
- **Group Code:** HJVUT3BJ

Boccia (All Divisions)

- Tuesdays | Season runs through August 6, tentatively, as the final date will be adjusted once Nationals is set.
- 3:30–5 P.M. | Turnstone Court 4
Ages 12+ | All Mobility (with or without disability)
- **Group App:** SportsYou
- **Group Code:** 4LZ7L2HR

Learn more at turnstone.org/services/sports-recreation.



Adaptive Mountain Biking in the Last Best Place Whitefish, Montana

If you love being outside, exploring new places, and trying something adventurous, DREAM Adaptive Recreation invites you to experience adaptive mountain biking in what many call the Last Best Place. From May 15 through September 30, athletes are welcomed for private sessions and small-group rides in Montana's stunning Flathead Valley.

DREAM's adaptive mountain biking program is designed to meet each rider where he or she is, with a focus on athlete-centered goals. Using a variety of adaptive mountain bikes, including handcycles and foot-pedaled recumbents, athletes ride scenic trails alongside trained instructors and supportive volunteers. Whether it's a first time on dirt or a return to riding after injury or diagnosis, the emphasis is on confidence, skill-building, and fun.

Beyond mountain biking, DREAM offers a wide range of spring to fall activities for athletes and families, including paved-path cycling, adaptive paddleboarding, adaptive kayaking, adaptive waterskiing, adaptive wakeboarding, adaptive wake surfing, and adaptive fishing. Many families plan trips around these programs, combining recreation with connection and time outdoors.

For athletes and families seeking inclusive adventure, adaptive recreation in the Flathead Valley offers unforgettable experiences and memories that last far beyond the trail. To register or learn more, please visit www.dreamadaptive.org/summer-programs or give us a call at 406-885-9539.



Compete at the GLASA Great Lakes Games In Partnership with The Hartford Wilmette, Illinois



The Great Lakes Adaptive Sports Association (GLASA) invites you to join us at the 2026 GLASA Great Lakes Games In Partnership with The Hartford June 3-7 in Wilmette, IL! This top adaptive sports event provides a continuum of competition for the developmental to elite Paralympic athlete, with live competition in archery, boccia, para pickleball, para powerlifting, paratriathlon, shooting, swim, track & field as well as clinics in wheelchair tennis, wheelchair football, track, field, swim, and so much more!

Veterans participate for FREE and scholarships are available. To learn more about the 2026 GLASA Great Lakes Games in Partnership with The Hartford, visit Greatlakesgames.org.



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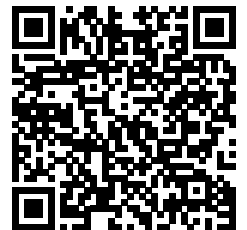
Black Iron
Trainer
Weightlifting TD



SkiTrek
Snow Skiing TD

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Take Part in the Michigan Victory Games! East Lansing, Michigan

Michigan Disability Sports Alliance is proud to bring you Michigan Victory Games (MVG). MVG is held annually at Michigan State University, this year will be May 14-17. This event supports athletes with primary physical disabilities. It is a four-day event that offers competition in adaptive track and field, adaptive boccia ball, adaptive swimming, adaptive bowling, adaptive cycling, and more.

We welcome athletes as young as seven with no upper age limit. There is an option to participate as part of an MVG team or to register as an independent athlete. Previous athletes have earned their high school varsity letters and also qualified to compete in the International Paralympics and World Games.

Beyond the competition, Michigan Victory Games offers the opportunity to form meaningful connections with other individuals in a safe environment. The Games commence with a dance to celebrate the friendships and accomplishments of all.



For more information check out our website at michiganvictorygames.org, email contact@michiganvictorygames.org or follow our social media channels for updates.

Adaptive Adventures Across Michigan with Wheels in Motion

Multiple Locations, Michigan



Wheels in Motion is a Michigan-based nonprofit providing adaptive recreation adventures and opportunities for people with physical disabilities and veterans. From April through August 2026, we're offering a season of hands-on adaptive events and outdoor adventures designed to get people outside, connected, and moving.

Spring and summer programming includes adaptive off-road handcycling on Michigan trails, barrier-free boating and fishing experiences, and off-road recreation events. Highlights include Bows for the Brave, a veteran-focused adaptive bowfishing tournament on May 23, and Disability Dirt Day in partnership with Oakland County Parks on May 17. Our programs are designed to meet participants where they are —whether they're new to adaptive sports or seasoned outdoor enthusiasts.

Wheels in Motion focuses on real-world accessibility, peer connection, and the belief that outdoor recreation should be available to everyone. Programs are led by experienced volunteers and adaptive athletes with lived disability experience, creating a welcoming and supportive environment.

To learn more and view upcoming events and programs, visit WheelsinMotion.org/events.



Kentwood 8th Annual Limb Loss Awareness 5k

Kentwood, Michigan

The City of Kentwood and Mary Free Bed Orthotics & Prosthetics + Bionics are teaming up to recognize Limb Loss and Limb Difference Awareness Month with the Limb Loss Awareness 5k on Saturday, April 25.

