

Northeast Disabled Athletic Association



NDAА KAYAKING



Adaptive kayaking allows the opportunity to leave your chairs and canes on the shore, and explore the beautiful Vermont shorelines.

Our kayaks have been adapted with supportive seats, pontoons for added stability, and speciality paddles to remove upper body strain and allow for easier paddling, even one armed paddling.

Each kayaker is pre-screened on land, and kayaker and caregivers go thru dry land training prior to scheduling a trip on the water. Pre screening lets everyone become familiar with transfers, seating, paddle needs, and custom adjustments.

Paddling Events are held weekly on the calm water of Waterbury Reservoir State Park. Other venues are scheduled based on individual needs and accessibility.

More photos can be seen on our FB page, NDAA KAYAKING or on ***disabledathletics.org***.

Volunteer opportunities are available.

Please contact Cathy Webster
for more information

802-355-8833 or Kayak@disabledathletics.org