



The Hartford Ski Spectacular

December 6-12, 2026 - Breckenridge, CO

2026 Athlete Medical Clearance Form

Athletes within the Learn to Ski and Snowboard program are required to complete the athlete medical clearance form. Failure to provide a completed form prior to the event will result in the inability to participate in The Hartford Ski Spectacular. **Send the completed form to mvenus@moveunitedsport.org by Friday, November 13, 2026.**

Top section to be completed by the athlete or parent/guardian/caregiver and provided to the medical professional to complete the bottom section.

Athlete First & Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Height (inches): _____ Weight (pounds): _____

To be completed by a Licensed Medical Professional:

Dear Medical Professional: Your patient is planning to participate in a vigorous outdoor winter sporting event that takes place at high altitude in Breckenridge, CO (above 9,600 ft). PLEASE DO NOT APPROVE ANY PATIENT THAT HAS RISK OF DEVELOPING MEDICAL COMPLICATIONS BY PERFORMING STRENUOUS EXERCISE AT HIGH ALTITUDES OR HAS THE POTENTIAL TO REQUIRE HOSPITALIZATION DUE TO A PRE-EXISTING CONDITION.

For the safety of the skier and instructor, the maximum body weight of sit-skiers who require loaned equipment and/or instruction/assistance is strictly 220 pounds. Sit skiers may be weighed onsite to ensure they are within this limit. If a participant is over 220 pounds, they will not be able to sit-ski at the event. Please DO NOT clear anyone over the weight limit.

Athlete is medically fit and meets the requirements to participate ☐

Athlete is not medically fit or does not meet the requirements to participate ☐

Signature & Title of Examining Medical Professional

Date

Name of Medical Professional (please print)

Telephone Number

For any questions, or if the patient's condition changes before the event (December 6-12, 2026), please contact Micaela Venus at Move United, mvenus@moveunitedsport.org.