Join the limb loss support network for an educational and fun filled day! This annual 5k is hosted by Kentwood Parks and Recreation's adaptive programs and provide community, education, and support to amputees, their families, and the community. We are excited to provide this exciting event in Kentwood. This is a professionally timed race, and all abilities are welcome!

Registration is available online and costs \$35 through April 24 and is \$40 on race day. Participants will receive a T-shirt, finisher medal, and swag bag as part of their registration. The kids race costs \$10 per child and includes a T-shirt and finisher medal. Find out more information and register here: kentwood.us/LimbLoss5k.

Mountain | Around the Country

Get Outside with the National Ability Center

Park City, Utah

Spring and summer at the National Ability Center (NAC) in Park City, UT are all about getting outside, trying new things, and building community through adaptive recreation. Participants of all ages and abilities can explore a wide range of programs designed to support independence, confidence, and connection.

Our spring/summer lineup includes adaptive cycling and mountain biking, adaptive indoor and outdoor climbing, adaptive archery, and adaptive pickleball, plus meaningful horsemanship experiences through adaptive riding and Equine-Assisted Learning. As the season heats up, participants can also jump into adaptive paddle sports, adaptive whitewater rafting (based in Moab, UT), and a variety of other adventure trips, which are an unforgettable way to experience the outdoors alongside friends, family, and the Adaptive Nation.

For families and youth, our summer camps create a fun, inclusive environment where participants can grow skills, make friends, and take on new adventures together.



Whether someone is learning a new sport, getting back into an old favorite, or finding their people for the first time, NAC spring/summer programs are built to meet participants where they are and help them discover what they can do. Visit discovernac.org for more details!

New Adaptive Mountain Biking Program at BOEC Breckenridge, Colorado



The Breckenridge Outdoor Education Center (BOEC) is expanding its adaptive recreation offerings with the

launch of a new adaptive mountain biking program! This summer, participants are invited to explore the challenge and thrill of trail riding in Colorado's beautiful high country.

Whether you're interested in trying adaptive mountain biking for the first time, building confidence on the trail, or adding a new outdoor experience to your repertoire, BOEC will be hosting multiple opportunities to get out on the trail. Riders can look forward to days with equipment education, supportive instruction, and unforgettable memories.

Open enrollment opportunities will be offered throughout the summer. To be added to the interest list and receive updates as summer opportunities become available, please contact, email Caleigh@boec.org, or call 970-453-6422.

Join in on Some Summer Adventures with NSCD Winter Park and Golden, Colorado

The National Sports Center for the Disabled (NSCD) invites adults and military members to enjoy adaptive outdoor adventures across Colorado and Utah. These inclusive programs are designed to build confidence, foster connection, and create lasting memories. No prior experience required.

The Moab Adventure Retreat, taking place May 26–29 in Moab, Utah, is open to adults with physical disabilities. This four-day trip includes transportation, meals, overnight camping, and two days of adventure featuring adaptive mountain biking and adaptive whitewater rafting. All camping gear is provided, and meals are shared around a campfire.

The Military Adventure Retreat, on June 24–27 in Grand County, Colorado, is open to veterans and active-duty military members with disabilities. Transportation, lodging, and meals are included, along with activities such as adaptive mountain biking, adaptive whitewater rafting, and lake recreation. The retreat emphasizes camaraderie, connection, and time outdoors.

The FREE Military Adventure Programming will occur every other week from May through August in the



Greater Denver Metro Area. The NSCD will be providing opportunities for veterans and active-duty military members with disabilities to get outside through activities like adaptive mountain biking, adaptive rock climbing, adaptive whitewater outings, lake days, and adaptive disc golf.

Learn more at NSCD.org.

Discover the West's Natural Wonders with Common Ground Logan, Utah and Cokeville, Wyoming

Common Ground Outdoor Adventures (CGOA) has a great lineup of destination camping trips this summer, including to the Great Basin to explore the Lehman Caves, to Logan Canyon to take in the beauty so close to home, to Bryce Canyon to hike inspiration point and take in the sights, and to the Craters of the Moon to check out the volcanic landscape.

For our veterans, CGOA is offering a four-day fly fishing trip in Cokeville, WY funded by the Move United Warfighter grant. CGOA also offers a wide array of local day camps and outdoor recreational activities including adaptive cycling, adaptive canoeing, adaptive archery, adaptive hiking, adaptive indoor rock climbing, and much more. For more information visit cgadventures.org or call 435-713-0288.

Northeast | Around the Country

Summer Adventures Await You Through Vermont Adaptive Several Locations, Vermont

Vermont Adaptive offers a whole host of summer adventure programs for all abilities. From adaptive mountain biking on dirt roads and trails or downhill at ski resorts to kayaking, canoeing, cycling, hiking or rock climbing, trained guides and instructors take participants into the Green Mountains for all types of adventures.

