



MILITARY SAILING DAYS

"Changing Lives one Sail at a Time"

<https://crabsailing.org/>



Dates

- April 30th - Wednesday - 1:30pm-3:30pm
- May 28th - Wednesday - 1:30pm-3:30pm
- June 28th - Wednesday - 1:30pm-3:30pm
- July 30th - Wednesday - 1:30pm-3:30pm
- August 27th - Wednesday - 1:30pm - 3:30pm
- September 24th -Wednesday - 1:30pm - 3:30pm
- October 15th -Wednesday - 1:30pm - 3:30pm



Are you a recovering warrior who's looking to get out on the water? Once a month, CRAB Sailing is offering recovering warriors an opportunity, sponsored by Move United, to learn how to sail on one of their Beneteau First 22As (A for Adaptive). A trained CRAB skipper and crew will ensure the sail is safe and comfortable. Bring your friends and family, and enjoy the Chesapeake Bay!

For more information email CRAB's Manager of Programs, Shannon Rohrer at shannon@crabsailing.org