

**SPORTS**  
**ASSOCIATION**  
**GAYLORD HOSPITAL**

# ADAPTIVE ROCK CLIMBING CLINIC

**SATURDAY,  
APRIL 12, 2025**

**2:00PM - 5:00PM**

**CENTRAL ROCK GYM, GLASTONBURY, CT**

## PROGRAM INFORMATION

Join the Gaylord Sports Association, along with Paradox Sports for our annual Adaptive Rock Climbing Clinic! This is a great opportunity to try indoor rock climbing alongside professional and experienced climbers. Individualized instruction will be provided to introduce adaptive equipment, teach specialized climbing techniques and to support your independence. Standard and adaptive equipment are provided and no experience is necessary!

## MEET THE INSTRUCTORS



**Nate McKenzie** (on right), owner and founder of Ascent Climbing, is an American Mountain Guide Association certified instructor and is the Northeast Program Manager for Paradox Sports, a Colorado based non-profit helping adults with physical disabilities achieve their climbing goals.

**Gary Dunn** (on left), owner and founder of Alpine Inspirations, is an AMGA certified instructor, a Program Lead for Paradox Sports, and a Senior Expedition Leader for No Barriers USA, a Colorado based non-profit, helping people tap into their inner hope, optimism and resilience through transformative experiences.

## REGISTRATION

Open to individuals and veterans ages 16 and up who have a physical disability or visual impairment. This event is FREE however space is limited and advanced registration is required. To register, scan the QR Code and complete the registration form. Please contact the Sports Association with questions by calling 203-284-2772 or email [sports@gaylord.org](mailto:sports@gaylord.org).



*The Gaylord Sports Association is dedicated to improving the lives of individuals with physical disabilities through adaptive sports and recreation.*

Our Partners:



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