Vermont Adaptive was one of the first organizations to offer aMTB in the East, launching its program in 2017. Today, Vermont Adaptive owns a fleet of more than 50 mountain bikes including 40 two-wheeled mountain bikes, and more than (15) 3- and 4- wheeled adaptive mountain bikes. Vermont Adaptive is also one of the only adaptive programs in New England to offer multiple Bowhead bikes for participant use. Programs are offered throughout the state on a daily basis, from the Northeast Kingdom, Catamount Outdoor Family Center, and Blueberry Lake/Mad River Valley to Killington Resort, outdoor spaces in southern Vermont, and Castleton & Lamoille Valley Rail Trails. Multiple VMBA Days are in Stratton Mountain, Burke Mountain, Bolton Valley and other VMBA trail networks.



Advance reservations are required for all programs and scholarships are available. The organization offers and provides programs to anyone with a disability, regardless of ability to pay. Visit www.vermontadaptive.org for more details.

Play Adaptive Lacrosse with Able Athletics Bedford, New York



Able Athletics' Inclusive Adaptive Lacrosse program returns in 2026, led by professional coaches, trained volunteers, and licensed therapists who create a safe, supportive environment for athletes with physical and developmental disabilities.

Through adapted drills, modified equipment, and individualized encouragement, athletes of all abilities build lacrosse skills, grow confidence, and experience the power of inclusive play. Whether an athlete runs, walks, or uses mobility supports, there is a place for them on the field.

Wheelchair athletes and unified athletes who self-propel are encouraged to register for Wheelchair Lacrosse, a program specifically designed for chair-based competitive play.

Learn more and register at ableathletics.org

AOEC Hosts Summer Adventures Carrabassett Valley & Brunswick, Maine

All summer long the Adaptive Outdoor Education Center offers adaptive camps, retreats, and outdoor experiences across Maine, creating spaces and places of joy, belonging, and adventure for people of all ages and abilities! Don't miss out on the fun!

Horizons Waterski Camp | June 26–27 & July 29–30:

Horizons Waterski Camp is an exhilarating introduction to adaptive waterskiing, in collaboration with Petersen Water Skiing! Whether it's your first time on the water or you're building confidence and skills, this program delivers excitement and unforgettable moments in the Western Mountains of Maine!

Horizons Summer Camp | July 13–17 & August 10–14:

Hosted at our AOEC Brunswick campus, Horizons Summer Camp offers school-aged children a safe, supportive, and joy-filled camp experience. Each camper is paired with a dedicated 1:1 volunteer, ensuring personalized support, comfort, and full access to every activity. This camp is geared toward youth who are neurodivergent and/or those with varying developmental abilities.

Wheel Together Retreat | August 20–23: This is our fifth year offering the Wheel Together Retreat in collaboration with the Wheel With Me Foundation! This retreat brings together adults with spinal cord injuries for a powerful weekend of connection, community, and adventure. Participants engage in adaptive activities that



support whole-body health, empowerment, emotional wellbeing, and, most importantly, fun alongside others who truly understand the journey.

Stonington Adaptive Paddle Day | August 30:

Celebrate the close of summer with a day of adaptive paddling in beautiful Stonington, Maine. Enjoy fresh air, scenic views, and the freedom of being on the water with a welcoming, inclusive community. This is a collaborative event with Osprey Echo Sea Kayaking, Maine Coast Heritage Trust, and Island Heritage Trust.

Learn more about these and other upcoming programs on our calendar: adaptiveoutdoorededucationcenter.org/calendar.

Questions? Please email infoAOEC@gmail.com.

Join ASF's Warriors in Motion Event East Rutherford, New Jersey & Windham, New York



Nestled in the scenic Catskill Mountains in Windham, NY, the Adaptive Sports Foundation (ASF) takes full advantage of its beautiful surroundings to offer a wide range of spring and summer adaptive sports programs designed to empower individuals of all abilities.

One of the ASF's signature initiatives, Warriors in Motion® (WIM), welcomes wounded U.S. servicemen and

women to the ASF lodge for three-day outdoor retreats throughout the warmer months. Participants enjoy activities such as adaptive cycling, adaptive mountain biking, adaptive kayaking, adaptive hiking and adaptive golf, with lodging and meals fully provided as a thank you to our nation's heroes.

While the ASF is widely known for its adaptive ski and snowboard lessons at Windham Mountain Club during the winter, the shredding doesn't stop when the snow melts. Through a partnership with Big SNOW American Dream, North America's only year-round indoor ski resort in East Rutherford, NJ, the ASF continues to offer adaptive ski and snowboard instruction all summer long.

Additionally, the ASF hosts adaptive skateboard camps, where professional coaches introduce participants with cognitive and physical disabilities to skateboarding, teaching foundational skills and fun tricks in a supportive environment.

To learn more, visit adaptivesportsfoundation.org.

Go Sailing with Chesapeake Region Accessible Boating Annapolis, Maryland

Chesapeake Region Accessible Boating (CRAB) is celebrating its 35th anniversary of "bringing quality to life one sail at a time" to people with disabilities, recovering warriors, and youth from underserved communities. CRAB's fleet of accessible boats and highly trained volunteers have been providing sailing, fishing, and radio-controlled sailing to thousands of guests. The CRAB Annapolis Adaptive Boating Center, which opened in 2023, is regarded as the premier boating and wellness facility for its 100% accessibility and sustainability.

CRAB offers a variety of recreational programming, as well as competitive sailing regattas using six customized Beneteau First 22A sailboats. In 2025, CRAB hosted Special Olympics Maryland and Virginia for a major regatta. The fleet includes a wheelchair-accessible 40' power catamaran "Dream Catcher" for enjoyable cruising and fishing. Guests who don't wish to leave the dock can participate in CRAB's radio-controlled sailing, or one of the many wellness programs on land.

Since CRAB's founding in 1991, its mission has grown to provide programs beyond sailing on Chesapeake Bay to



include activities that improve guests' physical, mental, and emotional wellbeing. Our first sail of the season is a family sail scheduled for April 19. That will kickstart our schedule of two sails per day Tuesday through Thursday and one monthly family sail with fishing trips and radio-controlled sailing also throughout. For more information and to inquire about CRAB's programming, go to crabsailing.org.

EDD Hosts Annual Dream Big 5K: Run, Walk, Roll Essex, Vermont



Registration is open for the Dream Big 5K: Run, Walk, Roll! The #DreamBigVT is an inclusive race open to runners, walkers and rollers with and without disabilities. Choose your distance and division — whether you're participating in the general, adaptive standing, or adaptive sitting category, there's a place for you! The hybrid race has in-person divisions in Essex, Vermont and a virtual division.

Move United members are invited to join the virtual #DreamBigVT and race on your favorite local 5K trail. Complete your virtual race from anywhere in the world between May 3 and 17, 2026.

Sign up at: runsignup.com/dreambig5krunwalkroll. Find more EDD Adaptive Sports programs at eddfund.org.

Sign Up for Envision Blind Sports Summer Sports Camp Erie, Pennsylvania



The Envision Blind Sports Summer Sports Camp is a week-long camp for children ages 7-18 who are blind or visually impaired. This camp provides athletes the opportunity to try over 25 different sports and recreational activities, learn new skills, increase independence, and make lifelong friendships.

Sports offered at camp include: canoeing, kayaking, paddle boarding, swimming, beep kickball, beep baseball, blind baseball, wrestling, golf, judo, dance, archery, tennis, blind soccer, goalball, high ropes course, track and field events, basketball, longboarding, lacrosse, sailing, deck hockey, ice hockey, rock climbing, tandem biking, a warrior course, and the mile run. Every sport is taught by a trained coach, and athletes are able to develop and improve their knowledge and skills. Each athlete learns how sports can be modified to fit their vision level to ensure that they can independently participate.

Our staff and volunteers cultivate an environment where athletes are encouraged to do their best and step outside their comfort zone. They are given an opportunity to experience the joys of being involved in competitive sports and challenging outdoor recreation. Camp 2026 will be held at Penn State Behrend in Erie, PA from July 12-18. Contact jstringfellow@envisionblindsports.org with questions or to register.

IM ABLE Foundation Offers Lots of Adaptive Sports Wyomissing, Pennsylvania

IM ABLE Foundation, a Move United member organization based in Wyomissing, PA, has a variety of adaptive sports programs, activities, and events. Here's a brief overview of what's coming in the next few months:

Spartan Race: IM ABLE is taking on the Spartan Race, one of the toughest obstacle courses! Athletes, families, and friends race together with training, team support, and an epic finish.

Sunday, July 12, 2026

6 a.m. — 4 p.m.

Rally Point Cycling Club: Ride with IM ABLE's Rally Point Cycling Club this spring! Scenic group rides include adaptive rides on the Union Canal Trail. New bike storage expands access to handcycles and recumbent bikes.

Track & Field: IM ABLE is launching Adaptive Track & Field for athletes with physical and/or intellectual or developmental disabilities, with paths from recreation to championship competition.



Air Rifle Sharpshooters: Join IM ABLE Foundation's adaptive air rifle training for veterans with disabilities. Build focus and confidence with veteran coaches. Recreational and competitive paths available.

For more information on any of these activities, visit imablefoundation.org/.

JTCC All Comers Camp Brings Adaptive Tennis Community Together College Park, Maryland

The Junior Tennis Champions Center (JTCC) will host its USTA All Comers Tennis Camp for wheelchair and para standing tennis players over Memorial Day weekend, May 23–25, 2026, in College Park, Maryland.

This two-and-a-half-day camp is open to adult and junior tennis players with physical disabilities of all experience levels, creating a welcoming environment for both new and experienced players. Instruction for the wheelchair tennis group will be led by two USTA National Wheelchair Tennis coaches, while the para standing group will be supported by highly trained coaches with and without disabilities. The camp will be directed by

Gabby Hesse, JTCC Head of Adaptive Tennis, ensuring a low coach-to-player ratio and individualized on-court feedback.

Participants will enjoy daily on-court training, interactive Lunch & Learn sessions, and a group social outing designed to build skills, confidence, and community.

Training runs from 9 A.M.–5 P.M. at JTCC in College Park, MD. A half-day option is available for juniors and beginners. Pricing is \$150 full camp and \$100 half-day. For more information, visit jtcc.org or email adaptive@jtcc.org.

Adaptive Kayaking and More with NDAA Throughout Vermont and Upstate New York

NDAA's mission is to empower people with disabilities to participate in recreational and competitive athletics, including adaptive sailing, sit-skiing, sled hockey, handcycling, power soccer, and adaptive kayaking. We believe that no disability is too limiting for the kayaking experience! Northeast Disabled Athletic Association (NDAA) offers adaptive kayaking throughout Vermont and upstate New York for people with disabilities to enjoy the independence of paddling under their own power, together with their family and friends.

Led on-site by a physical therapist, trained volunteers assist with the program. We have adaptive equipment – including stabilizing outriggers, high-back seats, a variety of transfer techniques, and adaptive paddles for people with significant upper-body limitations. We love to see people leave their assistive devices on the shore!

Our kayaking program runs weekly from June-October. Participants must pre-register and are screened to assess each person's individual needs so they can be prepared to hit the water seamlessly the day of their outing.

Visit NDAA's website disabledathletics.org or ndaadaptivekayaking.wixsite.com/website or contact Cathy at kayak@disabledathletics.org for more information.



Participate in the 2026 Volt Hockey Training Clinic Newton, Massachusetts

The United States Volt Hockey Association (USVHA) will host its 2026 Volt Hockey Training Clinic from August 13–16, 2026, at the Charles River Campus of UMass Amherst in Newton, Massachusetts.

This four-day clinic is open to U.S. residents ages 7 and up, including both children and adults, and welcomes athletes of all experience levels with disabilities affecting mobility. Participants will receive high-level instruction from experienced international volt hockey players and coaches from Norway, with a focus on skill development, gameplay, and community building.

Volt hockey is a fast-paced, inclusive team sport played

on a basketball court using specialized motorized chairs equipped with paddles, originating in Scandinavia nearly 40 years ago where it thrives today. Equipment can be modified to meet individual participant needs, including adjustments such as headrests, lateral supports, custom joystick mounts, padding, and other positioning adaptations to ensure safe and comfortable participation.

The registration fee is \$100 per participant, with scholarships available to help cover registration fees and hotel costs. Registration opens online on June 1, 2026. More information is available at volthockeyusa.org/clinic.

Spring Hiking and Summer Kayaking and Paddle Boarding Newbury, New Hampshire

New England Healing Sports Association (NEHSA) is looking forward to resuming our summer programming this year! NEHSA will be planning our spring hiking program in the Sunapee Region. Be sure to check out our calendar and join us if you are in the area! Summer adaptive kayaking and paddle boarding opportunities will begin mid-June and will continue until mid-September! NEHSA serves individuals of all ages and a

wide variety of disabilities and diagnoses by providing watersport opportunities at Little Lake Sunapee.

NEHSA also partners with several area VA's for group paddles on surrounding lakes and rivers in New Hampshire and Massachusetts. Volunteer training will take place in June. For more information or to sign up, please contact us at info@nehsa.org, 603-763-9158, or nehsa.org.

Play Wheelchair Basketball with STRIDE

Albany, New York

STRIDE Adaptive Sports, recognized as one of the leading adaptive sports programs in the northeastern United States dedicated to empowering individuals through life-changing sports and recreation initiatives, is proud to announce that it is bringing Wheelchair Basketball to Albany, NY.

Join us as we bring another adaptive sport to the New York Capital Region. This will be a weekly program held on a weekend in central Albany, NY. Programming will

be for all ages and abilities, and, as with most STRIDE programs, there will be no charge to the athlete. Our vision is an hour of turn-up-and-play hoops, with the potential to travel to meet and play other teams in NY and surrounding states as we improve.

We have the chairs, the court, and the coaches, so come join us and be part of a new adaptive journey in our area. Interested? Contact abrame@stride.org for all of the details.

Go Birding with PCAS

Philadelphia, Pennsylvania

Pennsylvania Center for Adaptive Sports (PCAS)' birding program will appeal to people who enjoy getting outdoors and connecting with the beauty of the natural world. Birding allows people of all abilities to observe birds using binoculars or the naked eye in addition to listening for their calls and songs.

PCAS' expert guides work with members to identify birds through their unique size, shape, color, and song, make birding an educational activity that everyone can enjoy. It

is accessible to all and adapted to meet each member's needs. All that is required to participate is enthusiasm to learn and be out in nature.

Our birding program takes place on accessible trails, so people with any mobility needs can enjoy the outdoors and learn more about the birds in our area. If you are interested in participating, contact Judy Morrison at guideramamie@gmail.com to register and for more information.

South | Around the Country

The 6th Annual Peachtree Paragames Returns This June

Atlanta, Georgia

The Peachtree Paragames returns June 12–13, 2026, bringing two exciting days of adaptive sports to Atlanta, GA. The weekend begins with an adaptive swim meet on Friday, followed by adaptive track and field, adaptive archery, and toddler games on Saturday, giving athletes of all ages the chance to participate, challenge themselves, and have fun.

This high-energy event unites athletes, families, and the community to celebrate competition, inclusion, and the growth of adaptive sport. Both experienced competitors and newcomers are welcome to take part. Volunteers and spectators help create a supportive and encouraging environment for everyone involved.



Do not miss this exciting weekend of athleticism, teamwork, and community. Come compete, volunteer, or cheer on the athletes. Visit BlazeSports.org and follow us on social media for registration details, event schedules, and updates.

Explore Nutrition & More at Lakeshore Foundation's SSPC Birmingham, Alabama

Did you know more than 75% of athletes with disabilities and their healthcare providers have little confidence in tailoring nutrition plans? We can help. At Lakeshore's Sports Science and Performance Center (SSPC), the first fully accessible, high-performance training facility of its kind, we provide athletes with disabilities access to elite-level training and resources previously unavailable in adapted sports.

Our nutrition plans start in our inclusive kitchen using your data to create the meals that work best for you. From there, our dietitian will design a plan tailored to your

goals. In addition to nutrition, we also offer advanced sports science testing, as well as strength, conditioning, and mental performance coaching to address the whole athlete. At SSPC, "It's Always Training Season," whether training for longevity, a high school championship, or the Paralympic podium.

Testing dates are open now for individuals and teams to come experience what's next on your athletic journey. Check out our programs or reach out with questions at lakeshore.org/sspc.

Fish With WARRIORS S.O.A.R. Georgia, South Carolina, Florida, and Vermont



WARRIORS S.O.A.R. (Support, Outreach, Assistance, Recovery) was established by Major Shannon Blake (U.S. Army-Retired) in 2017 to help wounded veterans reintegrate into society and heal from both physical and mental injuries. The program focuses on mentorship, outreach, comradery, and the opportunity to participate in a variety of indoor and outdoor adaptive sporting activities (fishing, ice fishing, sailing, cross country skiing, snowshoeing, golfing and two fantasy baseball camps). The purpose of WARRIORS S.O.A.R. is to not only help wounded veterans heal but also prevent veteran suicide.

Planned fishing events for 2026 include Vermont Bass Fishing Tournament (Lake Bomoseen); Lake Lanier, Georgia; Lake Hartwell,

South Carolina; and Tampa, Florida. Find details at WarriorSoar.org.

Enjoy World-Class Wheelchair Tennis at River City Slam Richmond, Virginia

Sportable's River City Slam returns to Richmond as one of the nation's premier wheelchair tennis tournaments, sanctioned as both a United States Tennis Association (USTA) National Level 1 event and an International Tennis Federation (ITF) Futures Series tournament. Hosted June 4-7 at Collegiate School's Robins Campus, River City Slam is a major stop on the national wheelchair tennis circuit and part of the ITF Futures Series, one of 160 global events on the UNIQLO Wheelchair Tennis Tour.

Athletes compete across USTA divisions A, B, C, D, and Juniors, alongside ITF Men's Open, Women's Open, Quad Open, and Junior divisions, highlighting high-level play from experienced competitors and emerging athletes.

Whether you're a longtime supporter or new to adaptive sports, River City Slam offers an opportunity

to experience world-class competition and inclusive athletics in action. Learn more at Sportable.org.



Discover Snorkeling with Shifting Gears United Riviera Beach, Florida

Discover adventure and pure freedom beneath the waves! Shifting Gears United Waves of Freedom (WOF) Snorkeling program makes Palm Beach County's beautiful waterfront accessible to people of all abilities, including veterans, first responders, and residents with physical, sensory, SCI, or developmental disabilities. We provide adaptive snorkeling gear, certified instructors, and a welcoming, supportive community.

Join Us for an Inclusive Summer Aquatic Adventure! To become a WOF Aquanaut, you must be able to swim.

You also must be SGU pool certified by participating in a 2-hour snorkeling certification course. This mandatory 2-hour pool snorkeling skills training course prepares you for an open-water environment. You'll receive individual support from certified coaches and trained volunteer dive buddies. Specialized adaptive equipment is provided for safety.

Calendar dates:

- April 20 - 10:30 a.m. Phil Foster Park
- May 4 - 10:30 a.m. Phil Foster Park
- June 3 - 10:30 a.m. Phil Foster Park
- July 1 - 10 a.m. Phil Foster Park
- August 3 - 10 a.m. (snorkel outing via boat to Peanut Island)



Snorkeling clinic excursion dates may change due to tides, dangerous currents, or unexpected weather.

No prior snorkeling experience required for pre-registration! To register: shiftinggearsunited.org/waves-of-freedom-snorkeling/. For more information, call Jacqui Kapinowski at (561) 831-8887.

Join the Texas Paraport Games In Partnership with The Hartford San Antonio, Texas

The 16th Annual Texas Paraport Games In Partnership with The Hartford (formerly the Texas Regional Games) is a premier multi-sport celebration of ability, competition, and community, taking place in San Antonio, Texas April 23-26. As one of only five events nationwide selected for the prestigious Move United Hartford Competition Series, the games proudly stands among the top adaptive sporting events in the country.

The TXP Games welcomes youth and adult athletes from both military and civilian communities, offering exciting competitions in adaptive air guns, adaptive archery, adaptive boccia, adaptive track & field, adaptive powerlifting, adaptive rowing, adaptive swimming, and adaptive tennis. New to adaptive sports? You're invited too! A variety of FREE introductory clinics will be available, giving participants the chance to explore new sports, build confidence, and receive light training—no prior experience required.

Join us and be part of something extraordinary. Military veterans always register for FREE. Register today at texasparasportgames.com.



SportsAbility Alliance Offers A Lot of Sports Activities Tallahassee, Florida

SportsAbility enhances the lives of people with disabilities by promoting active living and providing first-hand access to resources and activities designed to encourage participation regardless of age or ability level. Check out the array of sports activities scheduled in the upcoming months.

Miracle Sports

All programs are adapted to enable everyone to participate at their own level of ability. No one is excluded and adaptive equipment on an accessible field enables participation for all. The games are designed to build confidence and promote physical activity – no experience is necessary. People with and without disabilities play together. You may join at any time during the season and attend as many games as you are able. Offered in Tallahassee on Thursday evenings from 5:45 to 8 p.m. More info at sportsability.org/miracle-sports.

SportsAbility Expo 2025—April 17- 18, 2026

The 2025 SportsAbility two-day event is scheduled for April 17-18 in Tallahassee, FL.

Try everything from sit water-skiing to rock wall climbing, to horseback riding and much more! Participants of all abilities learn about the value of



recreation and active leisure for everyone – especially people with disabilities. Discover the latest in equipment, trends, and resources. SportsAbility provides an opportunity for individuals to network with people with disabilities, resource providers, and community organizations. Free for participants!

Resource Expo and Indoor Activities – April 17, 2026

Tallahassee State College Lifetime Sports Complex - 444 Appleyard Blvd., Tallahassee, FL 32304 - 10 a.m. to 1 p.m.

Outdoor Day – April 18, 2026

Alfred B. Maclay Gardens State Park - 10 a.m. to 3 p.m.

Soak up the Southwest Sun with SAAS Tucson, Arizona

Tucson is home to Southern Arizona Adaptive Sports and the Eduardo Aguirre Adaptive Cycling Center. We maintain a large fleet of handcycles, recumbent trikes, and various tandem styles to connect you with the joy of riding! We provide the fitted equipment, mechanics, and guidance to set you up for success.

Our outdoor facility is located on a 2.2-mile recreation loop with access to the 137+ mile Pima County Loop

bike path system. We are open to the community every Saturday but can also get you rolling by appointment throughout the week!

Learn more at sozadaptivesports.org or reach out with any questions to (520) 370-0588.

Play in a Stand-Up Amputee Basketball Tournament

Phoenix, Arizona

The 2026 Cactus Classic Stand-Up Amputee Basketball Tournament returns to Ability360 on May 16 and 17. The Cactus Classic is a one-of-its-kind showcase, bringing together athletes of all ages with both upper and lower extremity amputations to stand up and play competitive basketball.

Each morning of the tournament, Ability360 partners with NubAbility Athletics to host a kids basketball camp where athletes can hone their fundamentals and learn new skills.

What started as a tournament has become so much more than a competition. It's a weekend filled with camaraderie, shared stories, hard-fought games, and the powerful reminder that no one is alone on this journey. You can sign up by visiting Ability360.org/CactusClassic.



Adaptive Mountain Biking with Access Mammoth

Mammoth Lakes, California



Access Mammoth offers one of the largest adaptive mountain bike fleets on the West Coast, providing participants of all abilities the opportunity to experience adaptive mountain biking in Mammoth Lakes, California. Our summer season runs from mid-June through September, with adaptive mountain bike camps and daily lessons available throughout the season.

Our diverse adaptive bike fleet allows us to match participants with equipment that best supports their needs and riding goals.

Programs take place on Mammoth's extensive trail network and are led by experienced adaptive sports staff focused on safety, skill development, and confidence on the bike.

Participants interested in summer adaptive mountain biking camps or daily lessons are encouraged to contact our office to learn more and receive updates. Please call 760-934-0791 for more information.

Go Sailing with Footloose

Seattle, Washington

Footloose introduces sailing as recreation and sport to disabled people of all ages. Their family, friends, and caregivers are also welcome to participate. We have big and small sailboats available for our day sails out of the north Leschi marina on Lake Washington. Our events are scheduled on the average of twice a month throughout the late spring, summer, and early fall, and once every summer we sail across Puget Sound for a two-night camping trip at Blake Island.

Footloose is a chapter of Move United. We are an all-volunteer organization and always looking for volunteers to help with shoreside tasks, on the docks, and out on the water. It's good, safe family fun. Come join us! The Footloose motto is "Leave Your Disability at the Dock."

For our event schedule and more information: footloosedisabledsailing.org.



Casa Colina's Beat the Heat Adaptive Sports Camp Long Beach and Glendora, California



Since 1985, Casa Colina's Outdoor Adventures program has emphasized ability over disability. This May, we invite athletes (ages 14+) to experience adventure, camaraderie, and fun at our annual Beat the Heat Sports Camp.

Taking place May 28–30, 2026, this three-day event serves as a premier gateway to Casa Colina's year-round

adaptive recreation program. Spanning the coastal waters of Long Beach and the facilities of Glendora, the camp fosters inclusion and community through a wide array of activities. Participants can enjoy:

Adaptive Water Adventures: Sailing, outrigger canoeing, and deep-sea fishing.

Adaptive Court & Field Sports: Wheelchair basketball, boccia, rugby, tennis, pickleball, and fencing.

Adaptive Recreation: Hand-cycling, over-the-line, and gondola rides.

Facilitated by trained professionals and specialized outfitters, Beat the Heat fosters safety and engagement for a wide variety of abilities. Whether you're looking to gain new skills or join a thriving community, this camp provides the perfect summer kickoff for participants seeking to push their limits and discover new passions.

Visit casacolina.org/beattheheat to join us this May or call 909-596-7733, ext. 4161.

Discover Adaptive Sports with Triumph Foundation Various Locations in California

Join us for exciting, inclusive adaptive sports events! Whether you're an adaptive athlete, a supporter, or someone curious to try adaptive recreation, our free events offer something for everyone. We just need you!

Wheelchair Sports Festival - Santa Clarita, CA: Celebrate Triumph's 13th Annual Wheelchair Sports Festival, featuring 15+ adaptive sports, including wheelchair hockey, basketball, rugby, racquetball, tennis, power soccer, scuba, yoga, and more. Youth participants can also take part in the Youth Camp Experience, designed to introduce kids to adaptive sports in a fun, supportive setting.

Adaptive Shooting Experience - Apple Valley, CA: In partnership with the Apple Valley Gun Club, participants can experience adaptive target shooting in a safe and welcoming environment. Trained instructors and specialized equipment make this a great opportunity for individuals of varying abilities.

Adaptive Sports Expo - Long Beach, CA: A full-day expo offering opportunities to participate in and explore a wide variety of adaptive sports, helping increase awareness and accessibility of local adaptive sports programs.



Beachside Blast - San Diego, CA: Take adaptive sports to the coast at Beachside Blast! Enjoy a full day of wheelchair rugby, wheelchair basketball, power soccer, and adaptive dance along the beach boardwalk.

Learn More at triumph-foundation.org/events.



ALPS RFX® Sleeve: Durable Performance for Active Patients

The ALPS® Reinforced Flex Sleeve (RFX®) delivers the durability and freedom of movement today's active users' demand. Its 30° pre-flexion profile promotes a more natural stride during high-energy activity, while the internal reinforcement layer strengthens the sleeve at the socket trim line for long-lasting wear. With OptiGel cushioning and advanced knitted fabric, the RFX® provides dependable suspension, comfort, and stability—ideal for users who go hard, every day.

For more information, visit easyliner.com.

Fillauer Criterium Plus Handlebar Adapters

Discover the joy of cycling with Fillauer's Activity-Specific Devices designed to fuel your biking passion. The high-performance CRITERIUM PLUS is available in three pivoting models to provide adults and children with a device that is perfect for any cycling adventure. Visit fillauer.com/bicycling-specific-devices to explore the details of these specialized devices and unlock the full potential of your biking passion.



QUATTRO Microprocessor Knee Heightens Cycling Fun

From City Streets to Mountain Peaks – QUATTRO Takes Cycling to the Next Level! Meet Jim, an avid cyclist who doesn't let anything slow him down—not even borders! With his QUATTRO Microprocessor Knee, Jim has conquered roads and trails across the globe, embracing adventure with every ride.

Have you activated Cycling Mode yet? With the latest 3.5.0 firmware update, QUATTRO delivers even smoother transitions, stability, and efficiency for every pedal stroke. If you haven't updated yet, reach out to your prosthetist!

For more information, visit proteor.com.





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